

Foreword by  
**TEMPLE  
GRANDIN**  
Ph.D.

"Jennifer's book provides lots of **SPECIFIC** examples of how to teach important skills for daily life."

— DR. TEMPLE GRANDIN,  
from the Foreword

# How to Teach Life Skills to Kids with Autism or Asperger's



**JENNIFER McILWEE MYERS**  
Aspie at Large



Jennifer McIlwee Myers

## How to Teach Life Skills to Kids with Autism or Asperger's



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No matter how high-functioning children with autism or Asperger's may be or may become, they function better as adults if they've had the opportunity to learn basic abilities, from being promptly to great personal hygiene. It's accurate. In the real world, people on the autism spectrum need the same kinds of day-to-day skills everybody else must be functional! Many reach adulthood without those skills; enter Jennifer McIlwee Myers, Aspie most importantly! Co-writer of the groundbreaking book *Asperger's and Ladies*, Jennifer's personal knowledge with Asperger's Syndrome and having a brother with autism makes her perspective doubly insightful. Jennifer's simple and humorous delivery could keep you eagerly turning the web page for her next creative alternative! Jennifer can demonstrate how to: Create possibilities for children to understand in natural configurations and situations Teach vital skills such as everyday domestic duties, choosing appropriate attire, and being polite Help people on the spectrum develop good habits that will help them be more healthy Improve time administration skills such as for example punctuality and task-switching plus much more!



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Five Stars Great information yet incredibly entertaining! I didn't know what to do. I think in the future I'll just get them this book. Simply my opinion but because her views and experiences aren't fully limited but almost all about her and her family's experiences, it can seem more autobiographical and less based on huge sample than I'd prefer. It helped me understand the way my daughter sees things and how she might act just how she does. It is a lead to how to overcome raising a kid on the spectrum and hits all the most significant topics. So a huge THANK YOU to Jennifer McIlwee Meyers. This book has helped me therefore much. I am forever grateful. Thank you for an excellent book. I've extremely suggested it to every one of my households. Jennifer Mcilwee Myers provides written about probably the most important topics I can possibly think about with this population. This book is written by a woman who had been diagnosed ASD and she's very well versed on explaining everything as well help you understand. Thank you Temple Grandin for insisting that she create this.. Is definitely that I was hoping to learn something more practical, in my opinion is even more memoir and her very own observations. Really well written and incredibly practical.. Some good advice from someone with first hand experience but a bit repetitive and much of the suggestions is obvious. In a few ways that's reassuring however when you have a child diagnosed with ASD you want to get to the heart of the matter as quickly as possible to be able to commence to improve your approach and no time to waste materials in obtaining there. I don't feel that this book has given me much more than I currently knew in the way of helping my child. This publication AMAZING. The publication gave me brand-new insight into our son, and having that perspective offers helped me a tremendous amount, allowing me to become a better parent and advocate for our little boy. Funny, fast read This book is filled up with things that I never could have thought of, and the material is presented in such an easy-to-read style that I breezed through it. Five Stars Good book recommend Four Stars Gave to daughter. Aimed at those with younger kids Our girl was diagnosed on the spectrum as a Freshman in High School this is geared for those with younger children.. I didn't find it ideal for that. This is beautifully written in clear and concise terms that's easy ... I actually had the honor of conference Jennifer earlier this year at an Autism conference and was lucky to get her to autograph my publication for me. This is beautifully created in clear and concise terms that's possible for any reader. Her suggestions are well thought out and are ideal for any parent, teacher, or therapist to try. I recommend this publication to anyone who knows somebody with autism or aspergers.. I look forward to reading more by this author. teaching life skills is such an important section of their advancement. This book gives them the tools they have to become independent and effective! Is an extremely good book. Usually do not misinterpret my 3 superstar rate Is an extremely good book. Do not misinterpret my 3 star rate. (No I am not being paid to create this) Some good assistance from someone with initial hand encounter but a . Thank you for a fantastic book. I've had to teach many a . Not useful for young adults It is probably advice for children, but I was longing for some insights into adults as well... A MUST READ EVERYONE who's raising or working with kids on the spectrum should read this book I am a scientific psychologist who works with children upon the autism spectrum. I have had to coach many a teacher and aid because they clearly do not understand autism. The way to handle things. Five Stars Product arrived while described and delivered promptly. It's lighthearted and funny, and I appreciated seeing life from the perspective of someone with Asperger's. Excellent book Exceptional book, wish we'd had it years back, recommend.SUPER HELPFUL I'm a single mom and my daughter was diagnosed at 15 yrs . old with ASD. Love the honesty. LOL Awesome insights into autism This book is amazing.



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