

uniquely **NORMAL**

**Tapping the Reservoir of Normalcy
To Treat Autism**



Robert J. Bernstein with Robin Cantor-Cooke

Foreword by Dr. Temple Grandin

Robert J. Bernstein

Uniquely Normal: Tapping The Reservoir of Normalcy To Treat Autism



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2018 IPPY Gold Medal Award Winner in the Mental/Psychology category.
2017 Best Books Award Champion in the Mental/Psychology category and
2018 Next Generation Indie Book Awards in the Parenting/Family category,
"Uniquely Normal: Tapping The Reservoir of Normalcy To Treat Autism".
Writer Robert J. Writer believes that whatever he does therapeutically
should be on the ASD individual's terms; he or she must lead. Bernstein
has discovered a different approach based on cognition thinking in
assisting people of all age groups with ASD. Author's objective is for
those who have ASD to be able to live in the globe and connect with
individuals in it as themselves, to express their particular humanity
and engage even more fully in the human being interactions that give
life signifying and make it well worth the effort to getting out of bed
every day. Author's therapy illustrations are categorized by age groups
of: 2-5 years of age, 6-10 years of age, 11-14 years and 19 years of age
and up.



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.. Rob Bernstein gives a different method of addressing a few of the complications that a few of these kids, and adults, face. The cases start out with a quick statement of the person and their essential issues (eg: nonverbal, susceptible to tantrums, social panic). Bernstein's 40+ years of experience suffices quite nicely as evidence-based. I should note that I'm a great skeptic and am hesitant to consider advice that's not 100% evidence-based. I think Dr. I simply finished reading and currently have seen greatly helpful changes inside our lives. It is problematic for me to look for a proper and . Robert shows obvious mastery over his specific niche market study power wisdom and hope in his field, and he shares about it eloquently and in an organized practical fashion It has helped me better understand my son I learned so much out of this book. We should note that I'm an excellent skeptic and am hesitant to take information that's not . It is problematic for me to come across a proper and concrete method to spell it out what I took from this publication.. The "treatment" that is at the core of what he will strikes me as quite human being and simple, yet I've not heard anyone else perform it in this manner. His treatments are nothing short of revolutionary. Should you have a child on the spectrum, particularly a nonverbal one, Robert's methods are something that you should attempt. A snapshot of the sufferers and teaching strategies used to help people with autism This book is essentially a book of "case files" which describe patients arranged to be able of age. While I see merits in ABA, I believe this book is full of wisdom and actionable information for all of us parents to use throughout every day life. Robert after that walks us through his preliminary assessment, the way in which he decides the best way forward and the next treatment. Each chapter is normally a case, a bit of a puzzle, and the debate of the process of how he began to make some connections to provide the topic further along in their realization of the fact that they're movers and actors in their relationships and the world. It is refreshingly self-explanatory and optimistic. model good behavior using each day activity to conect together with your ... This book provides information how exactly to improve social conversation, play skills, model good behavior using every day activity to conect with your child. I recommend read this publication to understanding of children, adolescents, and adults on the spectrum. Robert Bernstein, you have helped my son in tremendous method building his strengths and dealings with frustration. I am very grateful to you for all your help. In Useful guide to taking actions to get autistic individuals better A no brainer read for anyone willing to find out more about the 1 in 57 and growing statistic of 'on the spectrum' individuals.. It has helped me better understand my child. I'm all about learning and broadening my horizons. Thank you giving me the opportunity to read an excellent book. I'll gladly recommend this book



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