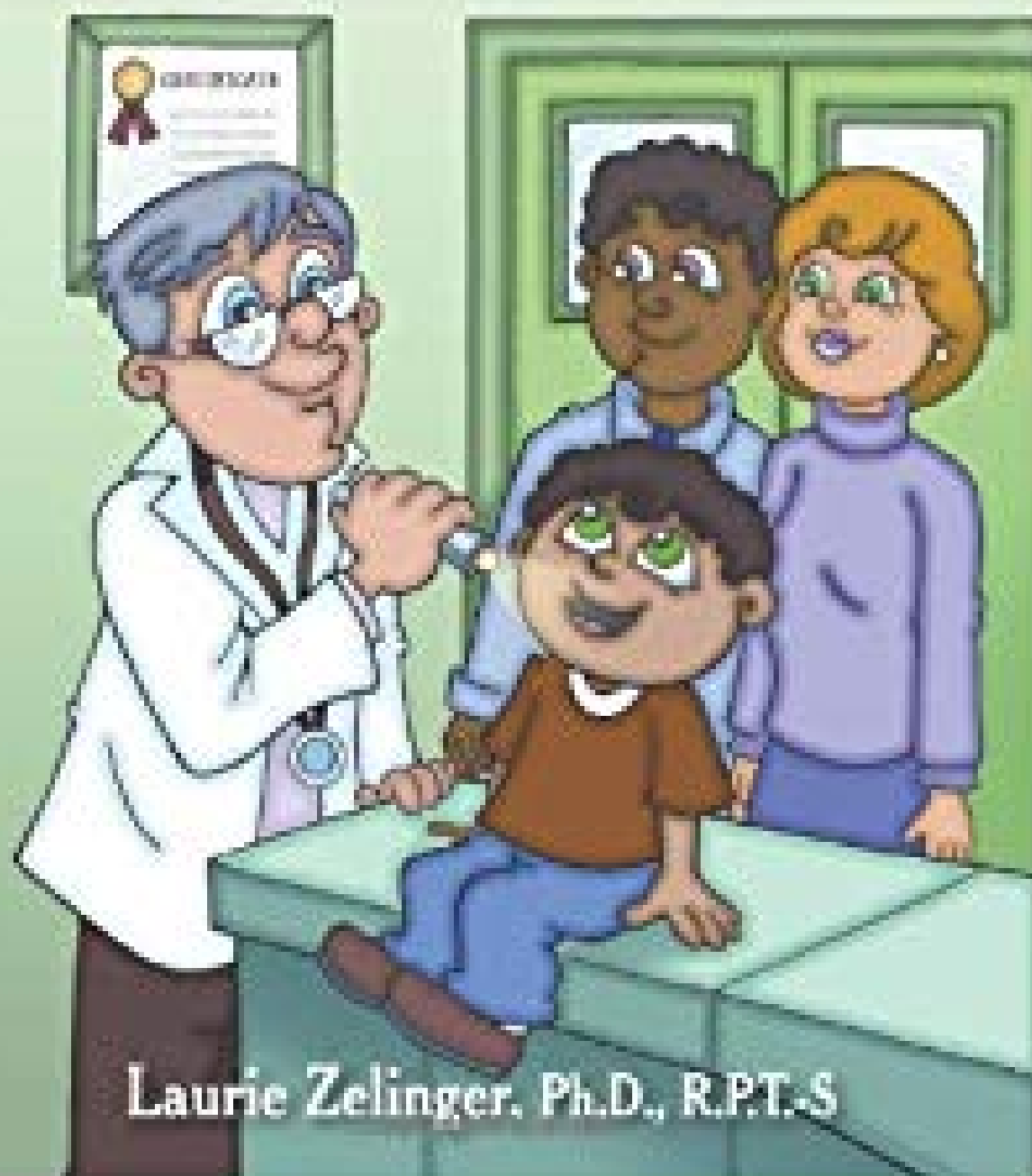


# The "O, MY" in TonsillectOMY & AdenoidectOMY

## How to Prepare Your Child for Surgery



Laurie Zelinger, Ph.D., R.P.T.-S

Laurie E. Zelinger

## The O, My in Tonsillectomy & Adenoidectomy: How to Prepare Your Child for Surgery, a Parent's Manual (Growing with Love)



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This book helps parents understand and organize the necessary medical and emotional components that accompany their child's surgery. Laurie, the bonding encounter it created nearly cancelled out the irritation. Get the facts about tonsils and adenoids in simple terms Reduce your own stress and anxiety about surgery Discover ways to support your son or daughter through the medical and emotional events surrounding the task Get rid of the mystery regarding what to say to your child Uncover the sequence of events before surgery and how to prepare for them. Discover what you must have in the home while your child recuperates Become confident in realizing that you have maximized your child's comfort and adjustment through the weeks surrounding medical procedures Professionals and Parents Praise Laurie Zelinger's Reserve "In over 40 years as a practicing Pediatrician, this is the most practical, down to earth and informative method of the impending parent-child-hospital experience with a T&A that has come to my interest." ?Philip S.com In an easy to follow timeline for occasions prior to and following a tonsillectomy or adenoidectomy, the writer provides reassuring and accurate guidance that eases the procedure for the individual and family. He is now a strep-free, healthy boy!." ? Rachayle Salzberg (mother or father) "...a valuable guide for parents intending to provide emotional preparation and support to a child about to undergo a surgical procedure.LovingHealing. Wexler, PhD President, NY State Psychological Association (2008) Publication #4 in the Developing With Like Series from Loving Curing Press www." ?Richard H. Steinfeld, MD, FAAP "My child's recovery period was enhanced by tips from the manual, and thanks to Dr.



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Just more for adults. He was generally proficient at doing factors it he previously been talked through them therefore i asked our Dr if there was a book to help him plan the operation, but he didn't know of any. I came across this publication on Amazon.com and even though we only had 1 week to get ready him for the procedure it had been worth the international shipping to obtain it delivered. Eh. It does have pictures so that you can "read it" to them. What I liked most was that it covers all areas of the operation, and I found becoming reminded of the small details (such as wearing a dress, the cold operating desk and the devices in the procedure theatre) were things that i wouldn't normally ordinarily have considered to tell my son. He had so many questions, "why do they have to be taken out?I've passed this publication onto our daycare so other parents in the same circumstance as us. not much I didn't find out already This may be better for the parents of a younger child. I don't like the book, however the information was very useful and we appreciated the short format. A little more detailed. He was cracking jokes with the nurses while waiting around to go in and sat quietly on my lap when they administered the gas to knock him out before offering the GA.", "where to they go after they have been applied for? I also took it to our ENT who was simply very impressed and today has copies for his sufferers.I had idea the book would be a story for us to read but it is more for the mother or father book to read.. Not really much.". My boy is definitely having his tonsillectomy past due, at 8. By this time I have pretty much determined his anxieties and have been able to address them. The pre-op checklist is fine, but a bit considerable for most. She does give good advice in regard to what clothing to bring (button-front shirts, to avoid having to pull shirts over a sore neck) and having a bag in the trunk in case your child is kept overnight for observation. Our doctor works out of a children's medical center, which offers a pre-op tour of the operation area; the childlife educator was great at explaining what was going to take place, and I could see my boy start to relax over the course of the tour. This does not fit the bill. The book may possibly be more ideal for parents of kids who are experiencing surgery at a place that primarily does adults and doesn't have this kind of program. Good prep for Mom and Dad This book is very short, more of a pamphlet. Has the right suggestions for how to prepare small children for a hospital visit and medical procedures. We found it very useful in getting our almost 3 year old prepared for a tonsillectomy. This publication help me have the answer to those questions and the confidence to answer many others. It was also unique in the marketplace, so I am giving it 5 stars. Better for parents I was rather disappointed. I want I had go through this reserve as a parent in order that I would be educated about this type of surgery for my very own kid. It was beneficial to parents, however, not something you can sit down and show your child.Our ENTwas thus impressed by this reserve he right now has copies for his patients Our son was not quite 3 and have been suffering from chronic tonsillitis for over 2 years once the decision was made to take them out. Good Book! My just turned 3 yr old was scheduled because of this and I found this book. I'm so happy I bought it!much less simple mainly because I needed therefore much less comforting. I definitely recommend this for just about any family who is about to have the process! It's been two weeks now since shes got the task and she still loves to look at the publication and put her encounter into her words on certain pages!. Very helpful This book was very useful, especially the checklist. It helped us clarify the procedure to our 5-year old. How to ready your child for tonsil surgery I remember being a child under the age group of five and getting my very own tonsils out and adenoids out...He was fantastic, the model patient especially after speaking with various other parents I whose children had freaked out and ricked and screamed before theirs (even some who have been older). . Helpful for parents This was very helpful for us to prepare for my sons surgery- especially things we would not have considered like a button front shirt to

wear on the way home, cutting the straws so they are easier to use, having a container to vomit in in the automobile etc.more advanced.. It really gave her the heads up on what to expect(me too)! Personally i think that people were better prepared after having read this reserve. Laurie Zelinger wants to help various other parents by writing this reserve for parents and children who have too much anxiety about surgery and want to get rid of a few of it. I believed it would be created on a child's level with a lot more pictures. I love the "be ready" list the reserve gives on web page 18-19. Parents will like this book and the best part is recognizing the complications that can happen following the surgery and what to do about them. This reserve is really for parents and after reading it'll be able to help out with helping their child prepare for surgery. I was given a gift of this reserve for my honest review. © 2016 Jackie Paulson not what I expected I thought this is a book I possibly could read to my 3 year outdated..it's more reading for father and mother, Guess I was looking for a basic picture book to read to my child to help ease his fears.... This tour was section of what produced the book redundant for me.



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