



# Bullying Among Older Adults

How to Recognize and Address an Unseen Epidemic

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## Bullying Among Older Adults: How to Recognize and Address an Unseen Epidemic



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Unbeknownst to many, bullying is not an event limited by childhood, but can be an epidemic occurring much too often among older adults as well. Studies have revealed the alarmingly higher rate at which older adults in senior applications and care configurations are bullied by their peers, leading to profoundly negative effects on the elders, the staff, and the community in which it really is occurring. Pro-social actions to promote empathy and civility; Specific approaches for occupants with dementia or mental disease; She exposes the nature of this phenomenon and then presents positive, proactive ways for community-centered or long-term care staff to minimize and stop it from taking place. Filled up with practical resources and good examples, this book offers effective interventions, including empathy and civility teaching, empowerment strategies, bystander interventions, and even more. Effective coping ways of minimize negative consequences for all those bullied; Increase staff awareness and improve day-to-day time interactions with: Detailed, step-by-step assessment strategies and antibullying interventions; Bullying Among Old Adults may be the first resource to address this critical concern, providing the knowledge and tools to identify bullying and develop constructive methods to intervene and prevent it. As an expert on peer bullying among old adults, writer Robin Bonifas draws upon an evergrowing body of research as well as the voices and real experiences of the targets and perpetrators of bullying. Learning actions, case research, sample forms, and policy guidelines (also available as downloadable PDFs) Bullying Among Old Adults can be an invaluable source in creating an atmosphere of caring and respect among both residents and staff.



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Great book!. This arrived in a timely manner, but no receipt was included. This is probably the most informative book I have . This book was just what I was looking for. Good solid care plan interventions This is one of the most informative book I have read. All seniors should go through this. The bullying issue continues in all walks of life which book gives strategies to prevent and deal with the problems. A must read This found its way to a timely manner, but no receipt . Must Have for just about any Adult Care Setting Great details presented in a readily understandable and useful way.. Very useful from cover to cover! I needed the receipt to obtain reimbursed from might work.. Great for preparing staff training! Great information for talking with family, other residents and personnel..



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