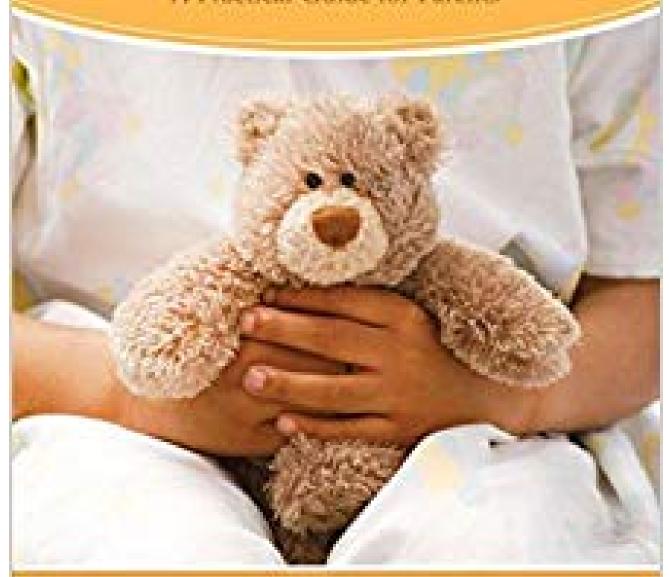
"... an invaluable source of information ...
Practical, lucid, comprehensive and beautifully organized."

Jonathan Kellerman, PhD.
 bestselling author and child-clinical psychologist.

## Your Child in the Hospital

A Practical Guide for Parents



Nancy Keene

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## Your Child in the Hospital: A Practical Guide for Parents



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This new edition contains a packing list, medical center journal for children, and helpful resources for parents. It explains how deal with procedures, plan for surgery, talk to doctors and nurses, and cope with insurance companies. Your Child in the Hospital: A Practical Guidebook for Parents is filled with sensible tips and home-grown wisdom which will make any visit to a healthcare facility easier. Woven through the entire text are a large number of useful and encouraging stories from parents who've been through the knowledge of having a child in the hospital. Millions of parents take the youngster to the hospital each year for stitches, outpatient surgery, or longer stays for serious illnesses.



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A sensitive family members oriented book packed with information, strategies, and compassion The practical advice in this important resource is balanced by Nancy Keene's depth of understanding and compassion. It is an excellent source and a must-read if your son or daughter is hospitalized. Basically, you might not have enough time, inclination or even strength to think about things in a straightforward and thought-out manner. This is, most importantly, a Calm publication. Nancy Keene has been involved in health care child advocacy for many years and understands whereof she speaks. Parents who've been through a child's illness contribute their very own tales to the reserve. This doesn't have to be a poor experience, but if it upsets the kid, or if it's only a bad time, you have the proper to say no to the group check out. I asked them to share all information, current research, lab results, everything, with me. The book reduces various aspects of the medical process (emergency room visits, pain administration, patient-doctor communication), offering particular suggestions to help parents advocate efficiently on their child's behalf." If a doctor, as another mother or father relates, pats you on the head and says never to worry your mind about it, you have the proper to insist on the information. Unless you have enough time to go through each bill thoroughly, probably a relative or friend can help you. Whether the child could have one treatment, or is about to face a long stretch out of hospitalizations for a significant or chronic condition, parents can offer them with the various tools to understand exactly what will happen and how exactly to feel empowered expressing their needs and see they are met. My girl, for example, may experienced to do it again 9th grade without the alternative school. Maybe she doesn't reach chose whether to take a pill. But she can determine whether she really wants to consider it with chocolate milk or pudding. As a retired clinical kid psychologist and author-illustrator of "Daniel and His Starry Night time Blanket: A TALE of Illness and Sibling Like," I am glad there is a chapter addressing the psychological responses of brothers and sisters. For example, if a healthcare facility is a teaching hospital, your child might be visited by large groups of students. One, for example says: "I informed them the first time to treat me like a medical student, and financial problems such as insurance and paying for care. A medical center is an enormous bureaucracy. Complicated bills regularly have expensive mistakes. And then Keene adds this: "Don't allow anyone talk in front of your child as if she actually is not there. The only place where I'd make a change in this book may be the chapter on dealing with schools and homework. The thoughtful tips for parents through this book help to reinforce the closeness and protection of the parent romantic relationship in an effort to comfort a fearful kid. After we met with the teachers and assistant principal, the school offered her enrollment within an alternative college-prep school where she met with the teachers only once a week. This was invaluable, as she could not attend regular school. Become familiar with what to do and not do to create things more pleasant for all concerned. I really wanted to read this; coping with long-term illness or injury; Nancy Keene also includes the nonmedical details that often fall by the wayside. Nonetheless it will be worthwhile. Among the themes running through the assistance in "Your Child in the Hospital" is that you should give the child as very much control (and credit) as is certainly feasible. As someone who's had two kids with hospital stays, I found "YOUR SON OR DAUGHTER in a healthcare facility" an excellent book - one that could have been helpful at that time, school issues; If you're a member of family or friend helping a family who has a child in the hospital there is also a section just for you." Just what a great piece of advice, and therefore an easy task to forget. Eight years back, my straight-A daughter was sick for four months. Nevertheless, when I noticed it once again, I figured that I will have a look at at least one reserve I might like. Keene's book might help parents and caregivers to get ready a child before a initial hospitalization, or even to alleviate anxiety and offer coping tools for a child

during their stay. The reserve also provides insights for parents who have to guide a child through medical scans (MRI, CT, etc) in an outpatient establishing. Hospitals and child life programs should provide this reassuring book to parents within the pre-operative tours they offer to children and their families. It offers essential information on the hospital experience, how to prepare your child, surgical procedure, surgery, and pain administration. Helpful and Caring Resource for Worried Parents Nancy Keene put a lot of idea into this very helpful and caring resource for concerned parents. This is a book all parents should examine way before the youngster is admitted into the hospital. There are tips on how to help your child cope with the standard fears and problems they will have being in a fresh situation. Scanning this book will help parents be a strong advocate because of their child. This book deals with everything from er visits to short-term and long-term stays. This has tips from someone who has been there and also provides wisdom from many veteran parents. Parents will appreciate the section on how best to talk to doctors. Getting children to swallow pills is a challenging situation but this publication has some good suggestions to make it more fun. Happy Reader Helps Prepare Children And Lessen Their Tension in every Medical Situations This book provides parents with practical strategies for helping kids feel prepared and assured when facing a hospital visit. To my horror, though, I recently heard from a instructor that the mother of a similarly ill student was not being told of the option, or of actually the Home Hospital option - the instructor felt that the school district had not been volunteering the info because these options are costly for it. Lastly, however, not least there is a special section about dealing with insurance.~The Rebecca ReviewI received one free book in trade for a review. I've under no circumstances seen another resource like this so I think it is very needed. Highly Recommended! Fundamentally what this book aims to do is to make a hospital stay safer and convenient. This review is my honest opinion. Awesome Guide When I first found this book in the library, I left it there. So, I would recommend to Nancy Keene that her wording, concerning parents' advocating with the institution, be stated more strongly. I simply figured it wouldn't connect with me. They're good abilities for parents and children to discover that they can use at any time of emergency or stress. Despite one bit of criticism, this was a joy to read. A very important handbook for parents, guardians and pediatricians Your Child in a healthcare facility, as the subtitle suggests, is definitely practical. I appreciate that Nancy Keene wrote it paragraphs and bullet lists. It answers queries that many parents could be reluctant to request -- or not even know they must be asking. It feels really good to know you are not the only one out there going right through a tough experience. I found a lot of them heartwarming. I like the tiny journal that's available towards the back again. The only issue I have with this are the strategies for remaining calm around your child. Looking aside, putting your head down, walking out of the space? That doesn't make you appear calm. That provides the impression that something's wrong. Advocacy For Both Parent and the kid - a Calm and Valuable Book There is so much good sense in this publication, and I don't mean that in a this-book-is-useless way. With chronologically arranged chapters (from "Before You Go" to "Looking Back"), apparent writing, and abundant details, the book offers a calming manual for parents overwhelmed by way of a child's health circumstance. Parents are backed within the context of the instant family, a healthcare facility, and the broader network of family and friends. Keene also gives suggestions that only an insider might know. Strongly suggested. This publication recognizes the continuing need for regular childhood activities such as play, meals, family time, and school, particularly in the context of a new hospital setting and brand-new procedures. For the most part, the advice was extremely concise and an easy task to comprehend. The only thing I liked a lot more than the assistance mentioned is the experiences

from parents. It really is thorough and up-to-date, offering info with a calm authority that's sensitive without having to be sentimental. Nancy Keene's expertise on each subject matter is properly balanced by the personal reflections of parents whose knowledge is definitely both useful and reassuring. This is a book that should be in the waiting room of every pediatrician's office and on the bookshelf of every parent and guardian -- before it's needed! A Must-Read for Parents and Others Impacted by Childhood Illness "Your Child in the Hospital" is like the sensitivebut-practical best friend you want by your side in occasions of crisis. I informed them, in advance, that I hoped they wouldn't end up being offended by plenty of questions, because knowledge was a comfort if you ask me. The parent may need to ask and could even have to be a pest. Included in these are logistical problems (navigating your insurance costs, working with your child's school) and also the potential emotional and behavioral fallout of long-term treatment. Indeed, whether she's recognizing youthful patients' have to feel in charge or the potential jealousy felt by siblings, Keene offers tangible, age-appropriate assistance for normalizing feelings and incorporating them into a audio medical plan. "Your Kid in the Hospital" is a must-read for families with children in the hospital, but it addittionally offers insight for everybody who makes up a young child's life--the extended family, teachers, babysitters, even neighbors who want to help but require a calm, experienced tone of voice telling them where to start. Five Stars I recommend this book. What I mean is usually that if your child has had a major accident or illness requiring er treatment or hospitalization, you are probably frazzled and anxious and scared. Medically-sound, practical info to help you and your family whenever a child is hospitalized This slim, useful volume should be in the hands of each parent whose child is or will be hospitalized. Specialty clinic nurse practitioners (endocrinology, neurology, hematology, etc) who use children prone to unpredictable emergency hospitalizations would do well to give this book to parents therefore they and their kids are prepared with the practical info and emotional tools they need if they property in the emergency department or encounter an abrupt entrance. The rest of the publication covers non-medical--but still extremely important--issues that often aren't resolved well in the medical literature, including coping with siblings, other family members, and friends; feelings and behavior of the unwell child and family (including parents); Usually do not assume the school will let you know what choices you have - to be fair, it could be that the teachers think administration is contacting you and administration may assume that should you don't ask its not necessary it. We received a free of charge copy of "YOUR SON OR DAUGHTER in the Hospital" for review. There's also a later chapter on medical center billings. Appendices add a medical center journal for children, a packing list, and lists of helpful resources such as for example books for kids, parents and siblings and resources of monetary help. Chapters include practical tips to help parents make an incredibly stressful experience even more bearable. Also included are quotes from groups of sick children, providing guidance and reassurance. Disease and hospitalization of a child always impacts siblings as well as adults in the family. A SIGNIFICANT, Informative Guide! This is a much-needed and informative book for all parents whose children spending some time in the hospital, be it for cancer, a chronic illness, or psychiatric disorder. As a mother, I felt such as a seafood out of water therefore helpless and frustrated when my daughter finished up spending weeks at the hospital as a teenager. I really could have used this book. It can help you understand what to expect, how exactly to advocate for your child, how to help your son or daughter manage the stay, and so forth. It's a great book for parents to possess on hand or to gift to additional parents whose kid will be spending time in a healthcare facility. Buy it today!



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