POWERFUL CHOICES

FOR MID-CAREER WOMEN

How to Create Your Personal Pathway to Meaning, Prosperity and Your Next Great Job



Phyllis Horner, PhD

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Paperback version of the bestselling ebook!" Would you like to be inspired once again by your work, but anxious or uncertain about making a change? Everybody knows that changing jobs at mid-career is healthful from a abilities, spirit and energy standpoint. Is your present job ho-hum? You are not alone. Does it make you wonder "is that there is? But somehow previous a certain chronological age, our sense of confidence could be missing in action. This book can help you sort out fears, confusion and interests to get work that naturally matches you and provides financial rewards that can last for decades. Compiled by an organizational psychologist, woman professional and executive trainer specializing in successful career transitions, Powerful Choices for Mid-Career Women is a story-loaded, conversational book that gets you prepared, step by step, to CRUSH this complicated task.



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View work as a 'vehicle' for self-expression The author Phyllis Horner is a practicing organizational psychologist.. Well, I didn't so I looked it up. And for your details, in the event you didn't understand this either: Industrial and organizational psychology (also called I-Opsychology, occupational psychology, work psychology, WOpsychology, IWO psychology and business psychology) is the scientific study of human behavior in the workplace and applies psychological theories and principles to organizations and people in their workplace. So there! Now we are able to begin. Phyllis says that the metaphor to be in the driver's chair of your job and viewing work as a "automobile" for self-expression on the planet assists us to see that no matter how seriously we take any given job, we find meaning from it to the degree it fits our personal values and goals. That viewpoint puts a completely different spin on what many people see as a necessary evil, 'needing employment to settle the bills.. I recommend this book as an investment in you and your . I recommend this book to anyone who is rethinking her or his career. Are you aware what that means? at any age really but particularly for mid-career women. AN ABSOLUTE MUST HAVE Book for Women A powerful book written by a woman who has insight, experience, know how and great clearness on the subject of career decisions. This publication is a must read for any woman of any age. For the youthful it provides insights to your future journey, assisting you to placement yourself. In case you are at the rediscovery stage she helps you get in touch with what you truly want not everything you think you need to want. I know I am usually on that reinvention trip. Solid information and a wholesome dose of encouragement. But it, it's a marvelous expenditure in you! Useful sometimes for Cancer Patients!" Just how Dr..! "What perform I really want to do the others of my life? Excellent book for all those folks who reach a point where we wonder. Horner presents this information (despite her extensive history) is very readable and follow... essential, nowadays whenever we rarely remember to actually read-a-reserve! In looking forward, Dr... Powerful Choices had me hooked right away! She is a great author and you could definitely tell she's a deep knowledge of place of work psychology and how to step into your internal capacity to come into a profession that feels good and provides back for everything you surrender it. Melba Stetz, drmelbastetz.com Easy, insightful read This book came at a perfect time in my life since I am currently in the middle of a career change. The true life stories were also great. I in the beginning skimmed it and then realized how powerful it was, so returned for deep examine and used the exercises. I found it to be an easy read and she actually is very insightful. Makes it better knowing another person is going through things as well and how they taken care of them.. It is very thought provoking. For the Person Prepared to Take Action If you are searching for a practical "how to" get there from here, Dr. It came at just the right period. What I appreciate about this book most are the true stories and examples of roadblocks that inhibit forwards movement. Five Stars An excellent resource for ladies of any age.. I would suggest this book to anyone in mid existence (as well as their spouse) whether you 're going through a profession change or not nevertheless, you have to browse the book to discover what it really is! Powerful Selections for Mid-Career Ladies is for the person ready to take action. An encouraging "must have" for today's female! but can still get a lot of useful information for my present/potential/daughter/ customers! Phyllis Horner can be a grasp of grabbing her target audience and connecting with them. 'Phyllis offers taught hundreds of workshops in about 30 years of her professional profession so she actually is well qualified to give advice and she will so in an easy and fun method..as if she is speaking one-to-a single with YOU! I came across it amazing and fun to use the worksheets and personality assessments given in her book. Horner's composition to be thoroughly interesting, interesting and inspiring. Particularly, her writing encouraged me to end up being retrospectful of my employment choices over the years. While I am a self-employed 61 year old girl carrying out work I love, I came across Dr. To my pleasant surprise it helped to validate the nice employment choices I made and why I made them. I am undergoing Cancer treatments and wondering how far will I live. Horner's book shows me in a comprehensive way areas I could improve on for continued growth and advancement.. I enjoyed reading this book that genuinely reflects Phyllis Horner's knowledge in her authentic tone of voice.

She provides helpful info, insights, real tales and practical tools which are clear to see and apply. Powerful, Accessible, Inspirational In a nutshell, this book is powerful, accessible and definitely inspirational. I especially like all the personal stories throughout the reserve which illustrate her points very well. Great Roadmap to Chart THE RIGHT PATH to a Fulfilling and Satisfying Career Powerful Selections for Mid-Career Women is a good guide to assist you to reflect, assess, plan and take action to achieve your dream job.. As a mid-career girl, this book offered helpful insights and practical actions techniques to take whether you stay at your current job or remove in a fresh direction. I would recommend this publication as an expenditure in you as well as your potential. From "fraud aspect" to "failing", she poignantly reveals the main element to moving forward. One the Dr Horner helped me to straighten out. Definitely recommend! Fantastic!!!. Thank you so much for writing this! Horner shares a model that anyone can stick to....I needed this publication to further plans and my career. I recommend this book particularly if you are at a crossroad and are prepared to make purposeful changes for a far more fulfilling and rewarding profession. I could repeat what others have written but it will be redundant. Gracias, Dr.



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