



Coming Home to Yourself

*Eighteen Wise Women
Reflect on Their Journeys*



PATRICIA GOTTLIEB SHAPIRO

Patricia Gottlieb Shapiro

Coming Home to Yourself: Eighteen Wise Women Reflect on Their Journeys



[continue reading](#)

Their moving stories of self-discovery and empowerment will inspire women of any age to continue their quest to find their own authentic house. The diverse, multi-cultural group of females featured in this reserve are vital, resilient, and continue to develop. Pat Shapiro can be an award-winning author who has created or co-authored seven other nonfiction books. No matter what their culture, religious beliefs, lifestyle, economics or personal challenges, all the women attained the same inner destination: a location within themselves of comfort and ease and familiarity, of harmony and wholeness, and of acceptance and love for themselves. "Coming Home to Yourself: Eighteen Wise Women Reflect on Their Journeys" by Patricia Gottlieb Shapiro honors the changing encounter of aging and shatters stereotypes about older ladies. They will have all experienced a turning point later in existence, which includes brought them home with their deepest selves. She has a master's degree in sociable work and specializes in writing and speaking on women's issues, midlife and friendships. She is a broadly sought lecturer, writing coach and yoga teacher.



[continue reading](#)

Each story something special." First, she introduces each woman giving a bird's vision view of that individual's journey. In this new reserve, we've an insider's view in to the lives of eighteen remarkable women--women exactly like us--who are learning to be and become all that both aspire to be, as, in Pat's words, "they get back to themselves. I am hoping women (and males) of all age range will read this publication. Each Woman's Story something special! While there is no blueprint for ageing, the examples given of females trusting themselves affirm the fact that life can be deeper and fuller than we ever could possess imagined several decades earlier. Yet within these varied histories we visit a common thread--that no matter what our differences, it really is our willingness to explore the recesses of our getting that brings us home. The ladies Shapiro has chosen represent a wide spectrum of experiences, religions, interests and viewpoints. Some of these women discover their path over years of trial and error. Others are caught short by a loved one's illness or an accident which leads to a reversal in the way she views her life. Pat Shapiro has provided us a lovely, insightful publication that bears witness to the daring and vitality of the women. And even more reassuring (validating) is the fact that I know that I'm not by yourself in hearing my heart. Very inspiring stories from a wide range of women all of whom have observed a coming home to themselves. A heartfelt thanks to Pat Shapiro and the 18 females featured in this beautiful reserve! In these first-person stories of ladies who are leading complicated and meaningful lives within their 60s, 70s and 80s, Shapiro probes the dark instances in a woman's lifestyle in addition to her courage and willingness to re-invent herself. Each woman confronts a turning point--or many of them--and makes a commitment in mid-life or later on to something that expresses her truest personal. The poet David Whyte wrote: There's only one life you can call your own and a thousand others you can call by any name you need. Each of these women has claimed the life that is truly her own. But in reading these stories, I learned there is absolutely no "right" or "wrong" way to come home to myself. This publication inspires the reader to inquire: What may I do to more completely claim my own existence? Because these women are willing to share their deepest selves, they present us the value of introspection and how, even later in life, the courage to try something brand-new can result in fulfillment and joy. Pat and Steve Kutay a book that provokes in addition to inspires Pat Shapiro has taken on a little-understood and invigorating subject: The real lives of women older than 60. The opportunity to share in the non-public hardships and triumphs of someone's life can frequently be a deeply rewarding experience. And Coming Home to Yourself is not any exception. In this publication we get to hear the tales of 18 incredible women who have come forth with great honesty and wisdom. Each tale is one to savor. A Publication for Women of All Ages Pat Shapiro has done different things in "Coming Home to Yourself. In today's culture where the link to our elders is definitely often missing, but very needed, this reserve is crucial. This mix of narratives draws in the reader, assisting her feel she actually is having a personal conversation with each of the eighteen women in the book. It has revelations, insights, and inspirations for all of us all. Coming Home to Yourself Pat Shapiro has been composing on women's issues for more than twenty years. With each of her books, her insights possess deepened enabling us to talk about through her composing our very own changing concerns as females. Then, she enables the women--many of whom are gifted writers in their personal right--to tell "in their own phrases" what brought them home to themselves." Their stories offer an inspiring journey for women of all ages seeking a more meaningful and genuine life. In an era of so much doubt and misunderstandings, it is a delight to get an affirmation for the unfolding procedure for our lives. Lorraine Schechter, artist/poet and writer of The Seasons of Yes: Poems and Images The Months of Yes (Collector's Edition) great book club recommendation Pat Shapiro's reserve presents eighteen different women from various different backgrounds, lifestyles and cultures, that makes it fascinating. Because of the issues the publication raised--aging well, staying essential, and finding our true home--it would be a great read for book clubs. I could see parts of myself in lots of of the women's tales, so it gave me a lot to think about for myself. I've suggested it to my book club of 30 years because I understand it will stimulate a fascinating discussion. Very Inspiring! Females of any age will find inspiration and guidance from the types of these fellow-travelers. A welcome browse!



[continue reading](#)

download free [Coming Home to Yourself: Eighteen Wise Women Reflect on Their Journeys](#) e-book

download free [Coming Home to Yourself: Eighteen Wise Women Reflect on Their Journeys](#) mobi

[download free Building Bridges through Sensory Integration, 3rd Edition: Therapy for Children with Autism and Other Pervasive Developmental Disorders fb2](#)

[download free Temple Talks about Autism and the Older Child](#) ebook

[download free Stand Tall, Don't Fall: Improve Your Strength, Balance and Posture](#) ebook