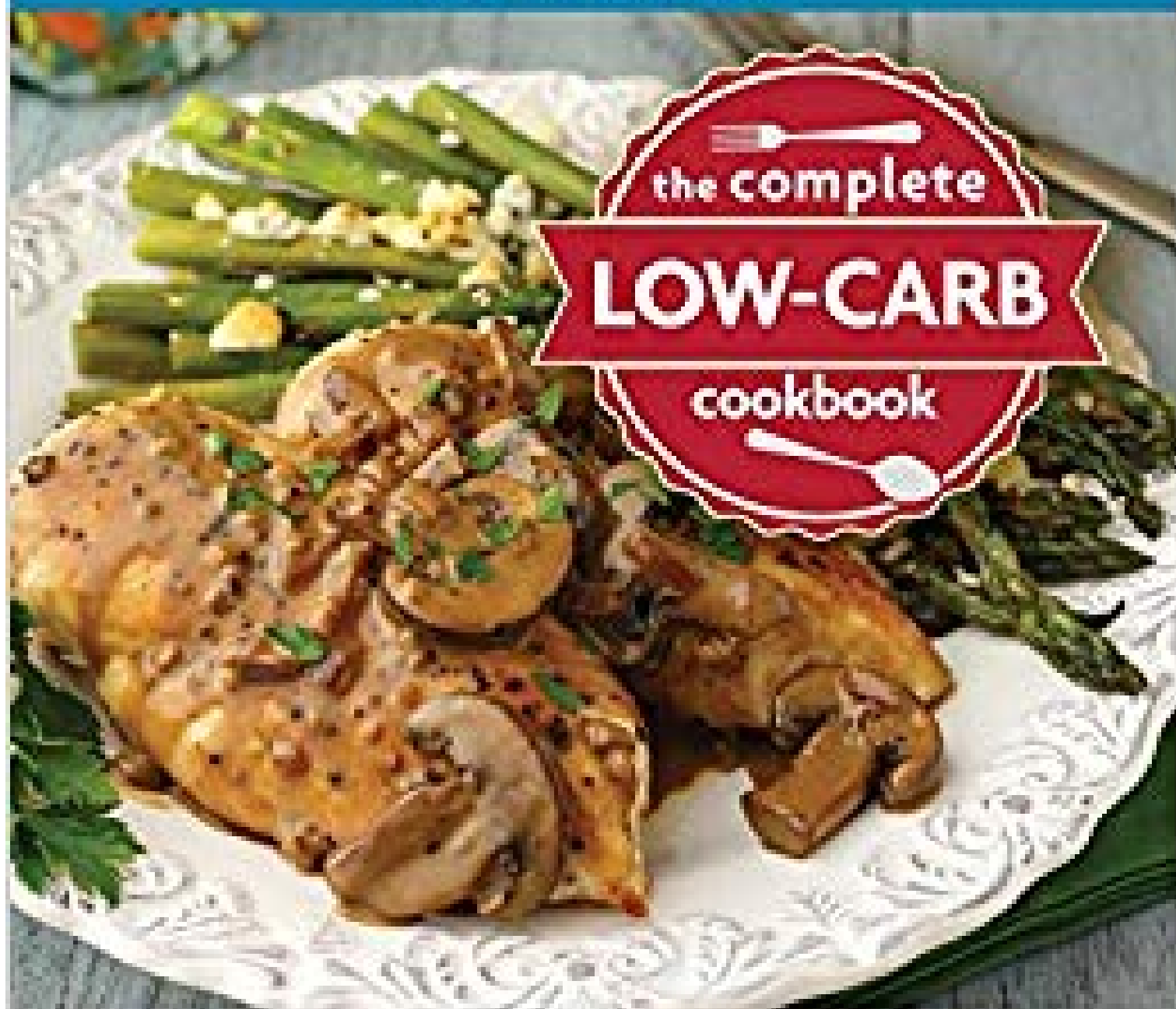


BEST OF THE BEST PRESENTS



the complete
LOW-CARB
cookbook



NO SUGAR ADDED AND
WHEAT-FREE RECIPES FOR ANY
CARB-CONSCIOUS LIFESTYLE

GEORGE STELLA
VETERAN FOOD NETWORK CHEF

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The Complete Low-Carb Cookbook (Best of the Best Presents)



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More than 60 full-color photos will help you present dishes that look as effective as they taste. THE ENTIRE Low-Carb Cookbook isn't just George Stella's greatest collection of recipes, but his definitive word on low-carb consuming. With hundreds of helpful tips, you aren't just following along; you are learning how exactly to use Stella's techniques to reinvent all of your own quality recipes minus the use of processed foods. All 130 quality recipes are made without the wheat or added sugar, making them gluten-free of charge, and great for diabetics aswell. George Stella's Food Network TV show and five bestselling cookbooks established him a the leading authority on low-carb cooking. You are also learning how these techniques helped his category of four lose over 650 pounds.



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