

Feed Your Baby & Toddler Right

Early eating and drinking skills encourage
the best development



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author of Nobody Ever Told Me (or My Mother) That!

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Every 90 days from birth, your baby will have a growth spurt in the area of feeding. This publication reveals secrets for better breasts and bottle feeding, and feeding advancement for babies from birth to the toddler years. Nearly all our eating and consuming skills are developed in the first 2 yrs of life. Parents often receive very little instruction on ways to feed their children, yet great eating and drinking abilities encourage the best mouth advancement and set up patterns forever. Parents can help with this process by using appropriate feeding methods from birth.



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If you would like to learn more about speech/feeding development, her previous book "Nobody Ever Told Me That" is a more comprehensive version that covers even more important areas. This book will help you recognize or prevent future feeding/speech issues and and orthodontic function. She is the only person who gave me guidelines to improve his habits as opposed to others who were ready to go right to G tube. Something really small like improper tongue rest positioning (which is an oral myofunctional disorder) leads to mouth breathing, oral/speech issues, and a variety of serious health issues like anti snoring, etc. It helped me identify early on that my daughter acquired a posterior tongue tie (or tethered oral tissue) which contributes to breastfeeding problems, tongue thrusting, mouth breathing, and speech delays. This book was a wealth of knowledge for me as a speech therapist and as a new mother. The BEST Baby Shower Gift that will assist prevent future feeding/speech issues As a speech therapist, this reserve is my new go-to baby shower gift for friends. Comprehensive Very comprehensive and filled with great info for the brand new mom. You can read and incredibly accessible and enables you to discover if your baby/toddler can be on track with his/her development. So much good details in this book. I am so grateful for Diane and the info in this book. I did several Skype sessions with Diane to get her assistance on my 29 week preemie who was simply tongue tied and struggling with aspiration. Diane Bahr is among the leading feeding/speech therapist inside our field who's incredibly educated and holistic in her strategy. I could get him off the NG tube significantly less than 8 weeks after he came house from the NICU and we have been solely breastfeeding for three months now. I bought her book to have as a reference and also have since ordered many of the chewing playthings she recommends (they work SO superior to the ones in the aisles at focus on). I also noticed through reading her book that my 6 calendar year old needs Myofunctional therapy to help with his mouth area breathing. There is so much good info in here and I'm so grateful we could actually catch these things before it had been too late. However, this new book is a more concise and up to date version centered on feeding that is organized as an instant reference as you improvement through each feeding milestone.



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