

THE SUCCESSFUL AUTHOR MINDSET



A HANDBOOK FOR SURVIVING
THE WRITER'S JOURNEY

Joanna Penn

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The Successful Author Mindset: A Handbook for Surviving the Writer's Journey



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Being a writer isn't just about typing. It's also about surviving the roller-coaster of the creative trip. It can feel like you're not finding writing much fun. But actually, they're part of the creative process, and every author goes through them too. This book collects the mindset issues that writers know, that I have already been through myself over the last nine years, and that you will experience at different times on the creative journey. Each small chapter tackles a possible issue and then offers an antidote, to enable you to dip in and out as time passes. It offers excerpts from my own personal journals and also quotes from well-known authors. I hope it assists you on the path to becoming a successful writer. The book includes:

Component 1: Mindset Areas of Creativity and Writing Self-doubt and imposter syndrome Need for validation Fear of failure Concern with rejection and criticism Your internal critic Concern with judgment Perfectionism Writer's "We're not original" Self-doubt, concern with failure, the necessity for validation, perfectionism, article writer's "Dealing with friends, family members and article writer's I don't groups "Why write? There are too many books on the planet already" "How do I find my tone of voice? "I'm alone. I don't have hard work. I'm not creative. I have a block and procrastination "I keep beginning things and not finishing them" My writing isn't "I don't have enough time or self-discipline to write" Comparisonitis or "Everyone is better than me personally" Component 2: Mindset Aspects after Publishing Anti-climax and creative dissatisfaction What is your definition of achievement? What happens when you tell people that you're an writer's block, comparisonitis, overwhelm, and much more. When you're Coping with enthusiasts, authenticity and drawing the collection Haters gonna hate Ambition, fame and fortune Giving up Part 3: Strategies for Success on the writer Journey Understand thyself Understand and hone your creative process Develop professional habits Manage professional relationships Manage your writing career Find your community Maintain learning Schedule rest and devote some time off Think long term. Develop a body of work



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The good, the awful and the ugly Writing, as a career, just like any various other vocation, has its good and the bad. If you, like me, browse the nonfiction books about composing and writers, you'll have read about the good things – the joy of composing, the craft, the satisfaction and fulfillment. This is a book to read when you're first starting your journey, but I believe it's probably even more very important to those who've been strolling the road for a long time. Joanna doesn't just delve into the bad and the ugly, the girl gives suggestions about what to perform about any of it. I know I'm going to be pulling this book off my shelf more often than once and encourage other authors to accomplish the same. That one is especially essential as it tackles the emotional parts of being a writer – so important if you are taking a leap right into a new career! Oh, how wrong I was. That part of us that has times when all we want is to go live in the fictional universe we produced and not cope with the poor and the ugly of the real world. This publication reaches out compared to that component, gives it a hug and tells it never to be afraid. Loved it. After all, I have been through my tormented "aspiring writer" phase and turn out the other aspect a proud, individually published author. Sure, I'm still plagued by insecurity and question, but just how much help could a glorified pep chat really be – also from somebody I respect just as much as Joanna Penn? "I may't speak for everybody, but for me personally, many passages of this reserve felt like she was speaking right to my soul – compared to that place inside every writer that is vulnerable and sensitive. The Successful Author Mindset ought to be required reading material for all writers, no matter the stage in their journey. And hey, the inspiration quotations are very inspiring, too. Instead, Penn presents excerpts from her actual journey (an incredibly gutsy move) and real-lifestyle antidotes from herself or other authors to contextualize the problems the book addresses. You won't ever once feel by itself while reading this book. Unlike therefore many self-help books, it generally does not shove vague platitudes or worthless statistics in your face. Penn covers an array of doubts, issues, and inhibitors that influence authors at every stage of writing and publishing. I prefer the audio edition of the book because I can immediately rewind to points I want reinforced. On top of that is Penn's generosity. Anymore, I'm realizing so many struggles and issues we face in existence are all in our minds. I'm a big enthusiast of Joanna Penn, and reading her books constantly gives me a boost of motivation. Be kind to yourself and browse this book. Start with the chapters that address your own problems, or read it direct through in one day like I did so. You will get what you need out of it. You just have to read. I specifically liked the excerpts from her journals. There is no fluff right here. Joanna has truly gone from being truly a 9-to-5 employee in the business industry to learning to be a successful indie writer. BUT – what I really like about this book is normally that it not merely states the problem (ie worries) but tells you how to deal with it. the fears, the doubts and the enjoyment! It's easy to get through the book quickly, but the real value of this publication will become for authors using it as they need to through the years. A Great Book for Indie Authors to Preserve Nearby This is among those books that is clearly a quick read but filled with useful information because it gets directly to the idea. And I've also obtained most of her books. Many thanks Joanna! I am going back to the book for several years. A practical book I have always admired Joanna Penn and her function. Here she shares her obtained wisdom about maintaining your perspective as you strategy writing as a business. In this book she discusses the thought processes on her journey; It's very easy to obtain burned out in virtually any creative endeavor, heck, any endeavor period, but Joanna understands of what she writes. Very helpful. As often, Penn has some fantastic advice. As constantly, Penn has some fantastic suggestions. I love how she offers problems one might face when writing, and then lists some methods for you

to overcome these problems. I think the thing that is most helpful about this book is the humility that Penn brings to the craft. She's not scared to admit that the problems that many authors face aren't unfamiliar to her personal writing experience. This reserve will by definitely not improve your craft, nonetheless it will help you gain even more confidence in yourself as well as your writing. Useful advice from someone who's been there and done that. I have paid attention to Joanna Penn's excellent podcasts for quite a while. They addressed the natural feelings that she felt (that people all have sensed) and it's really wonderful to know you are not alone and that can be done something about it. From studying scrivener to choosing between Createspace and Ingram Spark it (the podcast) is certainly a tool for all authors. This book shows that even the best of the best possess doubts about their work. When she speaks, you can feel the honesty of her words and phrases: she has lived the life and knows whereof she speaks. She clarifies each issue, then follows it with her "antidote" or best tips or steps to go at night problem and on together with your creative life. Jerry A great reserve for authors!" I finished the book feeling encouraged, energized, and confident, as though I had simply spent a few hours chatting with a friend or mentor. For instance – in the section on rejection and criticism, she says: "Rejection by a realtor or a publisher who's wii fit for your reserve can be a blessing in disguise because you may find a home for it elsewhere or happily self-publish later on. another inspirational title from Joanna Penn This audiobook was inspirational and encouraging to future authors, as Joanna Penn is always encouraging us to write also to be business minded. But imagine if we looked at things differently? Everything authors have to hear in a single short book We went into this reserve thinking that We wouldn't get much out of it. Joanna's podcast literally revamped my literary job. Her advice is sensible and inspiring. The publication is a great tool for author of all levels. I enjoyed the examine and anticipate implementing most of the stuff to my very own career. You can find little tidbits through the entire publication, like deconstructing novels to understand about those genres, which are goldmines.! Chapters are each create to address a different issue or problem, and she's a useful antidote to try by the end of each chapter. Penn comes together with tired writers with encouragement, insights, and sometimes a kick in the jeans! Within the text, she freely gives up strategies and her very own writing, creativity, and efficiency "secrets. The writing life is no exception. How we think is so important and can change the course of our lives. How exactly to we gauge our well worth? So many authors have this all confusing, myself included. We believe if one of our books hasn't marketed X amount, after that we've failed. I recommend this book to all indie authors. Joanna asks us, Do we judge those in the visible arts a failure if their first couple paintings aren't masterpieces? No. Why do we think an author's first publication has to be ideal? But not that many authors reveal the poor – the crippling self-doubt, worries of failure and comparisonitis, or the ugly – the haters, procrastination and overwhelm that include this job. A practical book that I understand I will read over and over. She comes alongside tired authors with encouragement, insights, and sometimes a kick in the pants! She actually manages to help you see the chance for finding some good in the bad and the ugly. Useful It's a reserve, useful if you follow through. Very useful for aspiring authors This is a great book full of helpful advice for aspiring authors who want to develop guidelines and habits for sustained success.



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