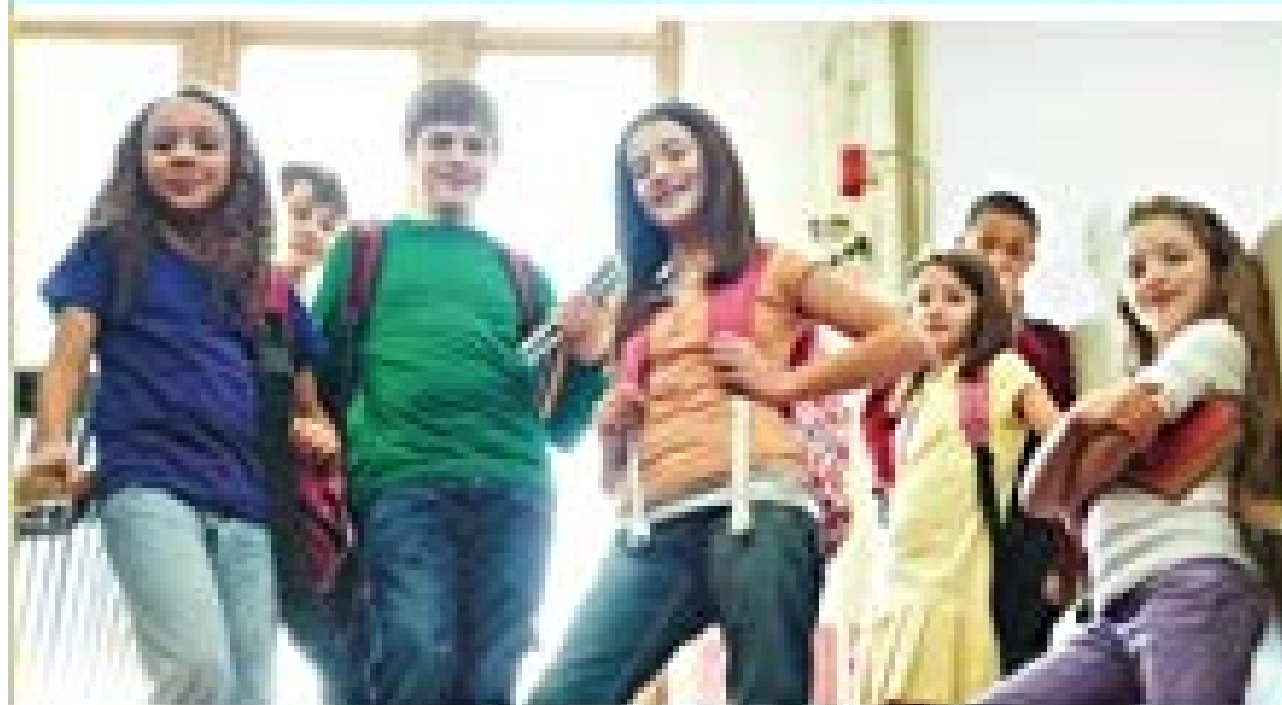


"...Offering spot-on advice for guiding kids through the difficult middle school years, blending thoughtful practicality, and gentle humor." —Publishers Weekly

MIDDLE SCHOOL MAKEOVER

Improving the Way You and Your Child
Experience the Middle School Years



MICHELLE ICARD

Michelle Icard

Middle School Makeover



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She also addresses social media, dating, and peer exclusion. The publication assists parents, teachers, and other adults in middle school settings to comprehend the social dilemmas and other conditions that kids today face. Using both recent analysis and her personal, extensive experience working with middle-school-aged kids and their parents, Icard offers readers concrete and useful advice for guiding kids through this chaotic developmental stage while also building their self-confidence. Middle School Makeover is definitely helpful information for parents and educators to help the tweens in their lives navigate the socially fraught hallways, gyms, and cafeterias of middle school. Author Michelle Icard addresses a large range of topics, beginning with helping us know very well what is going on in the brains of tweens and how these neurological advancement affects decision-making and questions around identity.



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I'm nearly done. This reserve provided great strategies that take my natural parenting inclinations to a fresh level. That is not true of Michelle Icard's new book, *Middle School Makeover: Improving how you and Your Child Go through the Middle College Years*. The advice given is great. Normally I can choose one or two faults about a book. I can not discover any with this book. I believe for parenting books this book belongs in the same category because the "what things to expect" books that have been indispensable when my daughter was younger. Easy to read, easy to understand and actually helped put plenty of points into perspective for me personally. I told her that it's always helpful to possess outside help & Many thanks, Michelle Icard, for helping to raise the level of discourse around the topic of parenting this is a very welcome change! I may actually buy the physical copy to have. A Refreshing Appear at Parenting During the Tween and Teen Years Since I am a Family Connection Coach, I go through lots of books and blogs about parenting and recommend hardly any. Many leave me discouraged because they are short on the "how to" and even shorter on the "why?" when it comes to making the case for adjusting your parenting communication style. The way the author writes is smart, yet fun to learn. Icard has done a great work of summarizing all the most recent neuropsychology research on the developing teen human brain. This new study provides parents of middle schoolers with an alternative solution to the limiting and relationship-damaging watch that the tween and teen years are something simply to be experienced through. Peppered with cultural references that individuals of us who grew up in the '70s and '80s will love revisiting. The references serve a greater purpose of helping you remember what it was like to experience the tween and teen years. Parenting is a lot more difficult now than it was when I was younger (my estimation), so I need all of the help I can get. Anyway this publication has been a super easy read & With that said, that is the only caveat that I must add as there is much in *Middle College Makeover* which makes this book a very welcome addition to the parenting genre. 99 and a physical copy is under \$20. Great book, perfect for parents of Tweens & Our oldest begins middle school next season but I also believe much of what I read pertains to my daughter as well, who is only 2 yrs behind. Fun Go through, Excellent Advice, **STRONGLY SUGGESTED** I saw this reserve mentioned within an editorial in the Chicago Tribune. Easy to read This was such an excellent book! However when she noticed I was reading this one & The kindle edition is only \$9. additional perspectives, she's more open to doing her own reading & internal reflection. Thomas Gordon. really insightful. I've handed it to my hubby to read so we are able to both be on the same page. I would recommend this book for anybody looking to better their romantic relationship with their kid, or keep it great because they enter these hard years. My sixth grader read this reserve too I found this publication really helpful about the public political navigation for middle college. I agree with many of the author's tenets, such as for example "Don't solve your child's problem for him," but I wasn't adept on knowing how that looks without watching the kid flail and perhaps even fail. I decided to take a look and I am content I did. I recommend it for parents of current and rising middle schoolers, and for teachers and instructors and others who use middle schoolers. My sixth grader read this book too. I asked him, "What did you think? Possess and will continue steadily to recommend this book. Thank goodness this book is here now! This was such an excellent book! I bought our 13 year older another book called "The Drama Years" created specifically for the young female, and at first she didn't need to learn it. Also, the cost of the book is fairly good. I think it touches most topics we all encounter as parents of middle schoolers. As soon as he finishes, it's mine to re-read, and trust me, I will! teens I just started scanning this book several days ago & Personally i think lucky to have this book now, so I can really have time to fully absorb the info before we dive into middle school! I

appreciate the author's frank and straightforward suggestions about everything from when to give them a cell phone to how essential it is to give them independence and let them consider dangers. This book felt like a big reassurance for the items I've been thinking we have to allow our children to accomplish, giving me the confidence to now let them! Should you have the next or current tween / teen this is a must read. I feel the writer is reasonable in how to deal with today's influences on our children and love how she cites technology behind the reasons for kids' occasionally crazy behaviors." And he stated, "I think you should browse it again, Mom! Ahhh, the tween years...and helpful information to greatly help parents navigate through shaky waters!" That's a sure sign that the book rang true for his middle-school globe. I have a daughter going to leave middle college and one going to enter middle college next school year. I will be much better ready in understanding my second daughter's trip through the middle school years, physically, emotionally, and socially. Although Icard writes thoughtfully about using consequences and dangling carrots, this is taking care of the reserve that I don't advocate due to the fact I believe strongly these create power struggles that can be avoided with the communication skills taught in the Gordon model, developed by Dr. I loved the author's design of writing, not preachy, but insightful and humorous! Easy to read, easy to return back and reread! we are very happy with the author's insight to middle schoolers While we haven't managed to get all the way through this book yet, my wife and I are very happy with the author's insight to middle schoolers. We want we browse this before our oldest was in high school! This book is crucial read for parents to help in working with middle school environment Among the best books I have read with great assistance on how best to handle hard situations. Great guide I loved the run-down of the proceedings in a middle schoolers mind—both physically and psychologically. I found some useful bits and would recommend this book! useful Informative and useful, as a mom, and as a teacher Five Stars Great reserve with very useful content! It is a whole different world today than it was when I was middle college, and the biggest switch is certainly technology and social media. Five Stars To share with Grandkids Four Stars Good! Recommended by classes wellness teacher Looking towards reading. Recommended by school wellness teacher. Four Stars We are enjoying all of the insight to a "middle grade school" brain.



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