



A Best Half of Life Book

# *Dr. Ruth's* *Sex After 50*



Revving Up the  
Romance, Passion  
& Excitement!

NATIONAL  
MATURE MEDIA  
SILVER AWARD  
WINNER

**Dr. Ruth K. Westheimer**

World-famous sex therapist,  
lecturer, and television personality  
With Peter A. Lenu

Ruth K Westheimer

Dr. Ruth's Sex After 50: Revving Up the Romance, Passion & Excitement! (Best Half of Life Bo)



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Dr. Ruth K. Many people enjoy the best sex of their lives following 50! Many experience even more passionate, even more thrilling, and more satisfying sex--the kind they just dreamed of before. Westheimer, world-popular sex therapist, manuals the reader through the physical and psychological issues of sex after 50, revving up the romance, passion and exhilaration as just Dr. Ruth understands how!



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Sex too dull? Give Dr. Ruth? If you've ever seen Dr. Ruth. Its cheerful strategy weaves around a variety of subjects linked to sex. She's in a position to write about issues that might shock some visitors if the subjects were approached by anyone but Dr. Ruth, this book reads just like she speaks.. It could open the eye of others. Its worth the read if you feel your batteries want recharging! copy of the reserve to maintain a healthy and happy marriage. Getting remarried after age 50 presented many challenges. We read the book collectively and it offers improved not only our sexual relations but our knowledge of the changes we have been going right through... Good read Dr. I experienced validated and hopeful. I recommend this book I am realizing I'm not as young as We used to be and lots of recent issues have caused me to feel inadequate. I really linked to the book because it helped me recognize that the adjustments I and my husband are going through are common at this age. Indicate to others. Desire of a 20 year aged, body of a 50 year old. I highly recommend this book. If sex can be practical, this reserve is. . Some readers will dsicover the book too dull or folksy. Helpful Answers some concerns with aging and romance If sex can be practical, this publication is. It answered plenty of my questions. Five Stars Interesting and useful well balanced tips. Ruth a go through! She is blunt but truthful and often in the understand.can't do what I used to and needed reassurance and tips.. Ruth writes a great book for 50 yr olds, and even 60 yr olds and 70 calendar year olds and old! She highlights some things that switch as people age but she also encourages sexual satisfaction as long as one is able. ... Would suggest to others. Every couple must have a copy of the book to maintain a wholesome and happy marriage. Good Read What can one say about Dr. Decent read, but in my opinion, nothing at all new to really get from book Easy read, great book, but all in all, nothing I didn't know. Ruth for Sex after 50 Dr.. Four Stars informative Four Stars I can hear her voice when reading this...



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