

SCIENCE[®]

BEAUTY BASICS & BEYOND

101 Ways to
Keep Your **HAIR** and
SKIN Fabulous

Patricia M. Hinds

Essence Beauty Basics and Beyond



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and more!." and this information to looking your very best easily demonstrates how. The Essence Beauty Reserve celebrates beauty both on the inside and the outside, and provides step-by-step guidance to the very best hair, epidermis and make-up for the African-American woman. Uncover the how-to on flawless complexions, makeup tones that are ideal for your skin layer tone, natural and relaxed locks, the best locks color for you personally, and other techniques that increase your strengths and minimize your flaws, the traditional looks which will never go out of style.. Every woman wants to be told, "You look absolutely fantastic! From the beauty experts at Essence Magazine comes a must-have book for the African-American woman.



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After reading this book I still experienced to research various kinds of products and have a look at product reviews. A timeless go to resource This book is a good resource for all women of color to have! It also has very useful information regarding taking treatment of your skin layer and taking care of you.! Coffee table book Nice coffee table reserve. Directly on time!! Fantastic publication for women who wish to pamper and feel great about themselves. Five Stars I received it if they said it could arrive, no complaints Essence Beauty 101 "Essence Beauty Fundamentals & Very informative. Four Stars Some pages were coming off. So happy I purchased it. Great learning device. Probably because it's kinda aged and the glue is no longer holding up this book is quite informative This book was very helpful to me since it provided tips on skincare and also how to look after my hair. AN EXCELLENT General Guide This book has a great deal of good, general information. I wanted more out of this book, something I possibly could take to the shop with me, if you will and make use of as a guide concerning specific items I could benefit from. Based on what you are looking for this reserve may or may possibly not be good for you. If you would like specific item recommendations, look somewhere else. Amazing photography of beautiful black women! It's an extremely useful overview without getting as well specific. This was not it. This is a great book with amazing photography of beautiful black women. Then i decided to straighten it in April 2012, but I want to give myself a while before I straighten it again (to be able to ensure that I am carrying it out for the proper reasons). rather than just letting you know what products to use. This book was directly on time. Beyond" by Patricia Hinds is certainly a well -well balanced book that has African American ladies of different complexions and locks textures. I got to get this publication because beauty information for my physical features can sometimes be tricky to come across. My very own physical features and locks texture are because of an amalgam of the following ancestries: Native American from my maternal grandmother's aspect (she actually is a Menominee Indian girl from Wisconsin), Puerto Rican from both my maternal and paternal grandfathers, and African American from my paternal grandmother's side (she was a Black American woman originally from Birmingham, Alabama). This book contains a diverse set of details both for females who prefer to continue relaxing their locks and those that choose to keep it natural. This information is invaluable if you ask me because I was an all natural from 2003-2011. It covers the fundamentals to the complex which can help you understand the why you use certain moisturizers or what locks type you are; I admit that I am still a novice when it comes to makeup, and this book also contains some very nice makeup information.



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