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It's Haircut Time!



How one little boy overcomes
his fear of haircuts

by Michele Griffin, OT

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Michele Griffin

It's Haircut Time!: How one little boy overcame his fear of haircut day



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He learns to handle his concern with the barber, and even maybe like it just a little! Michele Griffin is no stranger to “picky” kids, having spent seven years as a pediatric occupational therapist dealing with children who have been extra delicate or had sensory issues. Go along with one nervous small boy, mainly because he faces a day time he DREAMS? haircut day! He hides under the bed with fear in the beginning, but by the end, he has learned that it’s not so frightening. Griffin created this tale to foster communication, tolerance and understanding between adults and children.



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Mom's best device to obtain a toddler set for a hair slice! So my child would kick and scream going to get yourself a hair cut. He's almost four and NEVER got used to heading. I think, for the purchase price, I expected even more durability. You can be too. Important thing: if your son or daughter's problem with haircuts may be the sensory experience of the cape, tickling, slicing sound, etc. I also bought him a play dough locks cutting toy to complement. I found that the two were a good combo for hair reducing. Great I am in Occupational Therapy Assistant and got this publication to use in my sessions. Cute, but it made my 2-year-old a lot more reluctant to get his haircut. It's ok I purchased this for a child with a concern with haircuts who has autism. It appeared to actually make it worse, unfortunately because it specifically named the things the character in the story finds unpleasant about haircuts. I must say i wish I could find even more books such as this that acknowledges the fears and discomforts of fresh experiences such as this (for example, doctor and dentist visits) rather than just trying to paint a rosy, unrealistic picture of uncomfortable situations. The answer in the book is usually a visualization technique the boy in the tale uses, imagining pleasant things in his mind's eye during the haircut, in order that it passes quickly. My child is not yet developmentally in a position to possess an imaginative sequence that can overpower the truth of seated in the chair. Good Book for All Children and Parents As parents we have all experienced taking the kids for haircuts and experiencing a few of the same emotions. We've a book about likely to the dental practitioner that took that strategy, and it was much more effective with my son. We've had some good conversations which have helped my boy overcome his fear, but this book had not been the tool I hoped that it might be. It gave him equipment to cope with his anxiousness in a kid friendly way. I also believe this book is way better for a kid who's maybe at least 4. this book could be effective. Cute images, but I bought this book to help my 2 year-old son overcome his fear of obtaining his haircut. The book is okay, but I really wish it acquired a far more positive spin to reassure kids. I really do think it offers helped him with processing his emotions though. I acquired hoped this would be more akin to a social story. Perfect for processing negative emotions about an uncomfortable situation My 2 year previous son loves this book! He requests it frequently, and I could see he really relates to the main character. It's a cute tale but the book is quite flimsy. Did not work very well for my kiddo who still fears haircuts. My child hadn't thought of most of them, but because of the book, right now he's got new reasons to fear haircuts. My child has sensory issues therefore if it helped him I believe it could really help anyone! I love it! It allows for great conversation topics when you need to get a kid talking or if you want to introduce a youngster to haircuts! It's all paper and easily torn. It wasn't a magic wand to getting him to like haircuts, that i wouldn't expect any publication to be. After checking out reviews I believed, what the hell, I'll try out this publication and boy am I thankful. It's all paper and very easily torn. I'd hoped the book might focus even more on the kindness/helpfulness of the barber or the procedure of the hair lower and why. This is a great book for parents and kids to read, as they can all relate. Awful This book says all the things about haircut which are bothersome. Therefore reading it to my son who hates haircuts just reminds him why he hates it.



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