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Navigating *the* Social World



*A Curriculum for
Individuals with
Asperger's Syndrome,
High Functioning Autism
and Related Disorders*

Jeanette McAfee, M.D.

FOREWORD BY DR. TONY ATTWOOD

Jeanette McAfee and

Navigating the Social World: A Curriculum for Individuals with Asperger's Syndrome, High Functioning Autism and Related Disorders



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Dr. McAfee covers how exactly to: increase communication skills recognize and cope with emotions recognize and prevent stress develop abstract thinking skills address behavioral problems s Own Emotions Communication and Social Skills Abstract Thinking Skills Behavioral Issues Pediatrician Jeanie McAfee originally created this user-friendly social curriculum on her behalf girl Rachel, who was diagnosed with Asperger's at age 10. Since then, it has turned into a staple for parents and educators. Tasks are divided into small methods, repeated until they're mastered, then generalized. Helpful handouts, templates, and forms will help maintain teachers and learners on the right track. Helpful sections include: Recognizing and Coping with One' It addresses probably the most urgent problems facing people that have Asperger's Syndrome, high-working autism, and related disorders.



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CHILDREN MUST BE HELPED TO OVERCOME THEIR Bad THINKING. THE LESSONS IN THIS BOOK WORK. ONLY POSITIVES MUST BE THE FOCUS. WE'VE UTILIZED THEM ON NUMEROUS OCCASSIONS WITH GOOD RESULTS. IF YOU NEED TO MAKE USE OF THE LESSONS, YOU HAVE TO BE PATIENT AND KNOW THE Methods IN LEARNING, DEVELOPING AND PRACTICING A NEW SKILL UNTIL IT BECOMES A HABIT. It's a really helpful instruction that basically programs all of your lessons, but still offers you freedom for creativity.. It's an extremely helpful guideline that basically plans most of .. tHIS TAKES TIME. Some concepts have to be modified for different age groups, because some of the activities could possibly be out of some individuals' understanding. I love the book I really like the book. You can find clear guidelines and goals for each program and the activities are an easy task to implement with students.



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