

AGE IN PLACE

A Guide to Modifying,
Organizing, and Decluttering
Mom and Dad's Home

**Keep
Them Safe,
Keep YOU
Safe**

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This book is made to help seniors and their caregivers address these fresh challenges together to create life in the home safer, more manageable and less demanding for all. Features include: Room-by-room walk to evaluate and modify safety of the house Photographs of adjustments from patients' homes Tips for the very best home medical products Where to obtain services and additional helpful resources Check list for the reader to total their own room by space walk through with a quick and easy guideline to producing each space secure and manageable "Hacks for Health insurance and Home" by the end of each chapter with occupational therapy ideas Vital Documents Information for easy retrieval of essential papers in the event of an emergency It is this mix of qualification and experience that makes her a specialist in adapting the surroundings to increase patient security and independence. A practical step-by-step, room-by-room guide to simple modifications that can help seniors produce their homes safer and simpler to navigate, this reference presents readers very clear and practical solutions. Writer Lynda Shrager is normally a authorized, national board authorized occupational therapist, a master's level social worker and a Certified Aging set up Specialist (CAPS) with an increase of than thirty-seven years' knowledge in the field of geriatrics and more than thirteen years working with seniors in their homes.



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. I used the set of documents and recommendations to create a notebook with information regarding health care, bills, household services, and end-of-life documents. Good for families but also for seniors likely to age in place. The book is well organized and includes good resources. not written down) also to allow others protected access in the event of emergency. A great publication for anyone facing progressive disability, no matter age, who desires in which to stay their current home. This book includes a wealth of information to assist you. Superficial Too superficial to be useful, for instance: WRT trash pickup there is no mention of asking the trash hauler if indeed they offered a garage door pickup (some towns require haulers to offer that to disabled people). Getting the notebook ready (and it'll be updated as needed as time goes on) has made me feel more secure about our living arrangements. This book includes a wealth of information to assist you with aging parents or relatives. But it additionally helps prepare your house for your future needs. We have been redecorating and thinking forward to ways to make life much easier as we age.. That is a never to be missed book by Lynn Shrager, a specialist in her field. Reviewed in the brand new York Times. 5 celebrities all around. An excellent source for methods, devices, and furniture. My wife and I, who reside in TN, have spent the last two years looking after her parents through their deaths in IL and my Mom and sister in AL. The person who wrote this book is clearly a genuine professional with compassion for the people she helps. Actually disregarding her unlimited faith in the option of great help, the remedies for improving the basic safety of a home, solutions to aid those with failing remembrances, such as for example one clear area for all medical information and appointments, and gadgets to help people that have specific problems is great. She contains many field illustrations, and a thorough list of resources. The only real downside is she blithely recommends house health as if it is always an excellent answer, but that quite definitely depends on what is available locally. Her husband refused home health for himself as worthless. It's about time though! This book is an excellent guide for both parents and their children who help care for them. When her disability got so bad that she had a need to get into rehab, she thought we would stay in the nursing home portion. Our knowledge is that, short of Hospice care which has been uniformly good, what passes for Home health is certainly insufficiently regulated and virtually useless oftentimes. My Mother had therefore many bad encounters from "home health employees" that refused to supply help that she refused to also entertain the theory when she left rehab to recover from hip medical procedures. You may have better good luck with Home Wellness in your area, but the recommendations and reference lists in the book a lot more than make up for this issue. This book is a great guide for both parents and their children who help. Their recommendations seem great. But the text message is insulting to seniors. It is targeted to the kids of older people who are assumed to end up being both feeble and experiencing Alzheimer. The advise is for the kids to take action without consulting their parents. We are 75+. I am competent. I'll review the advise. But, I'll try to ignore the attitude of the writer. I am a 56 year old girl with a progressive neuromuscular disease looking for practical helps for residing in our huge, two story house as I reduce the ability to walk. As a girl who includes a dad who passed on after suffering with tumor and adjusting to those needs, we often just forget about our healthier parents who are simply 'getting older' and could use some accommodations to keep them in place in their family home! This book helped present methods to not only help improve their standard of living but help their children know that they can help keeping them where they would like to be. Little helpful hints that keep our loved ones safe and happy! Essential read! An extremely useful resource. We are inside our seventies and wish to "age in place. It is easy enough to disregard the voice geared to helping "mom and father" as opposed to the reader being the main one looking for help. No reference to using password manager software (like dashlane) both to greatly help people use protected passwords securely (e. This should be very helpful in the event among us is certainly incapacitated or our children need to either help us or take over completely.. A MUST-READ if you know or care for somebody who is previous, or plan to get old! I have been providing home treatment since 2007 - would have LOVED to have this reserve way back when! Better past due

than under no circumstances, that's all I must say. My wife's Mom enjoyed talking with one out of three people sent from the firm in her section of rural IL, but also that person had an extremely eccentric notion of her function in the house, making it more like a neighbor helping, when compared to a health professional with clear guidelines. Probably a revised edition could consist of both organizations? Many suggestions to "analysis xxx" meaning perform your very own web search and product evaluations (I was hoping for more specific recommendations). This book is filled up with wonderful, helpful ideas but I nearly didn't buy it because of the subtitle. Keeping my mom in her home where she is happy! We think everyone should think about building such as this." This publication is a very useful resource to prepare for the future. I've given this book as something special to resident advisors in a few of the independent living services in our area - they have adored it and I actually need to order even more since I provided my just remaining copy away. A guide for seniors to safeguard their choice and dignity in aging This book is not so much for the kids of seniors (although it is very good for them), but also for the seniors themselves to be pro-active.g. But many of her suggestions are very costly, without alternatives given for seniors who aren't wealthy. A stair lift, for example, is beyond the budget of most. Good plan! This publication is merely what I was looking for, but I am obviously not the mark audience. insulting to seniors exactly who are assumed to end up being incompetent I've mixed feelings concerning this book. More and more elders would prefer and choose to age in the comfort of their homes.. In addition, the person was often absent, having selected the profession as a part-time product to income. Lots of specific and detailed details. Five Stars Good advice!



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