



WHAT I WISH I'D KNOWN ABOUT  
**RAISING A CHILD**  
**with autism**

A MOM *and* A PSYCHOLOGIST  
OFFER HEARTFELT GUIDANCE  
*for the* FIRST FIVE YEARS



**BOBBI SHEAHAN AND**  
**KATHY DEORNELLAS, PH.D.**

Bobbi Sheahan

What I Wish I'd Known about Raising a Child with Autism: A Mom and a Psychologist Offer Heartfelt Guidance for the First Five Years



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They candidly deal with ASD issues such as for example: Picky Consuming Bedtime Battles Potty Schooling Speech Delays Self-discipline Early Intervention Sibling Rivalry And much more!D., did not write this publication to lecture you on how best to parent your child.), to the self-righteous mothers on the playground, to keeping your marriage jointly and the realm of routines. Instead, they offer themselves as your scouts in the field, who've valuable information to share from the second you understand your kid differs (My, what a noiseless baby I've!Bobbi Sheahan, mother of a child with autism, and psychologist Kathy DeOrnellas, Ph.



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Wonderful insight! The writer is candid, witty and humble in describing the good and the bad of family life with an autistic child. She also sprinkles some great comments and tales from other parents throughout the book and offers the added reward of professional expertise from Kathy DeOrnellas, Ph. Coping Wisdom 101 for parenting special kids!!! Boxes of the books should be obtainable in the offices of pediatricians, pediatric neurologists, developmental pediatric doctors, family members counselors and any other places that couples will walk in to seeing that confused, hopeful, concerned parents and leave with the life span they thought these were living falling to parts around them. What you hear in those offices is often a dire prognosis like the information shared with my husband and me while our 2 year outdated slept in my own lap -mental retardation, may reach function level of an 8 season old, etc. Never does Bobbi claim to learn a fool-proof method for parenting your ASD child ("If you know one young child with autism, you know one child with autism"). I couldn't even stop crying. That is the moment someone should have put this publication in my hands and explained to have my cry but move on and live my brand-new life. This is the many honest and comforting reserve I have find out about accepting the special needs diagnosis and running with it! (I am currently coordinating a financing library because of this publication among our eager family members. This remarkable book from a mother who has been there is pitch perfect guidance on how best to navigate in this very foreign land that none of us expected to inhabit. Rare find I stumbled onto this original book while browsing through the "notes from alumni" portion of the Oral Roberts University alumni magazine. What I Wish I'd Known about Raising a Child with Autism The author of the book graciously welcomes you into her home, her life and allows you to observe her struggles and her victories. The book is filled up with real life encounters thus far in the family's existence. Additional comments from various other family members are included with the stories. As a mom, I was inspired by the author's love of her children and her desire and dedication in understanding and looking for ways to help them. "I am not the only one. Her remarks are set aside in gray shaded type and so are very enlightening. That is complemented by the opinions of her child's psychologist, which I think the doc will an excellent job of explaining basically a lot of the issues that children on the spectrum possess and possible methods to deal with it. What I found most amazing was the quantity of love and patience that's present in the pages. This publication would be a actual encouragement to anyone currently raising or living with an autistic child. The author mentions the possibility of another book as things progress in her daughter's development. Any additional ASD literature I've encountered was simply too technical or aloof to end up being comforting. Incredible I've just finished reading this emotionally honest, humorous and poignant publication! WOW!!!Although I couldn't imagine the roller coaster of emotion's of Bobbi and Ben's daily lives they help to make it sound very easy.Whether you find out anyone that has a child with Autism or just to want broaden your horizon and step out of your safe place this is essential read book! They will have faced this challenge of raising their Girl with faith, like, humor and a determination to see her succeed. Among this book's greatest gifts to the reader can be REASSURANCE: You're NOT imagining this; Superb! Bobbi Sheahan, the primary author, is an ORU graduate who's currently raising her 6 year old autistic daughter. She shares much that's useful, supportive and smart specifically to parents of a child with an Autism Spectrum Disorder (ASD).These pointers and ideas aren't stuffed down your throat but carefully served on a platter for your choosing. Writer, Bobbi Sheahan is obvious that this is what has worked for her up until now and every child is different. The only topic they protected that I didn't experience was well managed in the book was factors behind autsim. "You will figure out what works, so when it stops operating, you will find out another thing. Start believing this as well as your world will change." Her mild encouragement and believed provoking queries are guaranteed to help you find your personal path upon this challenging journey.This author writes with a wonderful sense of humor despite the serious subject material covered so anticipate to smile. . D. whose remarks provide parents with an expert's perspective on issues such as elopement, potty training, various types of therapies, diet plan, sensory issues and much, a lot more.This

book is a wonderful affirmation for parents. Those that pick it up will never be in a position to keep their mind from nodding along or backwards and forwards in contract or acknowledgement - confirming thoughts that they had or circumstances they experienced with a feeling of relief that, phew!, the co-author, who's the child's beloved psychologist." Or "I am not going crazy." To put it simply, this is essential read for anyone who is touched by Autism. In order to better survive your personal journey with Autism you need to take this 250-page journey with Bobbi Sheahan and Kathy DeOrnellas, Ph D. This book was helpful in getting me started on the road to better knowledge of Autism and the autism spectrum. I learned so very much about autism - and yet it didn't feel just like a chore. A straightforward, entertaining and incredibly funny (at times) read, yet insightful and educational throughout. I adored every second of this book and will be going back to it when I need a helping hand! Finally . Whether you are just studying Autism or if you are an expert on the subject, this is actually the book for you! Heartfelt, honest, humorous and intensely helpful, Bobbi has a writing style that makes you feel you are seated there with her drinking a cup of coffee and discussing her journey. I would suggest this publication to everyone that interacts with autistic children. This book is similar to a supportive and funny friend. I have thoroughly enjoyed reading this reserve. It's like sitting down to chat with an excellent, supportive friend. Rand Southard M. While I can see this book because so many good for parents of small children just undergoing diagnosis, it will be a great read for more capable parents along with they can identify with many of the situations. This book was helpful in getting me started on the path to better knowledge of Autism and the autism spectrum I found Bobbi Sheahan's book both helpful, inspirational and an enjoyable read. Loved It! The matter that really models this book apart will be the comments created by Kathy DeOrnellas,PhD. I appreciated reading this book. . Bobbi Sheahan is a guest speaker in us . This is obviously a very controversial subject and to date we are still very definately not identifying the sources of autism.. Bobbi Sheahan is a guest speaker at our Family Camps for quite some time. Bobbi's from-the-trenches candor in conjunction with Dr. Great book recommended even though you don't have an autistic child I always love to read books by various other parents of kids in the autism spectrum. On the other hand, some of her most memorable and heart-winning stories recount embarrassing mistakes in motherhood which are just funny in retrospect. You would do well to possess a copy on your own shelf! There's sage suggestions, humor, information, and a lot of encouragement and reassurance.Ed. Charis Hills Camp Amazing and just what I needed! My 2 year older child was recently diagnosed and while we were waiting in all his therapy appointments to start out up We picked this reserve up and I'm so happy I did so! Another fantastic value of this book is usually its readability for outsiders: non-immediate family, teachers, swim instructors - anyone who interacts with your kid and could reap the benefits of understanding his/her neurological distinctions. Every topic or problem you may face is in right here and everything is indeed honest and true you can't help but laugh and perhaps cry a little! Highly recommended! My husband also asked me to learn some chapters to him he was interested in! Of course, I've several real friends I can share tales with, but being truly a bookish person, there's simply something comforting about reading a publication about it. This is a book where the author narrates her encounter with her very own child's analysis and the process they proceeded to go thru and their learnings about autism. The reader can gain professional insight into the behavior that is being decribed in each family experience. As Bobbi continues on her behalf own journey it is apparent that she will continue to explore what works best for her child as she encourages you to do the same.. We've given copies of her publication to participants and had only positive knowledge! DeOrnellas's plain-spoken medical commentary lead to a perfect mixture of empathy and education. You possess the right to laugh; A good book to read if your son or daughter has been diagnosed My child was diagnosed a bit more than this past year, I think this might have been an excellent book to read when he was recently diagnosed." Books like this remind me how accurate this is. There is a favorite quote in the autism community: "If you have seen one child with autism, you've seen one young child with autism. My boy is very not the same as Sheahan's daughter Grace.

Grace doesn't chat very much, but she's a whirlwind who's regularly breaking something just for the sensory fulfillment. My son is normally hyper and talks continuously - and loudly - but he's mellow and extremely cautious. He by no means tore items up and he hardly ever broke things. Many times I wished he would so I could dispose of those playthings he was so attached to, but got "outgrown". Reading books and blogs by various other parents reminds me that so many behaviors that I've grown familiar with (rather than infrequently annoyed by) are things that he can't control. Like becoming distracted by his small brother singing or producing a sound. "Just ignore him," I say. "I CAN'T," he informs me. So engaging, so encouraging What I Wish I'd Known is the first reserve on ASD (Autism Spectrum Disorder) I am able to go through from cover to cover. I will look forward to reading more heartfelt assistance from someone who is actually "in the trenches". She is entertaining, knowledgeable, and the initial hand experience is certainly invaluable to parents struggling and at the start of the diagnoses knowledge. (Did you follow that? That was my 1st rodeo and I got no questions because the doctors had already foretold my little boy's future. Her publication is really as thorough as she actually is in person. Hopefully you will have gained a sense of empathy for parents of Autistic Kids! Your child IS particular; You have the right to cry;) It helps me feel like someone out there understands. You possess the right to attain out and get help - and you also MUST. It's just what my family needed! We know our child better than any doctor can and it requires courage to do something on that realization.



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