## Revised and Expanded 2<sup>nd</sup> Edition

What Does It Mean To Me?

## A Workbook about Self-Awareness and Life Lessons for Kids with Autism or Asperger's



- Sections for Older Readers
- Chapter on Understanding Happiness

## by Catherine Faherty

with a foreword by Dr Gary Mesibov Former Director of TEACCH **Catherine Faherty** 

Autism: What Does It Mean to Me?: A Workbook Explaining Self Awareness and Life Lessons to the Child or Youth with High Functioning Autism or Aspergers



I bought this reserve when my child was diagnosed and got a copy for a friend who wanted a visual help to talk to her son about Aspergers. I'm always hesitant to get books such as this because I'm afraid they will not be Autism-positive. I have frequently used these with students in counseling. I especially love that the publication is focused on the Autistic community! The illustrations at the beginning of every chapter are beautifully completed. Like other reviewers, I loved this reserve and wish I had gotten it sooner for my now 10 year old son with gentle autism. As an Autistic mother or father of an Autistic child, I think this book should be in every Autism family and professional's library! That is an incredible resource for families and learners and teachers, and have incredibly helpful handouts to provide that give good instructions and recommendations. This is an incredible resource for families and students and teachers I' ve the other book, What Will Asperger's Mean IF YOU ASK ME, and have purchased that certain about 4 instances in my own career as a school psychologist spanning 14 years, because it keeps getting stolen. Catherine Faherty has done an amazing work of earning this book very Autistic friendly and incredibly positive. It will be Very useful if the reserve were reproducible with a number of the forms, because it is price prohibitive to use this as an intervention if you have to buy this huge book for each and every student, and they may not necessarily need all the modules. Five Stars Excellent workbook, highly recommend Sure wish I had known about this book sooner. The publication is broken down into chapters covering topics such as for example school and close friends, and includes a section for youthful kids and older children. It can help give him a tone of voice and helps me among others understand him better. He's in a position to communicate what triggers anxiousness and includes a better understanding of himself. Also, he realizes now that there are other children like him. Five Stars Item just as described, book precisely what we needed for our child. I didn't realize how badly we were handling this until we read this. We have already used a few of these guidelines and have prevailed. Inappropriate for young adult There was language in the product description indicating this book would be appropriate for a adult but I can't perhaps give this to my newly diagnosed 22 year old. Using its gigantic type and superficial metaphors, he'd perceive it as a monumental insult. Had it in the past but let somebody borrow it and never returned it. I'll observe if Amazon will need it back so someone may use it as intended, a very productive book... by far the very best publication ive seen(and had) that is a workbook for autism spectrum. It does not "label" but clarifies strengths and weaknesses alongside many suggestions on things that might help. So glad I have the updated version! if a grown-up on the spectrum, it still assists, and the parent sections can help with coping skills and ways to make each of your times better, and yes it can be distributed to that person who is able to advocate for you personally, or the person who is there to greatly help (like a therapist), or you dont need to present it at all to anyone. Filled up with so much helpful details... I got this publication for my 9 12 months old who has mild autism. So far we love the publication since it helps him understand what it means to possess autism and explains that it's not something negative. It has more comprehensive reading for older kids/teens aswell so that he can look back at it as he ages. No two children on the spectrum will be the same. She appreciated highlighting and we sat together while she did it therefore she could describe stuff to me as she went along. I actually got an inkling that she has an unusual type of OCD that had not been really apparent daily but was stressing her enough for us then to seek help with. Then they look indistinguishable. My child could have utilized this from about age group 6 or 7 but she is very literary - probably more like 9 or 10 for most AS kids? user friendly, yet extremely insightful and offering the needed help and understanding that is required to communicate and understand behaviors, and to express oneself. I like just how that that Aspergers is presented in just a matter of truth way - very suitable for someone with a fresh diagnosis. Whilst the timetables, check lists, single step tasks, office at home, what completed means etc is guite basic for those of us who have lived with AS it is very badly understood at mainstream institutions in our experience. The training chapter should be compulsory reading for all teachers with an AS child in the class. It is a bit irritating to use the term Aspergers in the title and go for autism completely the book but so long as you explain that Aspergers is part of an autism spectrum which means that your kid understands why I don't view it as a significant issue. Must have for parents and teachers! Each chapter has a part for the child in workbook style - they are able to either compose or highlight the bits which are pertinent to them - and a far more detailed part designed for older children , carers and parents which is more related to what you can do to help.The only real problem is the length of it - it is off-putting to all however the most devoted mainstream teacher. Can

I tell you about Asperger syndrome by Jude Welton is usually a tiny little thing and even though not nearly as good as this book teachers seem more inclined to look into in my experience (sadly). Where are you? I liked it thus much, I presented it to my daughter's Exceptional Children coordinator to move around to her teachers! Very easy read, practical in is definitely applications and instruction. Most helpful book on autism I've found so far. For me, really the only difference between HFA and AS if somebody with HFA becmes fully verbal is the age at which speech is acquired. Well done! This book is fantastic! I have no doubt this is a marvelous resource for children and their caregivers, so the 1 superstar refers only to my unfulfilled wish of finding a book for our situation. its really not really limited to just parent and kid. Super helpful. No two children on the spectrum are .. Don't allow the price scare you away - that is a book that you and your family can use collectively for years! Super helpful, top of the list of asperger books to get I learnt a lot out of this book - not really from the bits intended for adults although these were useful for those that work with my 10 year outdated kid - but from the bits she filled in. Find out just what works for your child. Mine loves the "quizes". Tool for helping child understand autism This is a great workbook for a child on the autism spectrum. It will help her or him understand themselves. A few of the tips have been truly helpful, such as how to approach feeling upset (communicate on paper, no eye contact). Great book!!' m generally hesitant to get books such as this because I' m scared they' II not be Autism-positive I purchased this book on the suggestion of a friend of mine and it is everything that We expected it to be. So far we love the book since it helps him understand what it . Terrific book!



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