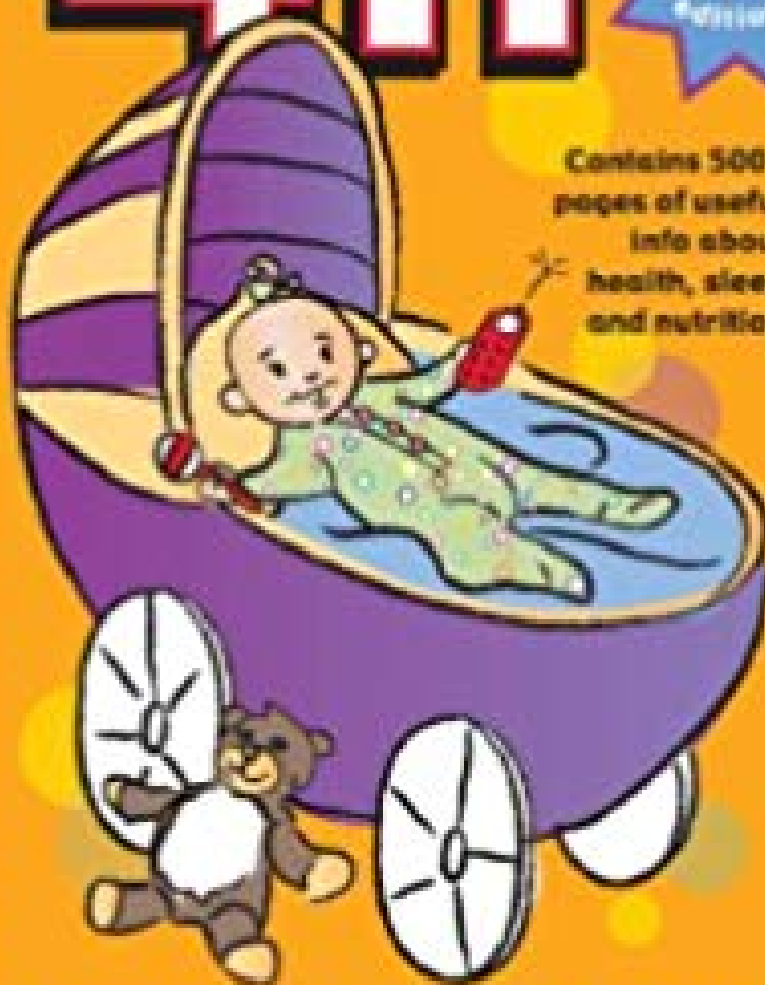


As Seen On NBC's Today Show

# Baby 411

4th  
Edition

Contains 500+  
pages of useful  
info about  
health, sleep  
and nutrition



**Clear Answers & Smart Advice  
for Your Baby's First Year**

*Denise Fields and Ari Brown, M.D.*

Denise Fields and

Baby 411: Clear Answers & Smart Advice for Your Baby's First Year  
(Baby 411: Clear Answers and Smart Advice for Your Baby's First Year)



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Think of it as the greatest FAQ for fresh parents. What if you could bottle the wisdom of most those parents who've come before you. What are the official suggestions on vitamin supplements?. Probably the most up-to-date study on autism. Baby 411 is the answer. Finally a parenting book that separates fact from fiction. Baby 411 is certainly back with a whole new fourth edition, updated and extended to include the latest on baby's first calendar year. Here's what's fresh: Organic baby--organic foods, BPA controversy, phthalates, melamine. We offer you clear advice on staying away from enviro hazards. Vitamin D. What nutrition does your baby really need?. And, needless to say, the latest controversies swirling around vaccines, with recent scientific tests. Early signs of autism--detecting a issue before your baby's initial birthday. The most recent research on sleep, rankings of the "rest gurus" and more!and combine it with the sold medical advice from an award-winning pediatrician? Are those educational videos best for your baby? How exactly to protect your baby from obesity. Expanded advice on breastfeeding--and how exactly to troubleshoot common problems.



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This book answers so many questions Perhaps you have left the pediatrician's office and grumbled because you forgot to ask that one question that's been bugging you for times? A Must Have! It is packed with details that you wouldn't have thought to ask, but get incredibly useful. Great info Great info. Nevertheless, you definitely need not read it sequentially. Specifically, I've read the chapter on rest probably five times. However, I bet most people will go back and read what they skipped once they have finished the more relevant chapters. My only complaint is a minor one with the index: it really is as well detailed, and lists every place that a word shows up, even if it had been not the concentrate of the page or even paragraph. This means you have to try 6 places to find what you are searching for. The search feature in the Kindle version may make this much less frustrating. This probably only impacts the physical copies of the publication. Will probably be worth having on hand, but only informs on 65%ish of what I hoped to understand. Fairly informative book, but seems to prescribe to the big business medical perspective. As a mom striving to apply more organic and whole-wellness approaches in my childcare I didn't generally value the advice provided. concise! And what the gravy is the size all about? It is possible to look by age group and then particular item (feeding, sleeping, etc) Its our head to book with anything baby Always gets heavy make use of! I spent the majority of my early sleepless nights with baby reading this beast cover to cover while feeding her. ...Overall though I'd say it's nice to supply for basic knowledge in baby health (which explains why I didn't return the item), however, not a 100% perfect go-to reference (more like a 65%). Amazing book A few coworkers (doctors) recommended this book to me. I wish I'd bought it sooner - the initial chunk of the book can be prenatal / maternity FAQs, the majority of the book is how to care for a baby, broken down by topic and in an easy-to-read file format where it outlines the fundamentals and launches into an intelligent Q&A. Super inconvenient shape. Don't start parenthood with anxiousness of the unknown - this book will help you understand rest, feeding, what's normal, what's not for each and every stage and set up healthy routines from the start. It's compiled by a breastfeeding expert and a paediatrician with impressive credentials. She has parts of it memorized and it helps us identify regular behavior/occurrences with issues and different problems. I suggested it to anyone and you will be buying copies of this for every darned baby shower I proceed to. I take advantage of it as my main go-to reference and trust it. Easy Read Baby 4 I I was presented with to me by way of a friend when my eldest was created. I loved it so much that I purchase it for shower gifts. I had to do a lot of wading through chapters to find what was relevant to my newborn. Baby 4 I I uses an expository format meaning that it provides headings for every question asked or covered through the entire reserve. Each chapter is laid out in a manner that you can easily find the answer with their problem. Dr. Dark brown discusses each topic completely and in plain language for everybody to understand. However the way the book is organized is also helpful. Easy read therefore educational. I couldn't have managed to get through the first child without it. New mom and I LOVE this book - brand-new recommendation for all pregnant friends It had been first recommended by our pediatrician, which gives it some authority. Since then, I have given it to four pieces of new parents and they have all produced mention of how often they utilize it and how great it is. Whenever something's come up and I've read multiple perspectives, this publication has always felt probably the most logical and doable, and produced me feel best about how exactly I'd been doing issues. If your kid is already 6 months old, you may want to skip the newborn section at the front end of the publication. I also like the duration and fine detail with which it goes into things. Awesome resource - specifically for first time parents This book has provided many many sanity checks for

my wife and I. It certainly educated me, and I'm a doctor. I purchased it and gave it to the mom-to-be. It has definitely made first time parenting be a very much calmer and smoother process. I would definitely recommend this as something special (more of an absolute must have) for first-time parents. They could never register for anything like this nonetheless it should relaxed frazzled nerves and give great guidance right off the bat. This book offers you covered. I'm just a little out of touch with what to get people for his or her baby showers so I asked around any office and was greeted with an enthusiastic endorsement of the book. It provides an initial step to greatly help us look at and analyze what we have been seeing. Very thorough. Item continues to be usable, but it's a fairly ridiculous mistake to create while printing a reserve. Must Purchase for New Parents Our doctor recommended getting this book to help reply questions about how our baby is doing and if what he's doing or just how he's acting is "regular" for infants his age. We utilize this book as our baby encyclopedia. I came across a much older version of this book many years ago when researching gifts for new parents. If you cannot find what you are looking for utilizing the headings you can basically flip to the trunk and look your issue up by looking for the topic in the index. What loon believed it'd be cool to have a massively tall and narrow book in comparison to standard sizes? The index is simple to use to find something specific actually quick. You can find literally hundreds of content and books on every newborn topic, and they'll give you every option feasible and contradict each other 100% of that time period, a few of which could've been compiled by those who have no right telling people about kids. I do have no kids myself, but I've hardly ever given any present before that I received so much positive responses on. Had pages which were upside down. Some of the pages were printed ugly. It'll be my go-to shower present for the future. Great info Clear & Also experienced there was excessive info on some topics, and not enough details/explanations on others. Maybe, because there is so much I do, it would have already been nice if it was simpler to find info in accordance with your baby's age. It is a straightforward read, too. Her spouse sent me an email the next day saying the book was great, he had already started reading it, and the thank you remember that I received from the mom was effusive with compliment for this book. Need to have Extremely informative with the purchase A favorite Best baby book ever Save your valuable money and use Google Utilized this book twice, this's relatively easy. The book is user friendly for mothers who can't stand to read, for moms running on small to no rest, and for fathers who would like to learn more. An absolute must have for new parents! This book helped we (who have never been near a new baby inside our lives) to feel safe and confident as new parents. Seriously, people, a lifesaver. There are sections on sleep, feeding, poop, self-discipline, milestones/development, disease, and pregnancy/prenatal care to mention several, and the materials is evidence based, actuality based, and truly legitimately great. I came across the "first bi weekly survival guide" especially helpful - we read it again and again as we navigated the first couple of days.



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