



# Ten Things

Every Child With  
Autism Wishes  
You Knew

Ellen Notbohm



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## Ten Things Every Child with Autism Wishes You Knew



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Winner of an iParenting Mass media Award and Honorable Mention in the 2005 ForeWord Book of the Year Awards! Framed with both humor and compassion, the book defines the top ten features that illuminate the thoughts and hearts of kids with autism. Every parent, teacher, social employee, therapist, and physician must have this succinct and informative reserve in their back pocket. Ellen's personal encounters as a mother or father, an autism columnist, and a contributor to numerous parenting publications coalesce to produce a guidebook for all who are exposed to a kid on the autism spectrum. Don't buy just one of this book- buy one for everybody who interacts together with your child! Give the present of understanding. t carry out Help me with public interactions Identify what triggers my meltdowns t I am a cement thinker.t and can' I interpret language literally Be patient with my limited vocabulary Because language is so difficult for me, I am extremely visually oriented Concentrate and build on what I can do rather than what I can' Helpful chapters include: My sensory perceptions are disordered Distinguish between won'



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Good resource I am using this publication for both personal and professional reasons. As another reviewer (who provides autism) touches on, even visible, helpful advocate companies such as Autism Speaks infer that there is something "lesser-than" about those with autism, by discussing "locating the missing piece of the puzzle" (that is also illustrated in their logo). I am aware her infinitely better now. It is written in Plain English . The book is organized so that one gets a brief overview of the ten things and the chapters that follow tend to be more in depth. I am a concrete thinker. I also like the reality that it points out that nobody should stereotype anyone. To estimate the writer: As Marcus Aurelius observed "Your life is what your thoughts label of it". I replied a human being with special super powers. The books touches on essentials that we unwillingly omit, and places you into the perspective of a child with ASD. More than any treatment, diet, or therapy, the perspectives from which we view a kid's autism possess the greatest impact on whether he will learn to grow, thrive, and become a content person. I introduce him as my boy NOT my autistic child. Changed My Outlook and Helped Me Heal I feel this is a fantastic primer for those not used to autism, specifically those who are still struggling to understand if the behavior they see is identifiable. Desire I had handed every teacher, college administrator, and camp counselor a duplicate (if only they would have read this reserve, my child could have had a very different/real childhood rather than being labeled one adverse adjective after another). I interpret language literally<sup>5</sup>. Although it does depend on studies when it needs to, the publication is even more of a showcase of the love and the treatment that they took to supply their son the very best opportunities for him, and the combat that proceeded to go along those possibilities. consequently changing how you react to it (I'm much better able to show patience now that I am aware that he's struggling to work his way through circumstances simply as hard as I am). While I discovered a significant amount of important basics, just as important is certainly that I walked apart with a sense of hope, which was incredibly recovery for me as I emotionally wrestled with my emotions after the diagnosis. The writer shares her encounter with her own child, the highs and the lows; and later editions have epilogues in the back with updates on her child who is now a functional, happy, independent adult. While this will not mean that every kid will come out as well-modified, at least you feel as though it could actually be possible, instead of getting consumed with nightmare scenarios of them as a grown-up. Another important component in the publication is her careful analysis of the vocabulary we use to spell it out people who have autism and just how much damage it can (and does) do - not only to the psyche of the adult, but also the child, and the world at large (this is such a stigmatized condition, that was section of my struggle when I heard the news - I thought I knew what autism was. I did not). Phrases such as for example "have problems with autism" for example, are unhelpful and present the wrong impression in regards to a child's daily presence. If you are a mother or father of an autistic kid many of these factors you have discovered currently. I haven't gotten any responses from him yet. While it is true, as other reviewers have talked about, there are few specific strategies apart from making you aware of what's going on in an autistic child's mind and how they perceive the world, I don't think this book is intended for that. This is a individualized viewpoint from a mother who has worked her way through this with her personal child, and the things she learned that can apply to your son or daughter (and you also) as well. \*Specific\* strategies come from therapy, as every kid is different, and can need slightly different guidance and help. There's no "one-size-fits-all" treatment (although if you are searching for a few basic strategies along with ideas for how exactly to help your son or daughter on an on-going, daily basis, I am locating "1001 Great Suggestions for Teaching and Raising Kids with Asperger's and Autism" to be helpful). This book

literally changed my thought process about the near future and about my son, and as a mom staring down a fresh, uncertain, long and winding road, I am very, very grateful. My eldest granddaughter, 13, is a child with autism. That is a great text for educating your loved ones members along with those outsiders which are ignorant .I will definitively be recommending this book to whomever includes a child living with autism in their lifestyle.The book revolves heavily on the authors own experience with her son, and what she and her family have done, who they've talked to, and what they've learned to mention the main points of the book. It helps to provide you a feeling of empathy rather than just frustration when your child acts they method they do;The book is divided into 10 concepts:1. I am a whole child2. I feel it is a MUST read. Distinguish between gained't and can't4. I like this because it produces easy reference. His grandmother read the book before coming to stay with my hubby for weekly while I was out of city, and it helped her immensely. Pay attention to all the methods I'm trying to communicate6. Picture this! I am visually oriented7. Focus and build on what I could do rather than what I can't perform8. Help me with public interactions9. Identify what triggers my meltdowns10. Love me unconditionallyIt then goes onto offer an update on how her son has normalize most of the aspects on his life, in addition to all of their support and love supporting his own route as he understands life, and the in and outs of adulthood. Five Stars Beautiful stories that offer a wonderful perspective in children with Austin Spectrum Disorder! Your view and your outlook for your son or daughter will determine how your child blossoms. My sons autism isn't who he is usually just one facet of him. For the child with autism, we must extend that: "your kid's life is what your thoughts label of it. I in fact had an ignorant guy ask me what's he?It reduces misconceptions and stereotypes of what this means to live with autism, and everything that entails for the parents and households involved, but a lot more importantly the kid living with it.. The best tragedy that may befall a kid with autism is to be surrounded by adults who think it's a tragedy" The best book you'll ever find out about autism This was a life-changing book for me. My senses are out of sync3. "The most significant tragedy that may befall a kid with autism is usually to be surrounded by adults who think it's a tragedy" A great resource for a mother or father wading in to the ASD (Autism Spectrum Disorder) world. That said, if you have simply received a diagnosis or are not familiar with autism this is a great book to read.. At times, I had to create the book apart for a moment, to pause and regret the items I've done wrong through the years. But I am reassured that I've done a very important factor right, which is to love her unconditionally. When I completed reading it, I passed it to my child, her father. Out of this reserve I realized my boy isn't missing any pieces, he is just a more complicated puzzle to match together (and all kids are puzzles in their own way, really). Perfect Read We bought two of the after purchasing myself one. It has more accurate information than almost every other publication I've wasted money and time on.My most significant takeaway out of this book, aside from understanding how I should behave and respond to my child predicated on a new perspective knowing what I understand now, is this; without an appropriate education, nor a method to achieve a high school diploma. First book read on autism. Appreciated the true life experiences by anyone who has resided it and produced a positive impact. Great education Very informative Good Best book Loved this book Mandatory read if anyone in your life has been touched by Autism. only not to graduate. It has been pivotal on our trip with Autism. Teacher-Reading REQUIREMENT for any Teacher which has to connect to kids on the Autism Spectrum AWESOME insight! Give a copy to anyone who has a kid on the Autism Spectrum, as well as to anyone that must work with your son or daughter on the Autism Spectrum. This book will help them better understand what your child can't directly communicate and help break down a few

of the misinterpreted behaviors that folks label as "defiant". Our 5-year old son has recently been identified as having high-working autism, and I purchased this book not merely for myself, but for his grandparents. Unfortunately, in high school NONE of his teachers nor school administrators actually understood them plus they ended up just pressing him out of college ... Beneficial! Universities, teachers, and camp counselors need to be better educated about children on the Autism Spectrum. My child suffered through 14 years of school at 20 different schools in 2 states (constantly being shuffled and trashed of schools because no-one could figure out how to work WITH HIM) . Probably the most powerful collection from the publication: "Autism is definitely a tragedy for family members only if they allow it to be. This doesn't just teach you about autism, it's a manual for life with a child with autism. Ellen, Thank you for writing such a wonderfully heartfelt book. The toll his education offers taken on his self-esteem (and my sanity) is INSANE and dehumanizing! Good read for those dealing with anyone with autism Good read for those dealing with anyone with autism. Might be examine by anyone who may encounter those with autism.



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