

Healing

CHILDREN'S ATTENTION & BEHAVIOR DISORDERS

Integrated Nutritional & Psychological Treatments

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PROFESSIONAL EDITION

DR ABRAM HOFFER, MD, FRCP(C)

Dr. Abram Hoffer

Healing Children's Attention & Behavior Disorders: Complementary Nutritional & Psychological Treatments (Professional Edition)



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[Same head type as Therapeutic Cancer]Therapeutic CHILDREN'S ATTENTION & BEHAVIOR DISORDERSFollowing upon the success of his previous books on clinical nutrition therapy for adults, Dr Abram Hoffer examines most chronic ailments suffered by children, with special attention to learning and behavioral disorders, and based on over 2,000 case studies, discovers that dietary deficiency is the predominant cause. and a complete information to supplement and mineral supplements for children, with suggested dosages. a comprehensive information to the nutrient value of common foods, which a mother or father can follow in developing an optimum diet; The publication features full accounts of these case studies, where many parents will find their own children's ailments diagnosed; Clinical diet therapy of physical and mental illness and disorder uses a combination of optimum nutrition from common foods with supplement and mineral supplements. He recommends against pharmaceutical (ritalin, for instance), psychotherapeutic, and medical intervention in favor of the orthomolecular diet he developed many years ago in cooperation with Dr Linus Pauling.



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A book which saves children. I'm rating this book 5 star, because the criterion for Amazon 5-star rating is "I love this publication! On the contrast, the orthomolecular approach as outlined in the present book actually remedies people, sending them back again to their own families and society as well beings. How come it isn't on the news? That is a concise and powerful book. Hoffer's "ABC of Natural Nutrition for Children". The present title isn't truly representative of the content, as the information contained is essential for all children. Additionally, the subject matter largely deals with other complications such as schizophrenia.. Three times? Yes, it's that great. The later and great Dr. Hoffer, one of my lifetime heroes, was most important pioneer of orthomolecular medication, which I believe will 1 day be recognized as primary medicine, the primary disease avoidance modality and first line of cure. This is especially true of psychiatric medication, the convention approach to which has never found a cure for anything.", and I must say i do. Perhaps the greatest strength of this book is that lots of actual case histories are brought, turning theory into tested fact. Dolev Gilmore, author: Supplement Therapy Beats Ritalin or Adderall WITHOUT DOUBT (The reviewer is Assistant Editor of the Journal of Orthomolecular Medicine) A riddle: just how many years will it take for a fresh method of treating behavior disorders in kids to be generally accepted? When you examine Dr. For me, it is the most elegant explanation of orthomolecular (megavitamin) medication since Linus Pauling's historical 1968 paper in Science. minerals, and great foods - make the whole difference. Dr. Hoffer's work is essential as he is one of the medicine pioneer in the last century- he brings a fresh approach that treatments without side effects interest and behavioral disorders. Medication today - is too aged. Five Stars A must read. Learn how yo nourish your brain. Saying no to drugs" also requires saying "yes" to something else. Hoffer has over 500 publications up to now. This single book (and he has written nearly 30 others) will present the reader with comprehensive and comprehensible review of supplement therapy for ADHD that I've yet seen. Not Impressed Not that there is anything wrong with the tips of the Dr. But I was recommended this book as a way to better understand my nephew who has Down Syndrome. How ever it does have some good ideas about nutrition. This was never about Downs. Nutrition as well as your Child's Soul: Don Quixote's Heart-Cry How to treat kids with the best nutrients that work How to treat kids with the very best nutrients and diet plan that work. The answer is forty, regarding to Abram Hoffer, M.D, Ph.D. You can find few physicians who've sufficient experience to personally validate such a state, but Dr. Hoffer can. He pioneered megavitamin research and treatment back in the first 1950's, and, half a century afterwards, has still been largely overlooked by the medical job. Why? Because Dr. Actually, Hoffer had a 17 year jump on Pauling; And, he got results. Having said that, this book is almost completely a republishing of the fantastic Dr. It contains plenty of information to set the medical career on its ear. Vitamins. Hoffer treated learning disabled and/or ADHD kids with vitamins. vitamin B-3 (niacin, or niacinamide) to treat behavioral disorders was first used by Hoffer and colleague Dr. He provides supplement dosage details, meals tables, plus a large numbers of references. Dr. I understand a 10 year aged boy who was having considerable school and behavior problems. Interestingly enough, the kid was already on physician-prescribed little bits of niacin, with a complete daily dose of less than 150 mg. Not a bad beginning, because the RDA for kids can be under 20 mg/day. But it wasn't enough to work, and the boy was slated for the Ritalin-for-lunch bunch. Niacin worked then, and it works now. Hoffer suggested attempting him on 500 mg niacinamide three times daily (1,500 mg total). When he got house the next day, he was shocked. Whenever my child is under stress, his symptoms worsen and then I increase the niacin and vit C dosage and the outcome is always impressive. What a difference! People often ask, "If this treatment is so good, why my doctor doesn't know about it? I recommend it to anyone curious about the foundations of orthomolecular medication, and the basics of nutrition for kids." The solution may

have more to do with medical politics than with medical research. Consider Hoffer's views on Attention Deficit Hyperactivity Disorder: "The DSM system (the standard of the American Psychiatric Association) has little or no relevance to analysis. It does not have any relevance to treatment, either, because no matter which terms are used to classify these kids, they are all suggested for treatment with drug therapy" combined, sometimes, with other non-megavitamin techniques. Check out naturalnews. Nor would their patients feel any better or worse." Statements like these do not precisely endear someone to the medical community. And, as if such statements are not enough, Hoffer after that devotes the balance of the book to setting out genuine nutritional alternatives to drug therapy for ADHD children. Humphrey Osmond in 1951. Osmond, was the first to employ niacin to take care of behavioral disorders. The best part is that is a book of practical, positive advice. Criticisms and also lawsuits on the hazards of tranquilizers, Ritalin, and related pharmaceuticals are increasing, but neither court nor controversy can cure your son or daughter. "Battered parents" (Hoffer's term) have to know what to do, and now. Excellent Provides materealistic foundation to understand the subject. That another thing is nutrition, correctly employed. For those who say there's insufficient scientific evidence to support megavitamin therapy for children's behavior disorders, I say they haven't been looking hard plenty of. Our child was behaving so well, he was having fun and could focus on homework. Stop drugging your son or daughter! Furthermore, many case histories are included, plus a poor foods list, numerous study summaries, precise recommendations for optimum diet plan, comparisons of drugs and vitamins, a discussion of allergies and food additives, behavioral self-exams, and, most importantly, an abundance of professional experience. Dr. This is my second sample. First one was shown to a pal of mine. The simple way to determine whether vitamins can help your child is to try them. A lot of people including physicians haven't heard about. After a year and a half we are still supplementing and will continue at least till the age of 18 (this is what dr Hoffer recommends). THIS Publication SAVED OUR LIFE This book really changed our life and saved my child! I am a nutrition coach but i was really skeptic about vitamins recovery disorders.. It certainly opens your eyes on how pharmaceutical market is making us ill to increase the income. My boy is ADHD and I when we started megadosing he was 6 and simply started 1st grade. TThe change actually happened overnight. My husband was aside when I started offering my boy niacin and other vitamins and he couldn't believe my words. That's a lot, but niacinamide is definitely a comfortable, flush-free type of supplement B-3. Hoffer and his colleagues conducted the 1st double-blind controlled vitamin trials in psychiatric background in 1952. Hoffer you get invaluable guidance from the foremost authority on the subject. So Mom tried it. He gets better nearly immediately. Personally, i was disppointed when I purchased this book, because I've the prior edition, and I sensed cheated, having bought the same book twice, and having browse the previous edition 3 x. each time I am shocked at how well niacin works for his mind. I absolutely love this book and will never end recommending it not merely to parents with ADHD children, but to every parent generally. but I gave it a shot and it proved helpful from the 1st moment! He was among the first to employ supplement C as an antioxidant, utilize the B-vitamins against heart disease, and, with Dr. Abram Hoffer was the greatest healer of guy since Jesus Christ. Essential read if you're likely to raise a child. Don't wait around for problems to create in, mainly because vaccines, GMO foods, the toxic environment impair all children. "If the complete diagnostic scheme were scrapped today, it could make minimal difference to just how these kids were treated, or to the outcome of treatment.com for updates and the journal of orthomolecular medication.



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