



How to sort out medical advice from
medical nonsense

Dr Malcolm Kendrick

Author of The Great Cholesterol Con

Doctoring Data

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Doctoring Data: How to sort out medical advice from medical nonsense



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Is coffee healthy? Considering bariatric surgery? The way the drug trials are hyped, the info manipulated, the endless video games that are played to scare us into carrying out what, oftentimes, makes the most cash. Booked your smear test however? He reveals the tricks that are played to create minute risk look tremendous. Will sausages destroy you? Are you taking statins like a good child?" Dr.. With the same brilliance and humour that bowled us over in "The Great Cholesterol Con", Dr Kendrick takes a scalpel to the globe of medical analysis and dissects it for your inspection. Or should you simply ignore this relentless bombardment of medical assistance and remember that nobody gets out of lifestyle alive.. Examined your balls? Should you avoid sugar, fat, salt, or all three? After reading this book you will know what things to believe and what to ignore. You'll have a much greater understanding of the globe of medical analysis. A global in crisis. "It is merely no longer possible to believe much of the clinical research that is published, or to rely on the judgment of trusted physicians or authoritative medical guidelines. I take no enjoyment in this conclusion, that i reached gradually and reluctantly over my 2 decades as an editor of THE BRAND NEW England Journal of Medication. . Marcia Angell.



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Enormously Informative and incredibly Engaging You know the great nutrition debate on dietary fat popularized recently by Gary Taubes, Nina Teicholz and others? First the "professionals" are telling us that saturated fat is harmful to us, then this guy in the brand new York Occasions says that we've been fooled by professionals and that we should, in fact, gorge on fats, when all of a sudden a new study arises from Harvard "proving" that consumption of any amount of red meat will probably kill us in the end. Remember this one point -- Vioxx killed 50,000 hapless souls. I desire I'd have had this information on tap to balance the complete brainwashing that ALL medical researchers obtain in school so when they continue within their fields. The Medical Field – The Scary Stuff One would think that it's common sense that people should rely on the good, state-of-the-art medical assistance of their family doctors to increase their chances of living longer, healthier, happier, better-quality lives. A thing that would have taught me specifically how to place biases, half-truths and plain old BS.. "Doctoring Data" will just that. The book is phenomenally engaging and witty. Better than my imagined university course, it feels almost like having a conversation with an old friend, the brilliant (if perhaps somewhat scatterbrained) doctor who explains everything so well: passionate about his subject, sketching charts on a napkin while sipping his drink, and pulling no punches when exposing the dishonesty and senselessness rampant in medical analysis today. Bottom line: read this book. The author would frown easily said it might just save your valuable life, so I will only say that I hope it will - in at least a little way - reduce your risk of struggling due to a medical absurdity. Kendrick offers insight into how laymen can discern true science from pseudo-science as the unfortunate truth is that "professionals" and the "consensus" can't be trusted- unless they're backed up by solid empirical evidence. Based on work that I have done in drug advancement I would say he is i'm all over this. I can easily accept what the publication contains specifically with the statins item. hardly any i didn't like if any found it extremely interesting, and lots of the things he spoke about i've thought myself through the years. Chapter 9 in particular makes it seem inevitable that technology and medicine will often get things wrong- if the real mechanism isn't apparent however. He's very clear that he's NOT anti-medicine, quite the contrary. Kendrick reveals the magnitude of the problem facing Western medicine - see the March 16, 2015 issue of the Chronicle of ADVANCED SCHOOLING "Amid a Ocean of False Results, the NIH Tries Reform" for a recently available perspective. Kendrick. 181): 1. I liked this publication enough that I am giving it as a gift this year. First off, allow me to say that it has a number of editing problems, but that I don't really care because it is indeed informative. This book ought to be required reading for everyone because it introduces a degree of critical thinking for those encountering medical industry promotions masquerading as health information. In a very entertaining and non-technical way, Dr. Try to find an MD with Dr.. Also, although he's from the UK, he draws plenty of examples from both the US marketplace and that of Europe/UK. Highest recommendation. Which is his objective. Just excellent results contribute to the bottom line. I am a Registered Pharmacist who just finished a 42 12 months career. Benefit from the fun and present thanks for becoming armed with new tools to manage your health! Highly recommended I browse the Dr's first book and loved it. This one I am using to greatly help teach students how exactly to read a study paper. Within medical publishing nowadays there is a lot of junk technology. Dr. On your own protection, I'd desire you to learn this highly informative reserve. I highly recommend everyone to learn this to obtain a feel for the garbage that is passed off as 'technology.' When you understand this problem and how it applies to for instance, statin recommendations, you'll commence to understand the complete BS these statin research really are! All because of Dr. Once you get this you won't ever look at a prescription just as, as a

matter of fact you may opt never to go the medication path at all. And he's pretty entertaining too, I had a few guffaws. This book reveals the innards of Big Pharma and how it does clinical research. How deep does this rabbit hole go? Marsha Angell's reserve 'The Truth About Drug Companies' is another recommended book. A masterpiece in critical thinking I'd simply finished Teicholz's superb "Big Fat Surprise" before reading Kendrick's caustic masterpiece therefore I was already prepared for his message- that a lot of modern medication is pure nonsense driven by dogma and pharmaceutical greed. Nevertheless, the book offers significant insight into how dogma emerges in the initial place- that frequently it starts with "good intentions". At the same time, these same experts were under tremendous pressure for POSITIVE results from administration above them. You cannot. An Amazing and Accurate Analysis of Western Medicine's problems What an incredible book. Spoiler alert- if you are taking prescription medications you are likely to rethink your choice to embrace each one. Severe topic, beautifully explained by way of a amazing doctor with a biting wit. I've now read and reread this enjoyable volume. In fact, I can summarize Kendrick's Doctoring Data by paraphrasing Twain himself: "If your physician doesn't browse the medical literature, he's uninformed. If he does read the medical literature, he is misinformed." Your doctor can afford to be misinformed. He describes how "bad odors" were initially blamed for spreading infectious diseases because no-one had yet seen germs- and it wasn't until the invention of the microscope that the actual cause became apparent. Kendrick is frequently laugh-out-loud funny, but that is a serious topic. Kendrick elucidates the areas where we are able to obtain suckered in with poor research trying to appearance great. Who Can You Trust Once the Experts Are Corrupt? This book is an excellent follow-up to Kendrick's earlier book on "The Great Cholesterol Con". This book covers a few of the same territory but goes much further in analyzing the tricks found in bad medical studies and practices, mainly driven by the big bucks gained by Big Pharma pushing dubious drugs. And the issue isn't rogue characters however the top "specialists" themselves, since these "essential opinion leaders" are exactly those targeted by Big Pharma to end up being bought off. Eye opener to understanding the pharmaceutical and health industry Superb and NEEDED book Whatever brought you to the place where you are considering scanning this book. Therefore who can you trust? Kendrick could have a confident influence on general health There's no easy answer, but Kendrick provides few guidelines (p. Should Be Required Reading! When there's big money involved, expect salesmanship and bias, generally. Elated that my crude internal "Qualitative Rubbish Detector" had not been, all these years, providing off a false alarm but its warnings have already been confirmed by way of a physician with a more finely tuned "QUANTITATIVE Rubbish Detector" who can show not only that we are being bombarded with misinformation but what quality and what percentage misinformation. Look for skeptics from outside the mainstream and pay careful attention to the breadth of their promises and depth of their scientific resources. Afterall they may be just clever salesmen with sweeping promises predicated on hearsay or anecdote, or they may be exposing the way the emperors of the medical establishment are clothed only in dogma, or they may be a mixture of the two. Excellent read Excellent read. And it extends all the way down to the tiny things that choose the acquiescence of your family doctor. Well, here's the answer to my wishes. While it does involve arithmetic showing how amounts are manipulated, actually the math-impaired will see it easy to follow. DO IT. But rather he is promoting good essential thinking for the patient since it may not really be coming from your doctor. I certainly did. Folks, danger lurks in the small print about these items. And to look for a former editor of the New England Journal agreeing that journal editors can't keep authors to the requirements we are in need of is disheartening. USUALLY DO

NOT take it on faith that your physician "would never offer you whatever wasn't safe". Don't you wish you could make sense of it all? That's as many Americans which were killed in the Vietnam Battle. Merck saw problems, covered them up, and proceeded to go about their business. This ditto has happened MANY times ! Kendrick teaches you how to see the tale behind the offered data. Kendrick's mindset. That's refreshing. I'd been fooled by the "experts" and the news so many times that I'd begun wishing I had used a course in university on how to seem sensible of medical research. Well, the writer of this book, a physician himself, begs to differ. Predicated on his many years in the medical field and his indefatigable analysis in scouring the medical research literature, he proclaims that the unfortunate reality is that most medical research is certainly terribly flawed and often biased towards the monetary gains of pharmaceutical companies. He also professes that very much medical advice is founded on myths which have never shown to be true, and that any research-based findings that claim that these long-held views could be incorrect are met with vicious, vitriolic, often personal episodes, forcing these results to be ignored in order to assure the maintenance of the status quo. The author brings up case after case after case; problem after issue after problem to back again up his findings. His ultimate tips to us mortals concerning how to better our health can be twofold: 'decide for yourself' and 'don't believe the experts'. Curmudgeon writes great book I am a physician entering the final years of a Main Care practice. Malcolm Kendrick may be the Tag Twain of medical writers, wielding his own pen warmed up in hell – hell, in this case, being truly a medical system designed to persuade doctors that everybody with a pulse is irregular and in need of treatment. I've seen the development of disease paradigms and preventive medication campaigns and also have had frequent issues that things were just not "right". After reading this (twice) I am simultaneously elated and aghast. 2. Be very skeptical of ALL "preventative medicines". That this happens so very much, though, is usually ghastly. Here's a good motto for you -- Take NO medication without investigating it completely. That being said, these were also often significantly less than prepared in experimental design and statistical analysis (that was my contribution). hardly any i didn't like if any. Dr. They could help lower cholesterol however they are for my sake as silent a killer as hbp.. Insightful, and radically honest (at least hopefully), this reserve brings to surface many of the concealed, or not well hidden, caveats of modern health care. I was not shocked but amazed how deep this rabbit hole will go. Very interesting reading. I can easily accept what the publication contains specifically with the ... The experts I worked generally extremely ethical and genuinely worried about contributing to individual well-being..Made me personally suffer quite a bit and stopped them entirely.Hope that Dr. Good question.



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