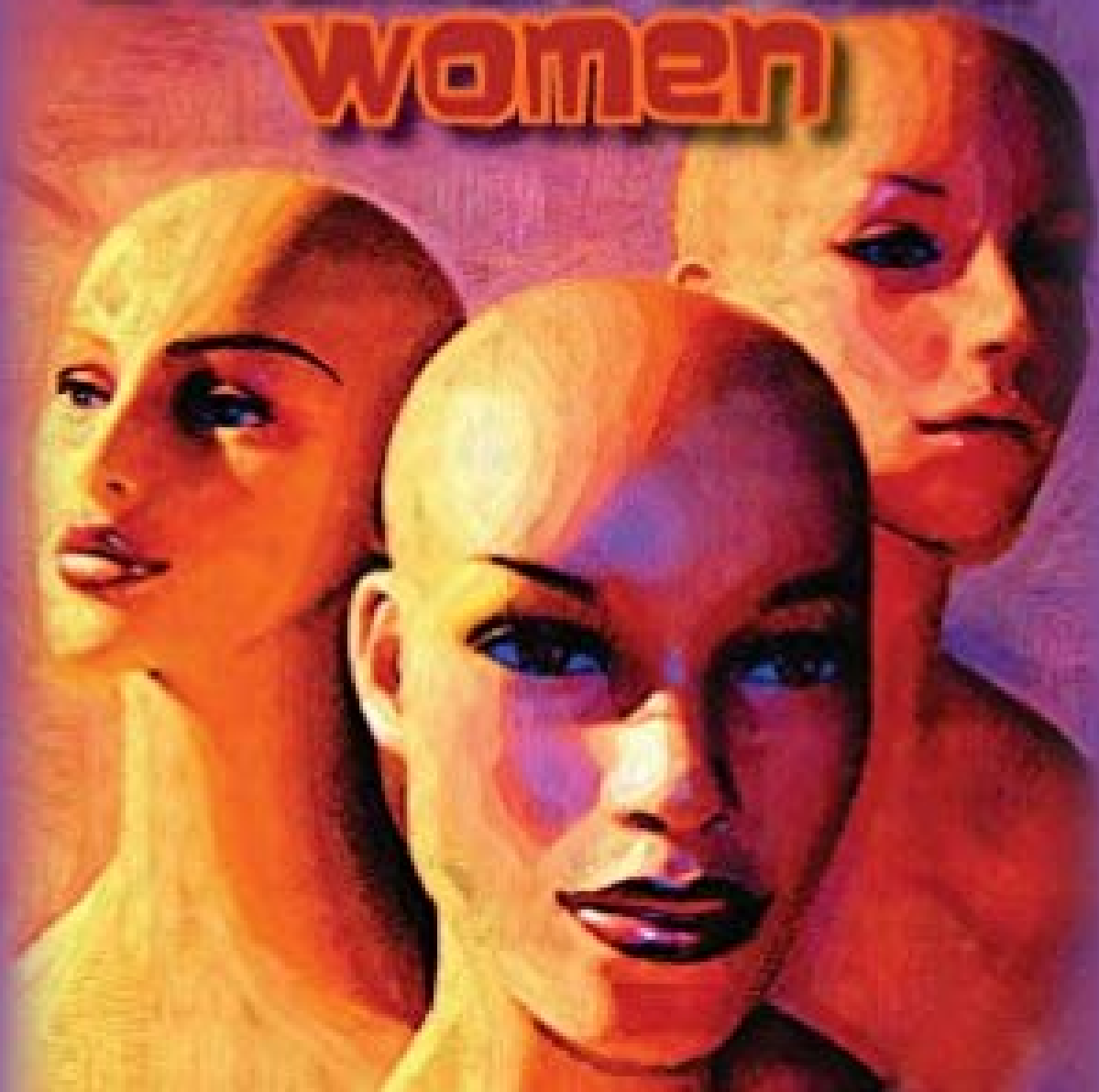


BOLDLY BALD WOMEN



PAM FITROS

AMAZON BEST SELLER #888

THIS is the book I needed to read when I was first diagnosed with alopecia areata! THIS is the book I wish I'd had when I was struggling with going out in public bald. Highly recommended for anyone at any stage of hair loss, or for people with an Alopecian in your life.

—Mary Marshall, creator of "International Alopecia Day"™

Pam Fitros

Boldly Bald Women



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I now have a new definition of courage: "to unwrap ones head of all disguises and walk boldly in to the world. Her phrases are as warm as an individual letter just for you.. Pam Fitros says, "My baldness can be what I have that makes me different." This isn't the only thing which sets Pam apart from others. Her tenacity coated, loving heart spills out on these pages to see, entertain and encourage. confidently, personal fortitude, guts and persistence." NOW I AM wondering, is my locks holding me back again?.. Boldly Bald Women will help anyone facing the issues of Alopecia find courage to handle and alleviate personal fears and discover they are not alone upon this journey. As a female of hair who complains about and uses poor hair days as an excuse. She will love you into understanding the issues of females with Alopecia..Pam Fitros has found a lifestyle calling to educate others about Alopecia, whether through the curious looks of a child in the grocery store or on these webpages. Carry-on Ladies.



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. No hair or hair this book will enable you to feel proud to be you! A definite preferred on my publication list. I would recommend this publication to all people facing alopecia, and the encompassing family and friends. This publication goes deep into life with living daily with this disease, she writes the truths of how exactly we feel, see and how we have emerged, or perceived to be seen, the hardships faced, impacting our entire lives. I have without doubt Pam's writing will inspire many to freedom, from their wigs and internal turmoil. Having lived with Alopecia for over 40 years myself, I have wholeheartedly adored reading her publication, both making me laugh, and even learned a thing or two. Wonderfully written Ok, therefore I am biased! This publication was written by my aunt. I used to brush her very long hair when I was a little lady and after cosmetology college I used to provide her perms and haircuts. I would definitely recommend this book to anyone who's bald by choice or various other reasons. You are beautiful and you ought to be pleased with who you are, simply the way you are... Lives around the world are happier today because of Pam's publication and her generous posting of resources..not because she actually is bald but because she has such a wonderful personality and an infectious laugh that draws you to her. Enjoy her phrases and when you ever meet her, you too will become enveloped into her globe. I'd suggest this For those who have experienced baldness that is a great read with a lot of different scenarios covered..empowering to freedom This book is well written, with great information when it comes to Alopecia Areata to Universalis. not really seeing a bald female, but an interesting, warm, loving person you want to be around, who makes you feel accepted and loved no matter what! Even though you don't suffer from an illness that causes ... Even though you don't suffer from an illness that causes you to be a bald woman, you need to read this publication. Not merely does it speak to the courage of these women, it makes you recognize how society is okay with bald men however, not for women. These ladies are beautiful without their hair! Alopecia? You're not alone. Pam Fitros is here now. Boldly Bald Women is a most inspiring publication. The primary theme is Alopecia, hair loss and baldness from the woman's standpoint... but it is indeed much more than that. Also, it was just lately that bald males have been socially acceptable. Through interviews and personal experience she's woven together info to enlighten and uplift both person with Alopecia and the ones who support them. NO.. There is absolutely no shame in your baldness, therefore don't hide it! Bald is certainly beautiful! I wanted some real insight about how to handle various situations and see through the stigma of the hair thinning. Because I choose not to wear dresses and be "girly" people often believe I am gay. A great study on the inspirational women who forge ahead with uncertainty and reduction. Yes we've come a long way and now we're boldly placing a fresh standard for beauty. Seems like Pam has a grudge and in addition please stop belittling ... The book was simply okay. I wasn't thrilled with all the history of how males controlled ladies. I am a female who doesn't suit the "regular" mold and even though I have my hair, I have often received equivalent treatment from the public as the women described in this book. Seems like Pam has a grudge and in addition please end belittling your "little Greek" spouse. And I didn't need anyone else informing me how people hardly understand the hair loss and make you feel worse about it. You'll have to buy your personal. I was searching for a truly inspirational message to create me feel better. Additionally it is well written and provided, you can't borrow my reserve. Beautifully well crafted and inspiring. She actually is a one of a kind woman -strong and loving and accepting of most people... You don't have to be serious because you're bald. Organizing thoughts and assisting others are Pam's genius! Pam Fitros wrote a letter to all or any of us, put it in a publication, named it Boldly Bald Ladies and still left it here for grab. This can help women reading the book understand why we are "supposed" to be a certain way if you want to "fit" into

society but I felt the reality were blemished with feminist ideas that didn't really fit with the purpose of the book. Pam Fitros uses her connection with alopecia to encourage various other bald ladies to both become and acknowledge themselves as beautiful. I specifically appreciate that she included testimonies from several other Alopecian Sisters of most age range who told their tales, both the good and not-so-good experiences that formed them into who they're today.. Pam writes with compassion and wit, enlightening the pathways of tales shared from ladies with alopecia all over the world. As someone who does not have alopecia I came across this book enthralling. Need to move on. For Alopecians and Non-Alopecians Every woman facing hair thinning must have this book! People could be so judgmental which book does an incredible job of saying it's alright to just be you. She is usually the sort of person who sticks out in a audience. Missed the tag! The reason I didn't give it a full five stars is basically because I came across it rather male bashing. I understand the necessity to describe the reality of how our culture treated women and just why specific stereotypes exist. Not really a "feel sorry for me" kind of publication, but upbeat, humorous, and instructional.Pam's character shines through her words which are funny and serious, globally inclusive and insightful. I recall staying with my grandfather onetime and I stated "grandpa your a rockstar". Inspiring, informative, and thought provoking Pam Fitros tells her tale of coping and triumphing over hair thinning in a warmly personal way, and includes the voices of many other who have similarly suffered and succeeded. After reading this book, as a woman who is not bald, I have already been requesting myself the issue in the book blurb- "Is my hair holding me back again? Her section on the annals of the many eras in which women experienced their heads shaved as a means of shaming them was enlightening, as was her debate of the billion dollar hair care industry that desires us to identify our self-worth with how great our locks looks. "



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