

# Special Diets for Special Kids **Two**

***NEW!***

**More Great-Tasting Recipes & Tips  
for Implementing Special Diets to Aid  
in the Treatment of Autism and Related  
Developmental Disorders**

**by Lisa Lewis, Ph.D.**

Autism

ADD/ADHD

Allergies

Celiac Disease

Much more!

Lisa Lewis

## Special Diets for Special Kids, Two: New! More Great Tasting Recipes & Tips for Implementing Special Diets to Aid in the Treatment of Autism and Related Developmental Disorders



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Today, this revised and extended edition gives both books in one, complete with groundbreaking study, revised recipes, and color photos throughout! Part medical treatise, component cookbook, this publication not only teaches how to make gluten-free casein-free (GFCF) foods and snacks, in addition, it reveals how GFCF diet programs "work. Praised because a modern-day classic by celebrities and readers all over the world, the 1st edition of the highly-acclaimed book offers been assisting children and adults with autism, ADHD, celiac disease, and other disorders since 1998. Quantity 2 adopted up by providing more dishes and updated research."



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Hoping for something a little simpler I really wish I could possess made this book work. I paid \$120 for the two 2 parts and never used them (!) I simply didn't have time to cook these elaborate foods. I LOVE THIS BOOK!nowhere was mentioned what size pan to use for the loaf option in the instructions. It has a great deal of great information regarding what can be hidden in standard foods and vitamin supplements. And, as most of us know, unwanted estrogen has been from the onset and spread of cancers. In the Raisin Snack Cake a footnote states "if utilizing a loaf pan bake for 50-55 minutes". Also, within the same text was "steeping the raisins in boiling drinking water". IT OFFERS NUMEROUS Foods FOR THEM THAT ALLOWS THE CHILD TO NOT BE NEGLECTED OR Experience CHEATED OUT FROM THE FUN FOODS Kids SO MUCH ENJOY. I WOULD SUGGEST IT TO ANYONE AND EVERYONE WITH AN AUTISTIC CHILD

Very useful This book has plenty of easy to follow recipes with usable type things. I was pretty happy with the publication and used it plenty. Excellent! I'm so pleased a friend explained about your recipe books- they have been a lifesaver! We've multiple food allergies as well as your publication helps us greatly!Little oversights such as this found me building educated guesses in my attempts to create a palatable meal.I had to read the ingredient list many times to ensure that there was not enough liquid otherwise and make sure I wasn't supposed to drain the water. Great book When my kids were young, i offered all sorts of food to them. Wonderful purchase!. I was very impressed with the wonderful condition of my publication when it arrived. It really is because of this very reason that lots of oncologists tell their tumor patients not to drink or eat any soy-based items.it generally does not however, tell the reader to use the included drinking water in the recipe.! It really is great how the recipes have alternatives in case you are also staying away from soy or yeast for example. One day, i realized they are too fat, which is not wellness. And I'm glad the author questions the use of soy as a replacement for dairy. The truth that we don't know whether soy peptides could cause autism or other neurological disorders is normally of definite concern. I'd also suggest another reason for caution: a serving of soy is like a dosage of estrogen. The recipes are fabulous. Owner provided me with an excellent experience! Stick with Bette Hagman for baked products~ Writing a recipe isn't as easy as some may prefer to believe. Everything must be considered and explained from a perspective of someone who has never set foot in the kitchen.With that said, I found several glaring omissions in the three dishes I chose to make. Thank you. Being a veteran baker, I make use of many sized pans... It's spiral bound so cooking without having to hold the pages straight down is a plus. EXCELLENT FOR AUTISTIC GFCF DIET THAT IS A GODSENT Reserve FOR FAMILIES WANTING TO FEED THIER AUTISTIC CHILD THE GLUTEN Free of charge CAESIN FREE DIET. I was super happy with my purchase!.. Five stars!... Thanks a lot!!The introductory passages explaining why the special diet plans exist was informative but I gave up after 3 less than appealing concoctions.! NICE SEQUEL TO FIRST BOOK Like the first book, this one is chock filled with valuable information for parents of children who have to be on a gluten-free and/or casein-free diet. Luckily, i found this book. and It gave me ideas to manage every meal for children. Great Complement to First Volume Contains even more dishes that are old - honest evaluations of how they workout.! Have both volumes in my own workspace and use them weekly in meal planning and preparation. Want an updated edition of both volumes!



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