

Dale Smith Thomas

Good Morning, Gorgeous

Discovering Your
Gorgeousness
From The
Inside Out



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Good Morning Gorgeous: Discovering Your Gorgeousness From the Inside Out



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A great read and great gift! Dale's motivating and encouraging words are really authentic, in fact it is clear she actually is driven by a desire to inspire and encourage all women to be the best version of themselves. Her terms of wisdom and encouragement are relevant for each woman age 10-100 and truthfully, I could say this female CHANGED MY LIFE in so many amazing ways. This book is existence changing and a MUST READ! Every woman should read this!! help you in valuing all that you have been created to be, your unique presents and talents and also have you stepping out to live your ideal passionate, purposeful and beautiful lifestyle with confidence and courage. I had the enjoyment of viewing Dale speak personally and she was amazing! I purchased her book and absolutely loved it! I've bough a great deal of copies to give to all my favorite people. I desire I had 100 at hand out to all the women I know. She's such an excellent positive message to talk about!! Dale inspires and equips her readers on how to release these harmful blocks by expounding on key principles she's learnt along her very own life journey and has also taught to thousands all over the world. HELLO, Gorgeous by Dale Smith Thomas is usually chalk full of advice, anecdotes, and aphorisms. But, as sponsor/founder of Feisty Aspect of Fifty, I'm alert to the importance our internal dialogue has on maturing well...Good Morning hours Gorgeous delivers the ideal mix of life-affirming messages, practical tools, inspirational quotes and self-reflective exercises that are assured to lift both your spirit as well as your soul. Citing a few of the biggest titles in the self-help sector as her mentors, Dale is actually a student of life and it would behoove one to listen or, in this instance, read this book! Love this book Love this book! We hold so very much power in what we believe and say about also to ourselves! Dale has inspired me to dust off my dreams which have been on the shelf! That is a must examine for any woman who has wondered when there is more or provides battled discouragement !Motivating and uplifting A great read for all females. Dale Smith Thomas a respected motivational speaker / life coach / leader of the non-public empowerment movement.!. The book has sections for visitors to journal or take down notes and begin changing their thinking. HELLO Gorgeous would be a great gift for anybody feeling a bit lost in existence or simply facing an individual challenge - or any enthusiasts of Dale Smith Thomas. 5-Star Reading Guaranteed To Lift Your Spirit And Your Soul!While Dale writes: "Your thoughts will be the architects of your destiny. Southern-born and full of southern elegance, Dale engages her readers with her own private journey while, along the way, dispensing useful advice that she's discovered through her own personal development. If you wish to have all the self-confidence, courage and energy you need to like a feisty and fulfilling existence, do something truly meaningful and present yourself the present of buying this book. We've all heard that age is just a number." So end up being the soul warrior and champion you are designed to be by getting up each day with a heartfelt "Good Morning Gorgeous!" Then you'll be poised and prepared to take on the worlds a unique and powerful YOU are destined to conquer! Life-changing perspective on how to love yourself. An inspirational and light-hearted guide to claiming your power, growing your confidence and knowing your value!. It doesn't get more inspirational than this." Individuals who have noticed Dale speak (both men and women) will love this deeper perspective into what Dale teaches in her presentations.. I fell deeply in love with Dale when she wrote Solo in the Spotlight, have attended many of her bootcamps and speaking events and am moved each time! I will refer back to this book often and keep it in my own collection of my favorite self development books. I could now say each morning to myself, HELLO GORGEOUS with conviction in my own heart. THANK YOU DALE!! I cherished her book! Good Morning Gorgeous is a fast and compelling read that delivers context around Dale's views on life and the common thoughts and misperceptions that folks have (primarily females) that keep them from reaching their very best potential and

viewing themselves as "gorgeous.HELLO Gorgeous: Discovering Your Gorgeousness From the within Out A MUST Browse!!! You will not regret buying it. Existence CHANGING!. Many thanks Dale! Buy one for you personally and one for your best friend! Inspirational and Transformational Dale has truly written an excellent book that should be a must read for every woman who is eager to discover, celebrate and embrace her authentic inner and external gorgeousness by letting move of disempowering beliefs, thoughts & They'll set you clear of self-limiting mindsets that may keep you hidden and playing small & ? A Must-Read for each Woman! I really like how Dale calls these principles "gifts" because they are powerful and life changing when apply. attitudes that result in devaluing her sense of self-well worth, doubting her innate power, beauty and abilities.!



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