

Moving Your Aging Parents

fulfilling their needs and yours
before, during, and after the move



Nancy Daniel Wesson

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Moving Your Aging Parents: Fulfilling Their Needs and Yours Before, During, and After the Move



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FocusOnSpace. In this wish filled book become familiar with how exactly to: Identify desires and needs to produce a quality new life Deal with the Depression Era mind-arranged Create emotionally sustaining conditions to nurture the soul Prepared and sell the family home Ask the RIGHT questions to greatly help divest of treasures Manage your energy and spirit throughout the process Expert's Acclaim for Shifting Your Ageing Parents "A innovative and inspiring godsend for assisting Father and mother transition to the next phase of life. Valuable for caregivers, health care professionals, and seniors thinking about ageing with independence, dignity and grace." --Jacqueline Marcell, author Elder Rage, web host of Coping With Caregiving radio show "Just what a truly exceptional and elegantly written publication. The info is relevant for each and every relocation regardless of the age or circumstances of your client." --Sally B. Yaryan, Director, Professional Advancement & Education; Austin Plank of REALTORS (r) "As a thirty-five calendar year plus veteran of health care practice as a RN, focusing on the care of older people, I offer my heart-felt endorsement of the excellent book." --Mary Durfor for Rebecca Reads Find out more about this author at www.Itprovidesconcreteplans.tocheckoutandemphasizes.the.emotional.and.spiritual.counterparts.that.transform.seemingly.difficult.chores.into.functions.of.mutual.joy.development.and.like.Whether.whittling.down.to.the.essentials.for.a.parent.moving.into.a.room.or.two.or.downsizing.for.ourselves,ignoring.the.spirit.and.basing.decisions.in.health.and.safety.alone.could.have.devastating.results.com From the Aging With Grace Series in Loving Healing Press www.comLovingHealing.



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Moving Your Aging Parents Ms. Wesson - I purchased your book back July to greatly help me begin the procedure of approaching my parents (80 and 85 years old) with the idea of selling their house and moving closer to their two daughters. I didn't know where you can even start until I came across your book. I examine and reread after that it gave it to my sister to read. We formed a team: my hubby approached them following the sudden death of my brother-in-laws and talked about it with them plus they agreed it was time. I have been rather hard on me, demanding an excessive amount of myself sometimes during our move. It helped me cope with my moms move from house and yearsssss of memories into supportive living . We transferred them in October and my sister was responsible for selling their residence.!Tomorrow, we can celebrate Christmas at my parents' new house. What this won't cover, and what I needed it to cover, was how to change MY parents' minds about shifting out of their house and near to one of their children to begin with! Mother has decorated the house and put up her tree and we have been having supper there. which seems like an easy a sufficient amount of aspect to consider.!Every chapter of your book was invaluable to us and due to it, our family could have an excellent Holiday. I wish you a very Merry Christmas and much joy and prosperity in the brand new Year. Buy this reserve!!! My parents are really too elderly and sick to be living in the middle of the woods in the middle of nowhere with the only real hospital 45 minutes away, in an area where it snows a lot, where the nearest grocery or medication store is also 45 minutes away, without reasonable bus program, no nursing homes (except 2 1/2 hours away) and no system of home health care within their area for older people. It helped me It sold in 10 days. This publication has given me pointers on letting go, choosing what is important, and structuring my fresh home based on my changing desires. I get to see them everyday whenever we go over now there to walk their pup collectively and greet the neighbors. I made excursions to help my parents kind and pack (47 years' of stuff). It had been the ah ha I desperately required!! What an important message.! Travel. As well as rescued my romantic relationship with my mom before it totally got hijacked by generation gap . Great condtion Working with realtors and elderly on how best to interact is difficult. This publication was helping and invite us to assist several elderly in the process. One Star No help what therefore ever. Be kind to yourself and Utilize this Book (even though you don't possess aging parents) We have been the aging parents who had a need to move! We offered our house, every corner and crevice overflowing with forty years of our family's lifestyle, and moved to a flat. The overflow packed two storage garages and a storage space space (and that was after we gave apart some large products). She carries a section on how to meet the special requirements of elders who've low eyesight or hearing, Parkinson's or Alzheimer's disease with specific details known to experienced caretakers. She makes a compelling case to be sensitive to

the feelings of somebody who is downsizing, along with shopping for the physical requirements. Writer Nancy Wesson covers practical, soulful, and medical requirements in a variety of thoughtful configurations. As I go through Nancy's admonishments for caretakers to remember to be kind to themselves too, we were amused to realize that I needed that suggestions. We found a suitable house here on the next street and got it in September, experienced repairs made and quickly cleaned and painted it. Even those who are not moving could reap the benefits of reading Nancy's publication, as many of us could benefit by sorting out our lives, belongings and activities to obtain a fresh start on the tangle of possessions and frenetic scheduling we contact home. I'm so happy to have received this particular book as part of my participation in the LibraryThing Early Review plan, because I have made room inside our new place, in my own new existence, in my heart, for things I would have reserve without Nancy's wisdom. Pension, it's been often noted, is not undiluted joy, but may also be a time of facing new restrictions, whether they end up being physical, financial, public, or all 3. Nancy shows how to put the joy back into the Golden Years..The book begins with What Matters Most? It really is fun to give myself permission to ignore "the guidelines" and make something just for the enjoyment of it. We cannot recommend this handy assortment of practical wisdom and nurturing encouragement too strongly. This guide goes up to now beyond downsizing or even helping elders downsize, that it surprises me that I also found it readable, and an easy task to implement her ideas. Moving Your Maturing Parents by Jean Great Book! isn't a straightforward question to answer. Only if I had got it this past year. My sister and I transferred my 90 year old mom in April, 2008 from a house she had lived set for over 60 years to a "suite plus" which is a living/bedroom and tiny kitchenette. I intend to apply it towards my life as well and I plan to give a duplicate of it to of my siblings. It is well believed out, easy to read and has plenty of really good information. In each chapter, Wesson talks of the truth, the wish, and the sadness that accompanies many moves to retirement, assisted living or nursing homes. I brought my hand-loom out of retirement, and have been inspired to mix weaving, beading, crochet and sewing, making unique styles. Dad is using a laptop I made him with maps to everyplace he needs to go in the area (straight from your book) with no complications. I have a whole lot of stuff and it is hard to forget about so many things that have recollections. In Chapter 5, Wesson lists the 9 domains in one's life then tells how to approach each as the move becomes a reality. Among the best things about this book is the Suggested Activities at the end of most chapters. Should you have the blissful luxury of preparing the move a few months or years beforehand, by all means read these recommendations. "Moving `away from' is not plenty of. We must know what we are moving toward." If this one thought is kept in mind, the complete move will become simpler and smoother on the parent and the children who

are helping. WHAT COUNTS Most? Even if you and in your 30s, please read it so you will be prepared - we all have been growing older. Future and Useful People & This book offered my my sanity back . With each, you can find needs to think about presently and needs for the future. As Wesson says, ". Buy this book! I dusted off my portable sewing machine, and discovered it can fit under and together with a desk, building the region dual-use, then added my notebook for a triple-play. Nevertheless, this book is a perfect how-to book on her behalf move from the house. I am 50 now, it will be some time, but my daughter will be coping with the problems raised in "Shifting Your Ageing Parents" someday. This is an extremely helpful book. Each domain is definitely listed: Health, Activities, Spirituality, Family, Funds, Community, Relationship, Imagination & Wonderful resource! I am therefore sorry that it took so long for me to read this book! My mother, who recently turned 99, had already moved into her apartment at the retirement village and I believed the book would be good for the next move, the expected proceed to the nursing home sometime in the future. the natural tendency is to concentrate on the immediate needs, not the more mundane day-to-day activities that sustain life beyond the crisis. I want my brothers and I got read this book before her move. Today I am shifting from my house of the last 25 years, downsizing into what I expect will end up being my house until I need additional care. Just what exactly I anticipated to be a reference reserve for my mother's move has turned into a reference reserve for me personally. But after 60+ years in a single house, raising 3 kids there, watching one young child and a husband die there;!! Ms. Wesson reminds us to treat these changes for our parents (and in my own case, for myself) with respect and understanding.! I would recommend this book. Wesson writes her book after her Mom's place has been broken into twice. Great publication - but only when your parents will agree to move This was an excellent book, and it covered what I think are all the important issues - identifying their needs, coping with their emotional and practical issues about moving, deciding what to keep and what to get rid of, selling the family home, and trying to do all of this while respecting their dignity and individuality. It's used them a while to settle in but I believe they're adjusting well.! They find the worst possible place to retire unless they were both in perfect health. HOWEVER, that will not make them even remotely ready to move, as this is actually the house they are buidling for 45 years. What I wanted from this publication it was unable to give me. This book is simply not for your aging parents only. This book is just not for your aging parents only. The whole thing was one big nightmare." Again, I wish I experienced had this book, I'm pretty sure we only considered the immediate requirements of my Mother - because we had been in crisis setting. I plan to begin following and focusing on Nancy Wesson's recommendations. She has a practical and spiritual way of considering things, which really pieces well with me. You will not end up being

disappointed in purchasing this reserve. ~ Brenda



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