

Taking Care of Myself

A Hygiene, Puberty and
Personal Curriculum for
Young People with Autism

by MARY WROBEL



Mary Wrobel

Taking Care of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism



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Through simple stories much like Carol Gray's Social Stories® , author Mary Wrobel teaches caregivers just what to say (rather than say) and shows how you can create helpful stories of your. Puberty could be especially rough when young people have autism or other special requirements. Mary addresses hygiene, modesty, body growth and development, menstruation, touching, personal safety, and more. Young students can reap the benefits of self-care abilities such as using the toilet, brushing tooth, and washing hands. The best goal is to maximize the child's potential for independence and lifelong social achievement. Parents and teachers should begin teaching these necessary skills as soon as possible, even from ages three to five.



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Nice reference. All Colleges Should be Teaching out of this Book! I have special needs kids and one in particular is hygiene challenged. The material is age appropriate and the content is certainly accurate. I recommend for any educator and/or of unique needs kids and those who are socially inept. This book has been a blessing. This book will develop with him. We were looking for materials to teach kids with learning disability and autism. The publication is addressed to individuals with very mild disabilities. It will clearly state on the cover or in the evaluate. Waste of money for all of us. Good guide I bought this book for my girl to use with her daughter with autism. The workbook format is great since she homeschools. This book is a great assist in teaching suitable hygiene and some much needed information regarding boundaries between what is socially acceptable and what's not. Highly worth the purchase!! These stories explicitly explain the principles in understandable and relatable conditions. This book is really worth the purchase, read, and implementation!! It's easy to neglect that your son or daughter already knows what it means to be dirty and carry germs, particularly if you have modelled great hygiene right from the start. I like it because of this by itself. I extracted the stories on the hygiene section and included germy pictures to make my own version of interpersonal stories!! Within one week of reading these stories and incorporating a reward chart, my boy went from rarely washing his hands to cleaning them appoximately five moments each day. Totally useless for us Totally useless for us. I just wish I had this publication about 5 years back! Many thanks! Fast shipping. Item as described. This is effective for copying pages to be able to give a child a checklist. Fast shipping. Thank you!This Book is a Blessing! Item as described. I am employed in the field of college social work and I mother or father a 9-year-old child with Asperger's Syndrome. Much of it, at this stage in our journey, was already dealt with but there are several things that still want visual help, so it's worthwhile. Upon mastery of the basic hygiene concepts, I intend to graduate to raised skills. Hygiene and puberty personal curriculum publication for young adults. The perfect guide book to help students that are reaching puberty. Good value for money, completely recommend it I am a middle school instructor with Moderate/severe students which book is a great asset to me and my paraprofessionals. Five Stars This is a good book for teaching children with special needs about hygiene and issues about puberty. Great resource Fantastic resource for writing interpersonal scripts for particular needs students. Modified verbiage to greatly help adults talk and consult withtheir college students.



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