

A person is running away from the viewer on a bridge at night. A bright light source, possibly a flare or a spotlight, is positioned directly behind the runner, creating a strong silhouette and illuminating the bridge's surface. The bridge has a railing with diagonal supports. The title 'RUNNING INTO THE DARK' is written in large, white, serif capital letters across the upper half of the image.

# RUNNING INTO THE DARK

JASON ROMERO

*Jason Romero*

## Running into the Dark: a blind man's record-setting run across America



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A man takes on the challenge of an eternity after hitting very cheap. I would recommend Jason to speak to any organization seeking to inspire their employees. Feeling a contacting to perform across America, he dedicated the next two years of his life to prepare for, and ultimately run, over 3,000 kilometers from California to NY in under 60 days, averaging 51.5 miles each day, to log the 7th fastest transcontinental foot crossing in the annals of the world - significantly less than 300 folks have crossed America on foot. It was, and continues to be the only transcontinental foot-crossing by a blind person.. This is a story of success and failure, recovery and hurting, and reduction and love. It is a reserve about fighting adversity, learning to not give up or provide in, to accept one's self for all that one is, and is not. Factor in visual impairment, a miniscule spending budget, and a one-person crew, and you would pretty much state this venture was doomed to fail. Running into the Dark is usually a manifesto about how exactly to keep ONWARD.D, Executive Director, Grace Guidance "Jason is humble and kind and offers the ability to connect with people facing barriers and teams battling challenges. What people are saying about Jason Romero "His story isn't only personally moving but is filled with great lessons for all management teams. Furthermore, Jason has been an attorney, an executive at GE and a CEO of a non-profit that helps children with Autism." - Stewart Glendinning (CEO, Molson Coors International) "As the initial blind person to perform from California to NY, Jason provides quite the story to inform, and he does thus eloquently and passionately... This is simply not just a reserve about running. But if you know Jason at all, you would recognize that failure was not an option." - Mark Lucas (CEO, US Association of Blind Sportsmen) "Jason is, first of all, a guy of high integrity and true compassion. He's wise, educated, accomplished and a great father. He's a motivating function model for many." -Scott Burt (CEO, Integro) "Jason Romero has one of the most remarkable tales you will ever hear. Running over the United States in 60 consecutive times is only the starting point. It is every person's tale." - Jim Browning (COO, Goodwill Industries) "Jason motivated me personally and the target audience to reach deep within ourselves to 'go the excess mile' and to improve our lives and the lives of others." - Michael Kragt, Ph. Jason Romero is an extremely sought after Keynote Loudspeaker for conventions, conferences and commencements, a US Paralympian who was simply 4th in the world at the Paralympic World Marathon Championships in 2015, a holder of 13 world information in ultra-running, the main topic of a full size documentary and an writer. He discovers himself divorced, unemployed and in a deep melancholy when a degenerative

eyesight condition renders him blind with limited light perception.” –  
Stuart Davie, President & CEO, Goodwill Industries



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A robust inspiring memoir of a blind athlete's journey to a record breaking run across America This was an excellent read! Whether you are a runner or not, visually impaired or not really, Jason's tale is compelling and amusing. Father, son, lawyer, ultra runner, Jason places his all into all aspects of his lifestyle. As his tale unfolds, you learn enough about his background to understand his drive and interest for running. Taking us through his childhood, high school, university and executive career Jason tells how he proved helpful to achieve success while finding ways to read and then maintaining the illusion to be able to browse textbooks and emails add his vision reduction progressed . Devotion to his family members is his top priority during all of his teaching and races.. He is aided in his trip by supportive family, close friends, and strangers. He is not afraid to expose his doubts, depression, changes in romantic relationships, and struggles therefore even if you are not a runner or blind it is possible to relate to the issues he faces, the love he shares for his kids and mom, and you will celebrate his accomplishments. Highly recommend you get this book and when not really for yourself for somebody you deeply value. Thought Provoking and Introspective Personal Journey Mr. The spiritual insights in the reserve are off the charts. Jason Romero, a blind runner, traces the trunk story from diagnosis that his vision will fail to his life-changing decision t run across the U. To me as a reader it had been a microscope in to the inner workings of a guy who has been slowly going blind over many years and how this terrifying trip caused him to judge his career, personal romantic relationships, parenting, internal demons, and personal drives. The culmination of most these things occurring during one of the greatest challenges any human, significantly less a blind one, can endeavor into; a sprint across the United States by walking.As I read I came across many parallels to personal situations and found meaning and motivation in the philosophies on how to overcome adversity and deal with difficult times. I feel inspired to take on new challenges and accomplish new items. The love and passion Jason has for his family Read Jason's book over the holidays and couldn't place it down. I sensed Jason's spirit, his psychological trials, his unpleasant perseverance and his mother's love . As a runner, I really like the detailed explanation of dealing with such problems and cannot imagine working fifty miles per day for two months while crossing the USA mainland. The love and passion Jason offers for his family members, friends and bringing awareness to the challenges that the visually impaired encounter every day was compelling to learn about and quite frankly a inspiration for others to follow their callings in existence. Enjoy this well crafted and inspiring memoir. Story of perseverance, faith and inspiration in face of adversity Jason's inspiring story is normally told by him in an interesting and inspiring way, sparing no details including his lowest and highest points. It also includes interesting and exciting details about long distance running...really

long distance running. You don't need to be a runner to enjoy this book! Amidst hundreds of "accomplishment" books, RUNNING IN TO THE DARK stands far above the rest. It was very clear that to the author this was a journal of the adventures of his personal "Calling".S. Definately not being self-aggrandizing, Romero's unselfish decision sought to provide awareness to the blind--intelligent, talented driven, and largely ignored for employment. He accompanies visitors through soul-baring incidents as his vision worsens; Wow! Inspirational Not really a book about jogging but of existence lessons. As a marathon runner, I understand the sensation of fatigue, nonetheless it is nothing in comparison to Romero's awakening for 60 directly mornings to run at least 50 grueling miles every day. He lives what Arnold Schwarzenegger stated: "The body will quit prior to the brain will quit. I've had the pleasure of operating with Jason and he has shared his tale of grit to my elementary learners. He manifests faith, travel, and perseverance throughout, take-aways for anybody, any age group, with any goal.. his painful perseverance and his mother's love I read this book on a plane ride this week and could not put it straight down and tears streamed my encounter on the last page. Such an aspiring story about a life's trip through highs and lows, while finding types soul through dealing with his condition. The term "inspirational" simply isn't solid enough for Jason Romero's amazing story. The publication flows through his lifestyle pendulating between your trials and tribulations that inspire him, and his philosophies. Jason Romero it's an incredible tale and And I can't wait to talk about it with people. Jason tells us his natural, funny, and inspiring account of how he had become the initial blind runner to perform across America. Thanks Have several friends from Rochester who, in their fifty's discovered similar track as Jason. Your story is much more inspiring. I've run many Ultras to add Old Dominion and many track 100s, so it is easy to relate.. God provides renewed my commitment to His redeeming power and I hope that examine this are influenced to exceed what they think and desire. God bless you Jason and excersice forward towards The Goal. Greg Amazing story of resilience and perseverance I chose this rating because Jason's story is riveting, compelling, and natural in its honesty of his failings along with his successes. Inspiring, Educational, Challenging! An enjoyable read that is difficult to put down!! Jason did an incredible job telling his story and telling about his awe inspiring trip - across America - and in lifestyle! He also projects his euphoria, heartbreak, anger, and frustration as he does whatever necessary to draw another day time closer to his fantasy, to his phoning. Jason's tenacity makes our regular ultra-run suffering seem even more manageable. Romero's book is a lot of things. Jason does a great job of intertwining his enthusiasm for running, life problems and the reality that he is going blind. When you're way to avoid it there ... and it's cool ... and dark ... and you're hungry ... and still long way from your home, it's easy to get

discouraged. Or it is possible to think about what Jason offers with each and every time he casts off for a long one. Each folks needs to be in a position to jump off the cliff and exist as it is actually meant to be lived. Jason's story is certainly motivational and compelling. And you'll grab some good information about logistics such as for example nutrition, hydration, and dealing with pain. Thanks, Jason, for showing us just how. -Scott Gordon I really like the detailed description of dealing with such issues and ..Your faith journey is wonderful. he entails the reader in heart-wrenching decisions about giving up driving and also his career-- that's, aspects of life most of us take for granted.. I've learned a lot from him and Operating Into the Dark.. "Running Into The Dark" is a genuine page turner. I felt like I could identify with him on multiple amounts. It also delivered on providing an insightful perspective on our activities and behaviors and how they impact others lives. This may be a movie for certain! The word "inspirational" simply isn't strong enough for Jason Romero's amazing story. You don't have to be a runner to appreciate this book. A Motivational Read for Ultra Runners This book is a must-read for just about any ultra distance runner.following Jason's journey through lifestyle while losing his eyesight. This is a wonderful look at of the resiliency of the human being spirit. LOVED this book! Five Stars Jason's book can be inspirational and captivating. One of the most exciting books I've ever read! His transcontinental feet crossing of America is only one section of his story, as it is instead a complete examination of perseverance, love, fear, and sport all in a single. His competitive drive, attitude and love for ultra running is normally a gift to our beloved sport." RUNNING IN TO THE DARK can be about an extraordinary operating feat, but Romero's message is for everybody. I often share bits and pieces to my students to encourage a rise mindset.. funny, and inspiring account of how he found .. Once Jason sets an objective, whether it is owning a marathon or ultimately running across the country he devotes himself completely. ONWARD! But Jason doesn't just let you know a story in regards to a run, he draws you into his existence and his relentless trip, as you find yourself feeling his pain, hurt, humor, and dread. Jason's story can be an amazing memoir of perseverance Jason's story can be an amazing memoir of perseverance, friendship and learning.. It's hard to neglect Jason's messages, which are obviously a culmination of his contacting.



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