



Somebody Stole My Iron

A Family Memoir of Dementia

Vicki Tapia

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Captured my attention cover to cover, and resonated with my own journey with my mother and the psychological roller coaster of caregiving. It is an insightful tale resided with duty to others at heart and told with love, humor, compassion, and precision of detail. Such as a visual painting suggests principles or ideas, this books draws a roadmap through the morass of caring for the patient with dementia. It is suggestive not really literal. Each affected individual with dementia differs. Due to the conflicting emotions generated in the required role reversals, nothing in life is definitely harder to assimilate. It brings out the best and worst in both the caretaker and the person with dementia. Caregivers will learn much from Tapia seeing that she leads them through the painfully honest accounts of her parents' disease and her years of decision building for them. Well done. This is an excellent read for anyone wanting to know in regards to a journey . This reserve helped me grieve. Remarkably, Mother died the same day of the authors Dad. This book should be required reading for anyone, but especially anyone with family in this situation. There is a peace in knowing that we all share the human condition. it is easy to read reserve but emotionally stimulating. 3. They're a great reminder therefore don't miss them! My mother started having memory issues about seven years back. I've read a LOT of books on Alzheimer's and dementia and I've gained lots of understanding. I've read so very much in fact, that when I ran across this book I was considering... No many thanks.. Vicki caught my interest with the perfect title "Someone Stole My Iron." It produced me giggle and right away I experienced like Vicki SURELY must have met my mom. I loved the teaching moments she added through the entire story in addition to at the end of the book. It's not like any of the many others I've read. Tapia has skillfully told her story in a way that the reader can grasp just what she was going through. Packed with humor, real world examples, and practical advice, this book is a good read for anyone mixed up in dementia care giving trip..) 2. She did an excellent job of describing true to life. There are many useful tips. It had been the first book I've read that truly talked candidly about the not so nice people that end up with this disease! I really like my mom with all my heart but she's never been the lovely little old lady we frequently hear about. She's opinionated and cranky and it's only getting worse. 4. I felt like I had my very own personal support group. You brought your journey alive for me personally and I wept tears along. A Must-Have Handbook for Caregivers!! laughed, I giggled, I sobbed, We softly cried, and We learned a lot. One last thing, We loved the list of Dos and don'ts in the rear of the reserve that Vicki shared. I ran copies for all seven siings and for my father and acquired them laminated. A WONDERFUL book! Many Connecting Points As a daughter of two parents who also suffered with Alzheimer's, I found many connecting points with Vicki Tapia's publication. She begins with the initial suspicions about her parents' mental clearness and struggles with the guilt of moving them from their life-longer community to the town where she lives so she could be actively involved in their care. Through some subsequent moves for increased requirements and security, Vicki feels as if she abandons them when she's to have a tendency to her own existence, family, and career. After years of agonizing decline she actually is overwhelmed by peace and serenity after they pass. I related to all these events in Tapia's tender account. The author grasped this as she resided through it and walked hand in hand with her parents third , long journey to its end. Yet she tells her story with grace as she strives throughout the years of their disease to maintain dignity on her behalf parents. Looking after TWO parents at the same time . Many thanks, Vicki, for posting your intimate story to be able to help others along the journey. I found Mothers iron in the refrigerator and walked and adopted her through untold adventures for 15 years... Vicki Tapia offers invaluable tips and lifestyle lessons in understanding dementia, which I've applied in my own experience and distributed to others in my caregiving circle. It gives me courage and

motivation, serving as a bittersweet reminder of the ties that bind a mother and daughter through love and frustration, through patience and challenges. Not only would it be good for those folks facing our old age, but it provides comfort for those coping with their parents' last journey. The book is done well. Invaluable. *Somebody Stole My Iron* closely parallels the journey I've been on for the past five years while caregiver for a mom with Alzheimer's. Discovering this book provided help to become a more compassionate caregiver. It is lovingly written, and you can find so many good recommendations that the writer learned in her period with her parents. This is a fantastic read for anyone wanting to know about a journey involving Alzheimer's and dementia. The book goes beyond the words on a page – it's like having a conversation with the writer. Her story is my story. Done well Vickie!! I've read over thirty books written by caregivers or people with dementia. Very touching, accurate account of a daughter's journey to look after her mother with among the hardest diseases to simply accept. A must read for anybody wanting to understand the life span of looking after someone with dementia. Excellent book. Excellent read for family traveling a long street with parents and dementia. I bought the book because the name and the cover picture reminded me of my Mom and I was curious of the contents. Guidelines for caretaking This book shows two people deteriorating mentally. Journey with author Vicki Tapia through struggles with her parents dementia and alzheimers *Somebody Stole My Iron* is a brutal, loving trip of the author as her parents are diagnosed with alzheimers (mom) and dementia (father). She comes to terms with a sometimes turbulent romantic relationship to acceptance and like. The author's parents resided some range from her and her instant family and found the initial diagnosis difficult and finally moves them to an assisted living set up in the city where she lives. After many trials and mistakes she finds a satisfactory arrangement as they near their end of days. The writer experienced many complications from her brother who could not accept the analysis and offered no assist in their need. knowledge and love. I really do not have an individual experience with a mother or father with dementia, but discovered this book to be profound and heartfelt. Vicki Tapia offers related the events in an emotional and personal way. I was blessed with the birth of a granddaughter on that day. Obtaining Solutions for the Difficulties of Caregiving If you're a caregiver for somebody with dementia and looking for encouragement with the problems you encounter, you will find a friend in Vicki Tapia's story. It brought back vivid remembrances of my own father's moving. I don't understand that I have encountered another one that confronts the caregiver with as much of the classic challenges faced by caregivers. They not merely include the problem looking after two at the same time but also issues of parents and kids working, or no longer working, jointly, coordinating with siblings, selecting the best placing for care, medications, dealing with personnel to insure the best degree of care, and a bunch of other problems. It reads just like a great novel that even those who are not dealing with disease will enjoy. I found her account of her mother's last couple of days especially touching. She was a caregiver to her mother (dementia) and father (Parkinson's and dementia) - and at exactly the same time. The writer learned a lot while caring for her parents and passes across the critical lessons by the end of most chapters. Excellent and well crafted! Great reserve! I was in my place with a dear friend (who I've hardly ever met lol) who understood what I was coping with. What a wonderful, loving child you are! As she struggles to deal with the daily routines she continues to attempt to live her personal lifestyle as well. Five stars to Tapia.. Stay with it. Caring for persons living with Alzheimer's disease and similar dementias requires an abundance of persistence, knowledge and love. Looking after TWO parents at the same time was definitely a trying period for author Vicki Tapia, however it is this experience that led to the writing of her lovely book. (Vicki, you

are an amazing writer. She did an excellent job of describing real life This book cut back many memories! What a trip Alzheimer's takes families on! The guidelines are wonderful and I didn't feel like I was obtaining them out of a text message reserve.. I was feeling type of burnt out on the whole topic.not just for her parents, but also for the caregiver as well. Now for the reason why I love this book: 1. Well done!



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