

Lucy H. Pearce

Reaching for the Moon



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"-- ALisa Starkweather, founder, Crimson Tent Temple Movement" A message of question, empowerment, magic and beauty in the shared secrets of our femininity. Pearce's bestselling guidebook for women aged 9-14 because they anticipate and experience their body's adjustments." -- Melia Keeton-Digby, writer, The Heroines Golf club" A lovely, insightful book that each girl must have clenched to her center. the most life-affirming gift you could offer. Beginning with an imaginary journey into the red tent, a normal host to women's wisdom, a few of the gifts and secrets of womanhood are imparted in a gentle lyrical way. The secrets of the moon- The secrets of our cycles- The gift of self-careAlong with practical advice on:-Preparing for her first period- Choosing menstrual products- Herbal healing- Celebrating menarcheLucy H. Pearce is definitely a mom of three, and author of five books for girls and women. "A must-go through for all our daughters! A lovely, sensitive and nurturing celebration of a girl's transformation to womanhood, pursuing in the footsteps of her bestselling book for women, Moon Period: harness the ever-changing energy of your menstrual period."-- Wendy Make, Founder, Mighty Girl Art"For our daughters and their mothers, thank you.Reaching for the Moon is Lucy H. written to encourage women to embrace their changeover to womanhood in a knowledgeable, supported, loving way.com"-- thelovingparent.



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Beautiful book. I believe writing this book may have been therapeutic for the author, and for women or girls who have experienced feeling less-than about their intervals, it's fine. But my child is young and cheerfully oblivious to the many things that may be better around periods and being female in this world, so the personal stories and pointedly healing focus of this book just isn't what she needed. Just lots of chapters, dense text message.. Menstruation is a beautiful and powerful rite of passage that provides an exclamation indicate a girl's creative skills.plenty of intellectual work. It is simply written, however covers topics that lots of would say are complex. Well Done, Not DEUELOPED Perspective on Menarche I bought this reserve for my daughter, and I go through it as well. It looks like just yesterday I was keeping her in my arms as a little small baby, and like many parents, it looks like I barely blinked and so a long time have passed, and today she's getting to become of an age group where her body is starting to go through changes that I wanted her to be prepared for. I thought his publication was very well carried out. She blends fiction and true to life advice and experiences to provide an accurate summary of the menstrual routine. It helps you understand yourself, your feminine character, your beauty and power and gifts. I did nothing like the suggestion of position or tarot cards, or runes for increasing their intuition. There are studies there to aid that particular one, you understand;) This book has a very earthy experience to it, honestly. The book offers points that girls can perform to celebrate their menarche, and also offers gentle methods she can care for herself emotionally and spiritually, during her moontime, and ideas for physical care. Make sure you, if we value the future of our ladies, we must help them be all they can be, and that means embracing who they're and who they are growing into. A wonderful book on a time of transition This book was well crafted. It very normally leads you forwards asking the queries in you center and answering them as you move along. I am pleased for my daughter's age group that it generally does not tell about sex or secular experiences but directs them to their mother or trusted adult. While at exactly the same time it can address the budding sexuality of the young lady. And I could definitely say her strategy towards using teas and herbs for easing menstrual symptoms isn't mainstream, but it happens to be one I don't have any problem with, as a female who uses raspberry tea herself to ease those extremely symptoms. If that is a concern to you it is a very brief paragraph at the end of the publication where in fact the discussion is around heading inward and resting throughout your moon time. I will be having a conversation about this with them but will still possess my girls browse the book. It makes you feel content and excited about being a girl. I have 6 males to think of too! Missing words, zero return option Pages 44-The end of the publication have got a strip of words and phrases missing from their website on every even numbered web page. I'd like a new duplicate but see no option for a return. For Young Girls Everywhere Great book for girls!!Every girl should be given a chance to read this!! The globe would be transformed. I simply love Lucy Pearce, her composing and what she offers the world. More focused on healing when compared to a tenyear-old needs For my ten year old daughter, this reserve felt like it was written more for a grown-up. It's a gem of love and wisdom which will honor and help women experience empowered by their moontime, because they should. It addresses the practical stuff as well as the mystical and magical parts of being a woman. I loved this book. I'd have loved to learn this when I was 10. Will there be anything about a boys trip into manhood simular to therefore I wonder? I really do think that it has a feel and an approach that embraces ways of viewing menstruation that aren't as often connected with western tradition or medication (At least, not really mainstream), and for someone of a very traditional western mindset, that may present a problem, plus some of her assistance, like a menarche special event, may feel pretty awkward to numerous with that mindset (but I do think her advice about finding a way to make it look like a milestone to be celebrated rather then an embarrassing second of shame is actually awesome)..Lucy has written a beautifully stunning, gentle, wise and comforting publication, which I imagine was inspired by --and probably written for--her own lovely small daughters. Can you envisage a global where every gal began their trip into womenhood with this book and this knowledge? Gorgeous and empowering book for women

(and the women who love them) I have read countless books on the main topics menarche, seeking a reserve worth my daughters' keen interest. Lucy's powerful book uplifts and honors women and their moontime, as a sacred and beautiful time in a girl's existence, to become celebrated and revered, not sanitized or always hidden. NOW finally, because of Lucy Pearce this reserve is present! It eliminates anxieties ladies have concerning periods, and can help you embrace and enjoy feminine nature. It is written with louing intention and candor and reiterates therefore many things I talk about with my very own girls, AND Even more. 'Cycle to Grandma's house' and 'Malia's Magnificent Moontime' did a great job, these were gently young more than enough to take her back to her picture book days and fit periods into her innocent worldview currently. But for me, that which was most important was the way the topic was treated, because I'd like my daughter to feel just like what she will be going through is regular and natural, because it is.All too often our cleanliness-obsessed western culture targets "hygenic" areas of menstruation and personal products, doing absolutely nothing to honor the sacredness and spiritual and emotional areas of this special amount of time in a girl's existence.. I longed for a reserve that speaks of self love, imagination and honoring themselves. Having open, positive discusses puberty will help young ladies grow up with confidence, but not just that, they'll grow up realizing that their routine empowers them. Please buy it for your daughters, sisters, granddaughters, friends. I'm purchasing two copies for my own daughters, to go in their butterfly boxes (an assortment of lovely feminine things to honor their menarche once the time comes). Five Stars Very good book for young teenage girls A must read! I recommend Reaching for the Moon to any kind of mother or father, grandparent, older sibling - A person with a lady in your daily life. Many thanks to Lucy, for writing and releasing this powerful book. Anyway I liked a lot that is normally a totally different viewpoint that various other books, that just focus on the physical side of the time, but here it talks about all the emotional and various other sensations related to it, that every woman has in fact it is not so frequently understood? This reserve can be conversational, and it's not intimidating at all. My 8 year older and I are currently studying it, and it opens up a lot of dialogue and queries. And I don't believe traditional western culture always does the very best job of this, to be properly honest. It is quite a Nice book, easy and simple to understand It is a significant Nice book, simple and easy to comprehend. The first component was a bit confusing for a girl, as it isn't totally clear what the story is due to the rest of the book. Who wouldn't need that for our daughters?



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