

Foreword by Ngozi Ali

Heather Katsonga-Woodward

Your Dry Hair Days Are Over: The Ultimate Guide to #NoMoreDryHair



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Whether you have directly, wavy or curly hair by the time you're done reading this reserve you will: Learn how to build a daily & weekly locks routine that maintains your locks soft Figure out how to detangle dry hair without incurring massive levels of breakage Understand how to encourage dried out hair to grow rather than just break from brittleness This must-have guidebook for dry-haired young ladies is short and gets right to the point to get through it in a single sitting. Then this book has been written just for you. Is dry hair a problem for you personally? Heather graduated with first-class honours in Economics from the University of Cambridge. its very easy, detailed and so full of life. This is actually the first-time I have been able to sit down and revel in reading a reserve about locks and it was really worth my period. It only got one reading. I only started really looking after my hair after stumbling across some articles by Heather and immediately subscribed to get her emails. They're fun and engaging therefore so simple to follow through especially reading locks fairytales from queens around the globe. I now religiously follow her blogs. Many thanks so very much for bringing the hair bible alive and I anticipate more hair literature from you. I've even shared hair suggestions with my friends and they've exclaimed to me "it functions"....all because of Heather. I have been in a position to reconnect better with my locks through this book and more importantly, take care of it appropriately." Rosa D ABOUT THE AUTHOR Heather Katsonga-Woodward started the kinky & frizzy hair blog page, NenoNatural. The Queen of Kinks brand was extended to add an annual iOS & Google android magazine in 2014 and a complete suite of items for dry locks in 2015. Neno is the small village in Malawi (Africa) where her dad was created. In under 24 months the blog quickly grew to over 400,000 Facebook supporters and over 40,000 email subscribers. The website now hosts the largest online collection of frizzy hair profiles beneath the trademark Queen of Kinks, Curls & Coils®.com in later 2012 following severe baldness issues. Review received via email:"I absolutely like this book;



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The reader will. I've learnt new helpful tips. Am so glad We go this reserve. I read it the moment I got it. I certainly learnt loads from it. Therefore here are some things I learnt between the tons of information contained in the book. There are so many awesome guidelines in this publication my hair is also excited for what's to arrive. Hair growth cycle on an average lasts 4-7 years. I am beyond grateful you've provided this reserve you people like me because I was totally and completely in need of moisture!grows, proper handling tech, and how to develop a regime for your hair type. Five Stars Very helpful Four Stars An excellent book with very helpful information... I understood why from scanning this amazing book2. Considering the list of natural oils you shown, I smiled to myself realizing that I have not been mingling with the incorrect oils3. Most of the voutube movies I have watched constantly showed moisturizers as an assortment of water and oils. Today I learn "oil isn't a moisturizer" I am certainly gonna save up to buy my first Dry Hair Days Are Over kit therefore i can nourish my locks. This is just what I wanted because I love things simple and not complex. It had been a tad repetitive but probably that was the theory, good read As a natural Sista with dreads this book offered me personally a starting point for combating dryness. I've done many of these stuff but still have a problem with dry hair so I will continue to seek out additional methods to increase these. I've tried several tips and my locks gets plenty of complinments and requests to "feel" my hair. I really like the links published in the kindle version. I actually am currently reading the other books about natural oils and butters. Grateful! I am currently what's known as a "New Natural". I did my big chop on April 2nd of the year and as my locks grew I found that my locks type is definitely 4c. Dryness has been a significant problem since my hair started growing. I was very excited when Heather advised that had a publication about dry hair that is something my daughters and I have already been struggling with. This book has completely saved my locks! The same day I download the reserve the same day time I finish it.! I was so eager to here what she experienced to state Thanks again Heather Treat your hair correct.. I absolutely love this book! It'll forever be my organic hair journey guide!! Informative We thought it was a good quick read. This clarifies why my friend's daughter's locks stopped growing beyond a particular age. I'm on a street to recovery from .! A step in the right direction! As a person with extremely dry 4b-4c hair & The writer describes in great detail how to effectively treatment and manage coily hair. It gave some extremely practical and easy tips on effectively coping with dry locks. God bless you. Plenty of great information in this reserve I recommend this to everyone. Five Stars Great information. Exceptional book. The do's and dont's explained what I was doin incorrect. A lot of great information in this book I recommend this to . I've learned so many things from this book that I hardly ever would've known from watching YouTube videos.. I've tried everything imaginable in initiatives to include moisture to my locks also to keep it moisturized..!! Buy this book! Omg I am doing this all wrong! Cool water after cleaning to close the cutie? Who knew?1. Haha I cannot wait to start treating my hair as it deserves. for this wonderfully informative book Thank you, Heather, for this wonderfully informative book! It was an extremely easy read and offered all of the tips and pointers that I needed about my 4c locks.. Not only do the merchandise moisturize, however they smell really great, too! Continue the good work! Coily girl I follow the author on Facebook and appreciate her tips. So I jumped on the chance to download her publication, one who isn't a "hair" person, I found this book readable (regardless of the differences in phrase usage - due to national heritage and language usage). Thanks for the present of the free book, understand how hair. Her locks was under no circumstances cut since birth, and it had been growing super fast. Four Stars Great info but nothing I didn't know.! I will challenge myself to accomplish the no heat problem. I desire it had a bit more about coloring organic hair.. That is a go to steer for me personally. She had such lengthy hairs between 3 and 7, we just noticed her locks stopped growing when she was about 9 or so, and started to even slim out a bit. Excellent book.!. I've tried your items and the methods described in the publication and am happy to drive the points home. I'm on a road to recovery from dried out hair. The publication is very simple, clear to see and straight to the point. Thanks for allowing us possess this book for free. I think this book will guideline me through correcting my dry hair problem. Thanks a lot Heather! Awesome knowledge I got a lot of information that I had a need to know and I recommend this to anybody that's natural or getting ready to start the natural hair journey



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