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PRESENT



THE ONLY GUIDE
YOU'LL EVER NEED
TO THE

BEST ANTI-AGING TREATMENTS

HEATHER DUBROW & TERRY DUBROW, M.D., F.A.C.S.

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Terry Dubrow M.D. F.A.C.S. and

Dr. and Mrs. Guinea Pig Present The Only Guide You'll Ever Need to the
Best Anti-Aging Treatments



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Anti-aging has become a multi-billion dollar industry, but have you any idea which products, procedures or treatments are really going to assist you to look (and feel!) younger? But how do you know what treatments are best for you personally? Dr.surprise!--didn't Ever Need to the Best Anti-Aging Remedies will outline all of the best methods and treatments, from the so-new-you-haven't from the flawlessly legal to the are-you-trying-to-get-me-arrested; There are treatments available that may halt, and in some cases, even reverse the aging process. Rest assured, the times Which of the hippest, hottest, and newest are fabulously effective and which are nothing more than new-age snake oil? Let us be your manuals.of painful procedures that promised you the fountain of youth, cost a lot of money, and then— and Mrs.t-heard-of-them-yet to the tried-and-true;t work, are gone. Guinea Pig Present THE ONLY REAL Guidebook You' from the easy to the outrageous; and from the least expensive drugstore creams to probably the most complicated surgeries. We will provide you with the info and research you should create your very own, unique anti-aging intend to look and feel your best – forever!



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Total waste of money and time! It certainly didn't have any brand-new info that I haven't noticed from their interviews or watching Botched. Not worth enough time Just another intermittent fasting diet reserve with too many recipes. So poorly written (couldn't they afford an excellent editor?) and dull, boring, dull. I already knew most of this simply from reading online. Not really ideal for me I didn't look for the wonder hints that helpful It's an extremely informative and interesting read I liked this publication. Don't waste your cash. Don't bother I actually was excited to understand this book but there is nothing helpful in it. If you know the basics of an intermittent fasting, then pass this up. Expected so much more. Doesn't happen here.. I expected a lot more. I was shocked because I anticipated a lot more. I thought this would become more insider information. They also didn't include some procedures like ulthera that I believed would definitely end up being in there. The only part I liked and found useful was the knowledge on deciding on a doctor. At first, I actually was disappointed that it did not list my skin care products. Really? I needed some real updated details on actual services.. Thank you Three Stars Wasn't what I expected Two Stars Nothing at all you can't google It had a lot of good information about procedures and products found in the plastic surgery industry. Informative! Lame Heather recommends lame previous school things such as greatlash maybeline mascara. Then i realized that they just listed what they suggested. Plenty of information for all sorts of treatments!!! A must buy! Pass on this one Terrible! I examine it cover to cover in a minute, don't waste your money. Terrible Should be no superstars...that's how ridiculous this book is. There is absolutely no way of pulling up a certain recipe on Kindle as there is no Index. Plus, no added info that was useful in any way. Just okay I was so excited to understand this book since We am a huge fan of both Heather and Dr Dubrow. Nothing fresh and you can find out more from YouTube videos on anti-maturing. Heather Dubrow gives great suggestions on processes and products. One Star Total waste materials of money, didn't tell me anything We already had understanding of, wouldn't recommend it to anyone. Dr Dubrow does a great work explaining what can and can't be accomplished with plastic surgery and fillers. Five Stars Perfect just what i was hoping for! #oldnews Love the Dubrows but there isn't anything new in this publication.



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