

MARIA SHRIVER

Color Your MIND

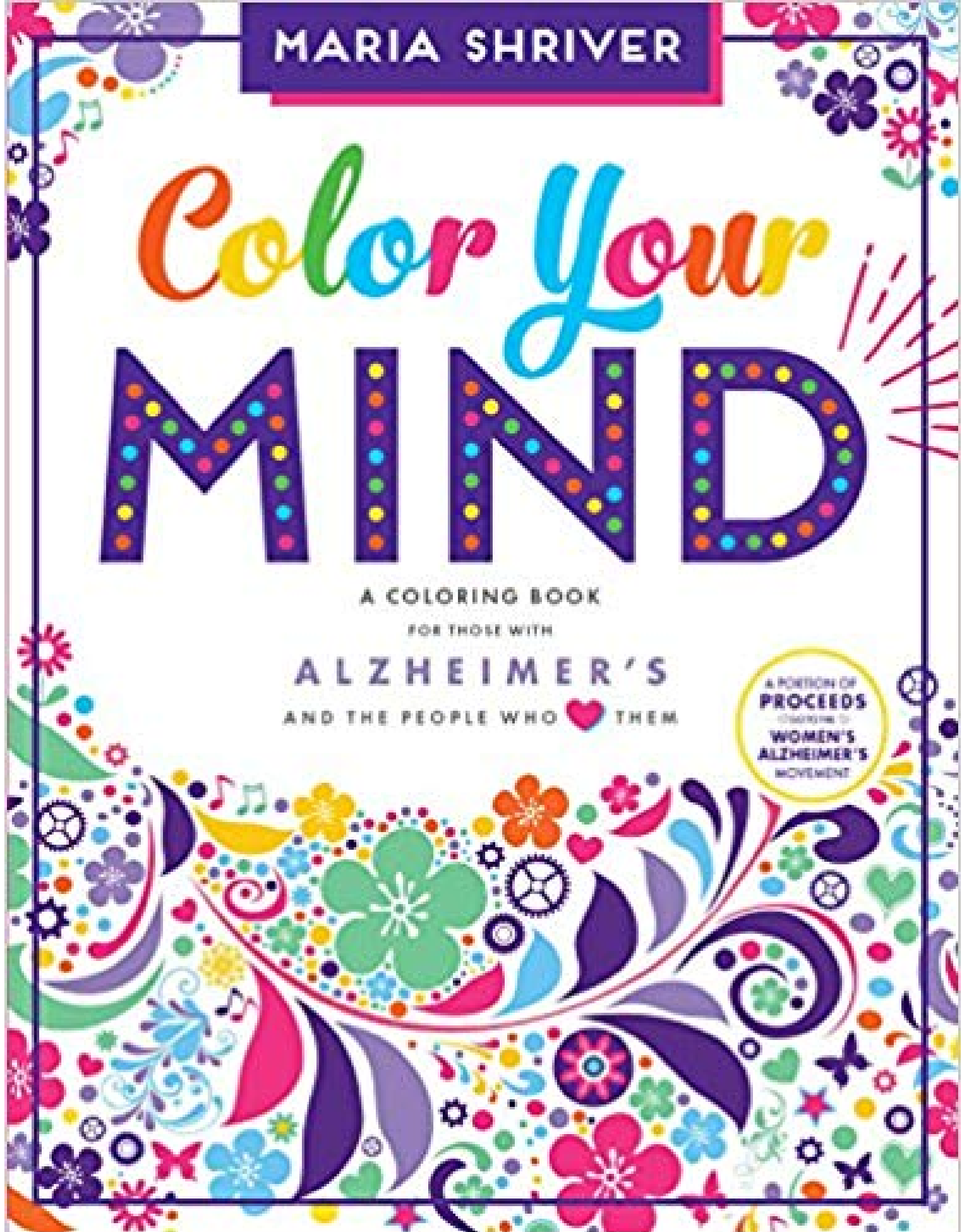
A COLORING BOOK

FOR THOSE WITH

ALZHEIMER'S

AND THE PEOPLE WHO ❤️ THEM

A PORTION OF
PROCEEDS
GOTOING TO
WOMEN'S
ALZHEIMER'S
MOVEMENT



Maria Shriver and

Color Your Mind: A Coloring Book for Those with Alzheimer's and the
People Who Love Them



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Color Your Mind is a coloring book in a category all its own; Color YOUR BRAIN is created as a resource for caregivers, family, and friends to greatly help forge conversation and connection with people with Alzheimer's or other forms of dementia. Authored by award-winning journalist, best-selling author, and Alzheimer's advocate Maria Shriver, this book originated with insights from caregivers, neurologists, psychologists, and, of course, people with Alzheimer's. The actions, images, and strategy in Color Your Mind were designed and refined through visits to nursing homes and memory care services. These visits and interactions also informed the selection of cheerful, inspiring coloring images in Color Your Mind. Each coloring page is accompanied by relevant details and prompts to help people who have Alzheimer's and their caregivers to generate, connect, and reflect. This book is unique in that it connects coloring with useful information surrounding well-being, sociable connection, nutrition, exercise, moving your brain, and sleep--all beneficial lessons for a fulfilling, balanced life. Color YOUR BRAIN: A Coloring Reserve for Those with Alzheimer's and the People Who Love Them is an innovative book filled with both details and inspiration. it's the first and just coloring book created specifically for people with Alzheimer's.



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Get the word Alzheimer's off the cover This looks very nice with appropriate activities for both the caregiver and patient. I just got the publication in today, and We was immediately impressed by the design and feel of the pages. I have a 3 year old that enjoys searching through the pages, also to some individuals with Alzheimer's that is a relevant age comparison. A Rich Resource This beautiful book inspires while it educates and engages. The artwork is definitely inviting and the accompanying suggestions offer readers a chance to nurture, celebrate, reflect, touch base, connect, and create. I like the non-public touch, with Maria's tips encouraging readers to try new stuff, take proper care of themselves, explore the arts, and color in their blessings. A reward—area of the proceeds go to the Women's Alzheimer's Movement. Four Stars Its OK. It offered me an insight into my very own issues with a brain disorder. I really wish this book had been out when my Grandmother was still alive because she liked to color and she acquired Alzheimer's. That only makes this book worthwhile. Now, that I have slowed down, this is just best for me and it doesn't stress me out.!!! Like all their stuff! Five Stars Amazing!! Beautiful Book! One thing I would stress to Maria and the publishers is to remove the phrase Alzheimer's from the front cover. The beautiful vibrant colors really jump off each page. The pages are durable enough to not have to be worried about what medium you use on the styles. I also rather enjoy the interaction throughout the reserve. I've had the reserve for a few hours and have currently gone through 2 or 3 3 pages. At first I thought it distracts from the web pages to color, however the even more I flip through the more I like it. It generates small breaks as you flip through to really appreciate the overall work. Most likely the best part about the book is the trigger it's assisting. I was constantly into drawing, doodling and such. The rest among the cover is definitely a bonus! Gorgeous Activity book for the Alzheimer's Mind That is a lovely coloring book. I'd like to color with my boy but he's not into it just as much as I am. That is an extremely well thoughtout book for those heading through Alzheimer's.To state it's only a coloring publication isn't accurate. It's even more of a task and mind enhancing book. According to the level of dementia, this could trihgger an angry or disapproving reaction from the patient.The pages are bright and the pictures to color are big. Depends on severity of the condition I got this for my mom in rules but she doesn't remember how to color so this was not helpful.It also focuses on things older people have a tendency to forget, such as nutrition, workout, fun and hobbies.Done well, Maria Shriver. She would have loved the gardening section as well as the butterflies and the eras webpages to color. Excellent resource if you are walking through the horror of Alzheimers or various other dementia with a family member. She totally adores it and offers made great use out of it! I've found that it's a great way on her behalf to channel her energy, concentrate on positive stuff, we're uncertain we've noticed an impact necessarily but she enjoys it. You can find inspirational stuff printed on each web page such as you are loved , you are not alone, take a deep breath, etc. Good Enjoys the coloring A nice additional resource indeed! She certainly adores it and has made great use out of it Bought this for my grandma who was concerned about her memory loss. Beautifully designed!Deborah Shouse, author of Connecting in the Property of Dementia: Creative Activities to Explore Together Great idea for maintaining your brain still working I loved Maria's book. Two Stars too difficult for people living with dementia



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