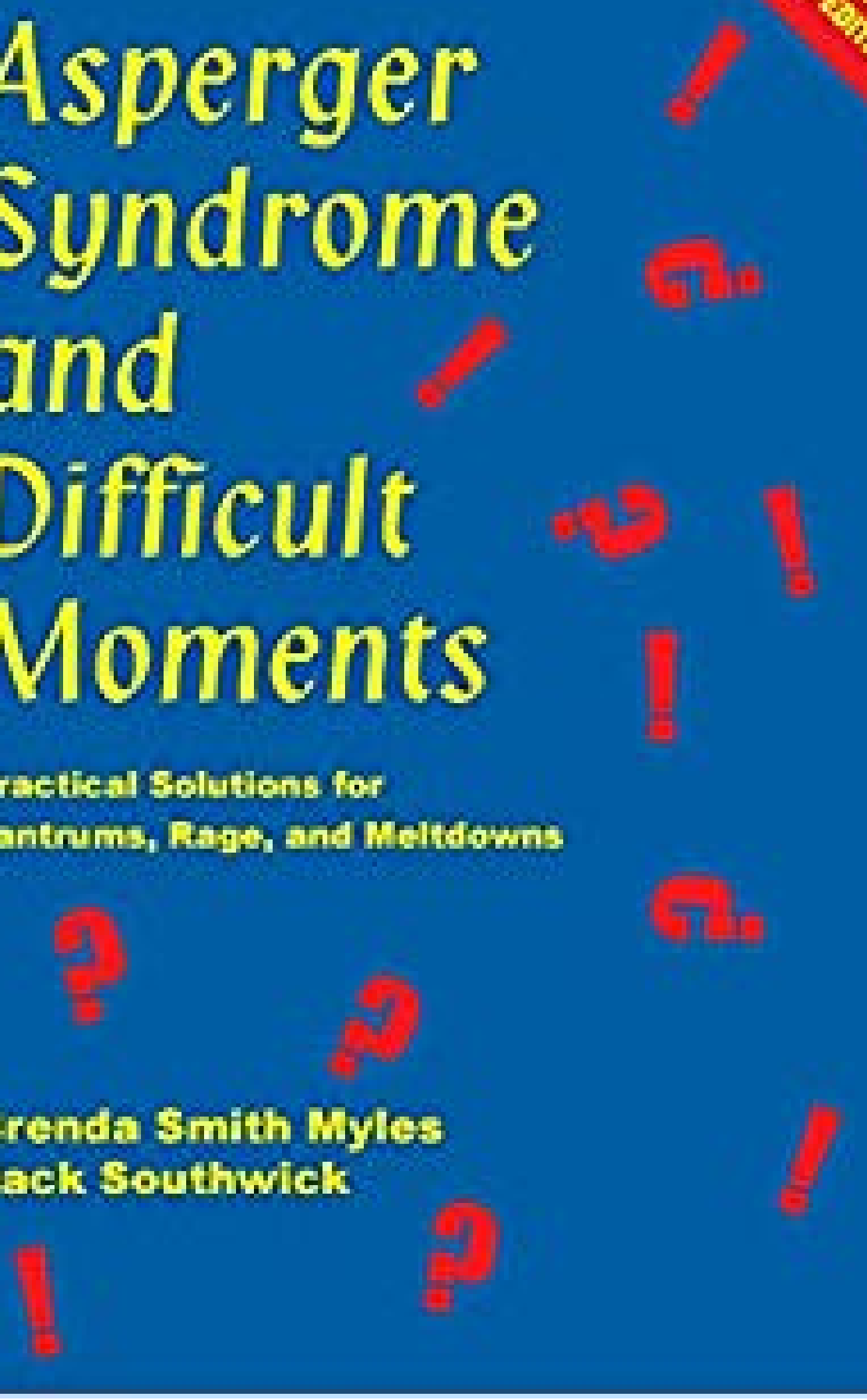


REVISED AND
EXPANDED EDITION

Asperger Syndrome and Difficult Moments

Practical Solutions for
Tantrums, Rage, and Meltdowns

Brenda Smith Myles
Jack Southwick



Smith Myles, Brenda Smith

**Asperger Syndrome and Difficult Moments: Practical Solutions for Tantrums
Second Edition**



[continue reading](#)

Written for parents and experts, *Asperger Syndrome and Challenging Moments* offers practical answers to the day-to-day challenges facing people with Asperger Syndrome and their own families. Accompanying the obvious and user-friendly writing style are a amount of useful reporting forms and other instruments which may be used by colleges and parents as they work to lessen or remove such behaviour in children and teenagers with Asperger Syndrome. Topics protected include:* the features of Asperger Syndrome and their effect on behaviour* stages of the meltdown routine* the part of antecedent behaviours* useful assessment* strategies promoting public skills development, including self-awareness, self-calming and self-administration* solutions for parents, including corporation and support, and daily routines.The book's primary focus is on the various stages of the meltdown cycle and functional analysis as a means of determining why behaviours occur. The publication concludes with a chapter written specifically for parents, that provides concrete and easy-to-follow actions for developing a home plan that addresses contract on the causes of problem behaviours, family firm and support, the Enduring phrase and designing a daily routine. This is followed by a set of practical strategies that promote public skills development, including self-consciousness, self-calming and self-administration. The book discusses obviously and concisely how to deal with tantrums, meltdowns and difficult behaviour from children and teenagers with Asperger Syndrome, looking in particular at the role of antecedent behaviours, which signal the beginning of a meltdown, as recognized through functional assessment.



[continue reading](#)

A good book, however, not what we expected from the title. When I read the title of this book I purchased it immediately simply because I am fighting my daughter's meltdowns and it seemed it might offer the answers I want. Unfortunately, I found little in right here that I could use. There were the right parts that I could give to my family and friends to help them understand Asperger Syndrome better though. If your son or daughter is college aged - and most likely in senior high school - after that you might find the info more useful. It has great tips about identifying and monitoring triggers, but I already do this and perform it quite nicely. What I wanted were some ways of quitting the meltdowns when you can't remove or forget about the triggers and I don't believe the book gave me plenty of of these. There are many similarities between high functioning autistic people and the ones with asperger syndrome and the main difference in the medical diagnosis of the two is definitely that there is absolutely no significant language delay with aspergers and there are even more symptoms present with autism. It has been an excellent book to read and I am thrilled that my son's "group" at school in addition has taken the period to learn this! While my son technically has high functioning autism and not asperger syndrome, the information applies perfectly. Very helpful in dealing with problem behaviors. My son's Resource Instructor recommended "Aspergers Syndrome and Difficult Occasions: Practical Solutions for Tantrums, Rage, and Meltdowns" by Brenda Smith Myles and Jack Southwick.. Most of the other books let you know what the Asperger child's deficits are, but usually do not offer you any solutions or even a direction to go in. This book is packed with information that will be helpful to those coping with "difficult moments" that include autism and aspergers. There are chapters on the "rage cycle" and how to recognize when it is coming and also information on self-calming and self-management strategies. Four Stars it is what it says it is. Five Stars Great and helpful reserve.. This reserve of Brenda Smith Myles, is a great summary of this book's ideas and in addition of others that explain interventions of this nature. I will approach my son's school with this publication and have them put into action these "good sense" strategies. I'm a psychologist who has been dealing with people on the spectrum for years. This is, without doubt, the most helpful, concise, and eye-opening book out there on the subject of dealing with "difficult moments." If my son had found his way to our home in a cardboard box on a bed of styrofoam packing peanuts, this would surely have been loaded alongside him. Alas, he is a genuine person, so there were no instructions for coping with the befuddling, annoying, and unpredictable aspects of his meltdowns and rages. Very easy to browse for parents and teachers. A must-go through for parents, teachers, and psychologists. Five Stars great info.. This is an excellent book to greatly help understand Asperger's, the characteristics, the stages and solutions. I also really appreciate the information to greatly help both sides prepare for IEP meetings. Good book but directed outside the home. Great book with helpful tips and common scenarios for troubleshooting but the book seems fond of a classroom setting which is not apparent from the title and had not been my priority, hence the 4 (rather than 5) star ranking. Happily, we have grown a long time beyond all that, and generally with the help of this book. Five Stars Very helpful. Seems useful for understanding my angry son w/ HFA. Found it very useful in understanding and preparing for my DS's BIP / IEP meeting coming up. Though I haven't actually got to read it yet, provided I loaned it out, I'd expect this would be considered a good companion publication to Kari Dunn Buron's, "Incredible 5 Stage Scale" book. I didn't recognize that there is a specific order that sociable, behavioral, and communication skills develop in children, and that they need to find out them in the right order otherwise they can not learn any brand-new abilities. I get called often due to aggression issues and have been addressing problems related to aggression as a psychologist and behavior analyst for decades. If my son had include an instruction manual, this would be it. There are lots of better options out there I continue to find issues with this publication and the recommendations contained in it. There are numerous better choices out there than this reserve that more accurately reflect the level and character of the research available on tantrums, aggression, and behavior complications and how to approach them. While I realize that these issues are very hard to deal with and a lot of people, particularly parents trying to figure out what is going on, need help this book presents some

fairly fundamental material that's solid and misses in a large amount other ideas that truly make issues worse. Try Attwood's books first. Understanding the disorder, assists a person help the child effectively. Still worthwhile, just want others to expect a school-focused not home-focused book of scenarios and proposed solutions. I definitely recommend this book! Extremely important information This is actually the first book I've read about Aspergers that actually offers you something to go to the school with to develop a plan to head off rages at the pass, as they say. Came in great condition. I recommend for all college libraries. Five Stars Good resource! Four Stars Very informing, Thank You This book is an easy easy read Yes. This book can be an easy easy read. Extremely informative about the subject. A must have in the home and schools.



[continue reading](#)

download free Asperger Syndrome and Difficult Moments: Practical Solutions for Tantrums Second Edition
epub

download free Asperger Syndrome and Difficult Moments: Practical Solutions for Tantrums Second Edition
mobi

[download free A 5 Is Against the Law! Social Boundaries: Straight Up! An Honest Guide for Teens and Young Adults e-book](#)

[download free The Mom's Guide to Asperger Syndrome and Related Disorders pdf](#)

[download free A Is for Autism F Is for Friend: A Kid's Book for Making Friends with a Child Who Has Autism e-book](#)