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*The Ultimate Guide for Natural Healing and Remedies*

# NATURAL BABY— HEALTHY CHILD

Alternative Health Care Solutions from  
Pre-conception Through Childhood

*From Allergies to Autism, Asthma, Ear Infections,  
Colds, Flus, and ADD/ADHD*



**Murray Clarke, ND., D.Hom., L.Ac.**

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## Natural Baby - Healthy Child



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From allergies to autism, asthma, ear infections, colds, flus, and ADD/ADHD, *Natural Baby?Healthy Child: Alternative HEALTHCARE Solutions* is the ultimate guide in natural healing and remedies for your son or daughter. The underlying causes of these chronic disorders consist of our polluted environment, processed foods and diet plan, sedentary way of life, and misguided allopathic/pharmaceutical medical treatments. Why? Murray Clarke presents a wealthy range of options for both stopping and healing a number of health worries in an in depth but easily and quickly referenced design. The last 40 years have shown a global epidemic rise in kids suffering from poor health and chronic health issues. It is crucial that you protect your child from anything that can obstruct or compromise their growth and advancement, while supporting and enhancing wellness from within. Drawing from a number of disciplines, Dr. And what perform you, the parent, should do to protect your child's health in today's globe? From pre-conception preparation to pregnancy, to the baby's first season and on throughout childhood, *Natural Baby?Healthy Kid* is an essential medical road map that will help you keep your son or daughter firmly in relation to robust, long-term good health and the realization of the full potential of body, mind and soul. These choices include diet plan, environmental detoxification, dietary supplementation, and holistic modalities including homeopathy, naturopathy, osteopathy, chiropractic and acupuncture.



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Order this book! Murray Clarke is a holistic medical phenomenon. I was his patient years ago when I lived in Los Angeles on the beginning of my trip into organic wellness. Clarke. Clarke in person as a kid. He worked well miracles in her existence which still affect her wellness today. I have deep respect for and trust in Dr. My right now pregnant daughter was fortunate to be able to see Dr. Informative. It enables the parent decide, which I like. It offers reasons why people should not vaccinate, but offers advice on how to proceed if you opt to vaccinate to make sure your son or daughter's body can deal with it. Full of Helpful Information Appreciate the book. Thorough and well communicated.!

Recommend to all or any parents new or not really. Murray Clarke can be a homeopath and naturopathic doctor - a gifted and intuitive healer as well as someone well-schooled in the tried-and-tested science of natural healing.!

A must book for parents Easy to read book that will help parents make helpful, educated decisions regarding their child's health. So good, I purchased it mainly because a baby shower gift I believe every new parent should read this publication, especially the chapter on vaccines. A great place to start for new moms. Better alternatives and tips for raising your son or daughter in probably the most healthful method. Recommended to all parents! He was the main one who diagnosed me as lactose allergic and intolerant, and began assisting me to address my allergies from a natural healing perspective. A book not to lose out on This book if very informative and provides you the real information to help make the right decisions for your childrens upbringing, super easy reading. Very basic If you already have an excellent basic knowledge of health/ clean living you most likely do not need this book (at all). Dr. Murray Clarke is usually an educated authority on organic wellness and alternative medicine Dr. Must Have! This reserve contains sound, practical information.!



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