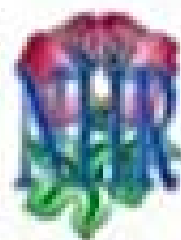


Drug-Induced Nutrient Depletion Handbook

2001

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An asterisk pursuing the generic name identifies a medication that causes a nutrient depletion. NEW IN THIS EDITION. Around 70 new summaries added to abstracts and studies section Not all drugs listed cause a nutrient depletion which is mentioned in the nutrients depleted field. A complete and up-to-date listing of all drugs known to deplete the body of nutritional substances. Monographs have been condensed to highlight the depletion rather than the drug. Alphabetical Listing of Nutrients and Drugs that Deplete section lists the nutrients and provides cross-references by page number to the medications that deplete. An increased number of medicines in the alphabetical report on drugs section (serves even more as a drug index).



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Written by a team of pharmacists, it is extremely even handed and lists the negative literature and also the positive. It provides several indexes- one comprehensive index, one for drugs, one for nutrition and the medicines that influence them, monographs on all of the nutrients, and then the piece de level of resistance, the abstracts of the medical literature to back again it all up. Excellent- a masterpiece This book has truly vastly surpassed my expectations. Thus you can ascertain which nutrition are affected by which drugs, and vice versa and quickly review some of the medical literature to make up one's own mind. I've found it helpful. Some good examples are that omeprazole reduces B12 absorption around 70%, that simvastatin reduces Q10 production significantly, HRT reduces B vitamins, anticonvulsants reduce vit D folate and calcium. drugs that rob your nutrients Check out this medical ap that provides comprehensive set of 700 drugs that can potentially rob the body of nutrients. We still have significantly more to learn concerning this book, but it is among my best purchases. A Must-Have Book Anyone dealing with natural wellness or medical drugs should have this book and use it often. --- Bill Sardi, wellness journalist Five Stars Excellent reference book! Suggestions aren't made to supplement, but it can give the person knowledge of why some of the side effects are occurring. On Meds?99 and they are now only designed for \$299! What your MD doesn't know is killing you! Outstanding resource This book is crucial for anyone coaching or advising any one on medications.. REALLY Desire there were an updated edition.. We need to understand this updated and back in print. Longing for updated version Will need to have for Nutritionists like me. I don't allow my copies out of my sight! I contacted the publisher for a third edition and as of 2008 no takers. Too bad it really is out of printing as I purchased 2 copies for my offices in 2007 for \$29.(This is the 2nd edition). You can look up a drug and find the primary nutrition it depletes, or research nutrients and link them with medicines you take. SCORE! I purchased this for my friend's daughter as a present-day. She loves this reserve! You will need a different book to tell you if you can product with the supplement or mineral. This reserve is a MUST for you! If you or a loved one is taking a number of medications, then this book must reside in a handy location. Discover out which nutrients your medications deplete from your system. A must for just about any professional health library. Discover out why. Then you can supplement your body with the correct nutrients, vitamins, nutrients, etc. Feel just like your normal self again. Get the benefits of your meds and know what you must do to displace what those meds take away from you. Mandatory if you're in the health and diet distribution business, aswell! Finally an answer as to the reasons drugs cause unwanted effects So many drugs, therefore few resources to discover why they cause side effects, until now. I wanted this for quite awhile! Also provides selected abstracts from medical journals to read for yourself.. Exhausted and dragging if you are on an antibiotic? Many of the unwanted effects of medical medications are available in this book as being caused by nutrient depletion due to the drug. Unfortunately it doesn't cope with anesthetic gases- N2O depletes B12 and halothane causes oxidative stress on the liver. Learn how to also substitute them with vitamin supplements or natural resources. Now available on iTunes App Store: for i-phone, i-contact or i-pad buy: [...] Check us out at[...] Sign up for us onl. Instead of killing over 200,000 Americans each year, this book may save millions by simply letting them understand how drugs deplete our bodies of essential nutrition. Charts at the back of the book are invaluable, like drug/food interactions, and others. BUT. This book needs to be in every medical office and pharmacy nation wide.. This enables me to create more informed recommendations for glyconutrients, phytonutrients, vitamins, minerals, etc. That is a fundamental element of my practice and I want I acquired this years ago. Excellent book for healthcare professionals. This

book is the most comprehensive book on the topic of how drugs effect nutrition I have seen anywhere. It is an excellent quality product and I recommend it.



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