



How To Stop Poisoning Yourself

THE PURE & NATURAL WAY

A Guide To Avoiding Processed,
Commercialized, Irradiated &
Genetically Engineered Food & Products

A SECRET THIS MOMENT PUBLICATION

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How To Stop Poisoning Yourself The Pure And Natural Way: A Guide To Avoiding Processed, Commercialized, Irradiated And Genetically Engineered Foods



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This book addresses the need to match and versed in the brand new means and methods "food" is being dumped into the human meals chain. Although the food that comes from the planet earth is natural, it really is poisoned in other ways and through several processes. Healthy alternatives for obsolete items, updated info for altered products and comprehensive info regarding modern poisons have been furnished in this publication for the reader's safety. With the advent of the age of industrialization came a move from proper dieting and food preparation, to an explosion of procedures to make food easier and quicker to prepare and eat. Additives, chemical substances, irradiation, pesticides, pollution, and residue from solvents and various parasites are all poisonous.



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It has religious sights attached to some truth. One sided This is way too one-sided. When you have the same religion, after that it might work for you. However, for ordinary people, we don't value what so-and-so says when it's only partially based on science.



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