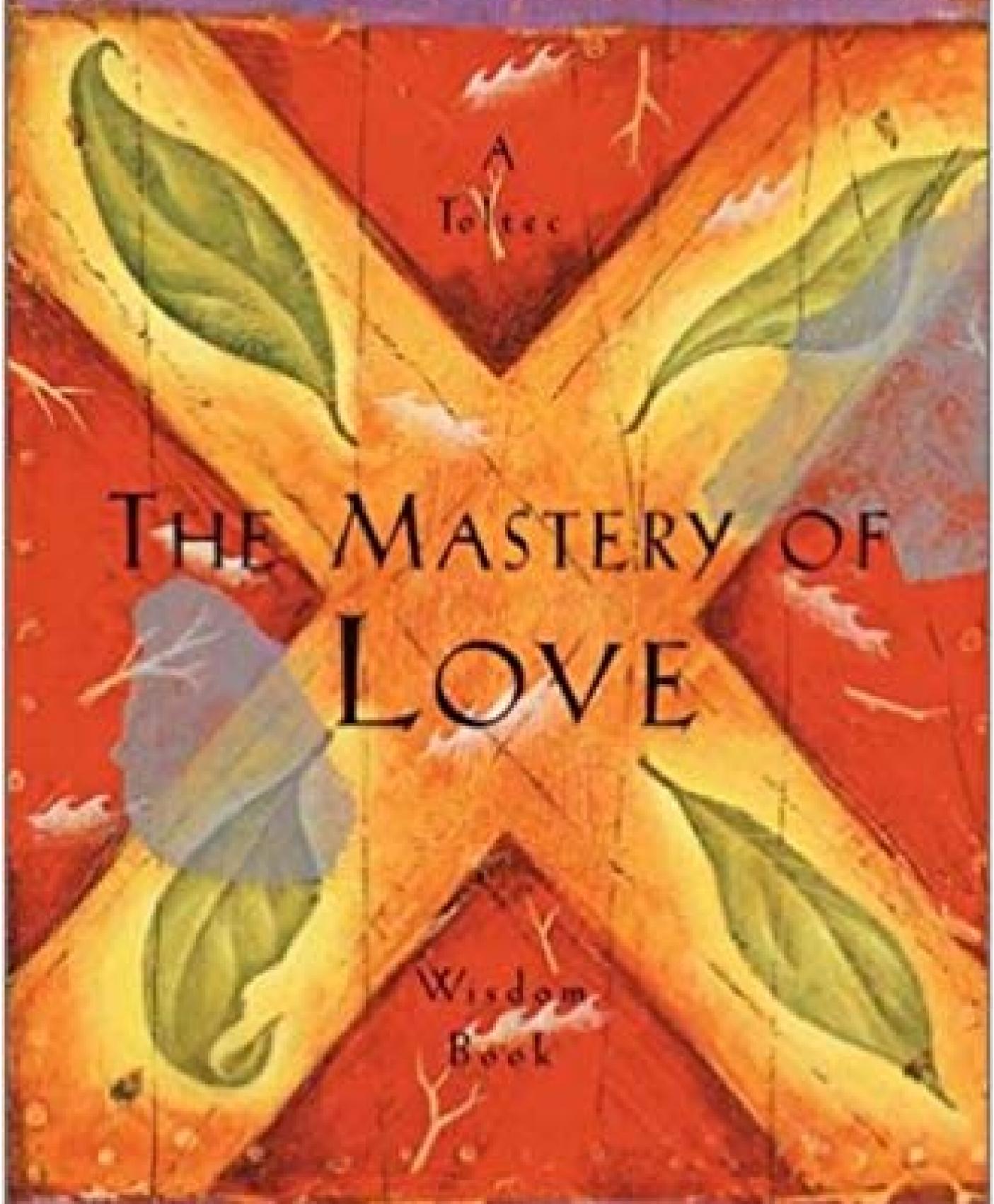


A Practical Guide to the Art of Relationship



THE MASTERY OF
LOVE

Wisdom
Book

DON MIGUEL RUIZ

Don Miguel Ruiz

The Mastery of Love: A Practical Guide to the Art of Relationship (Toltec Wisdom Book)



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Using teachings from the three Toltec Masteries (Awareness, Transformation, and Like) as a base, don Miguel brings to light the fallacies and misplaced expectations about love that permeate most human relationships. Using insightful stories to provide his message to life, he displays us how exactly to heal our emotional wounds, recover the independence and joy that are our birthright, and restore the spirit of playfulness that's vital to loving romantic relationships. In The Mastery of Like, don Miguel illuminates the fear-based beliefs and assumptions that undermine love and result in suffering and drama in our relationships. He gracefully shares his wisdom through delightful and engaging stories that clarify each stage and provide his message to life.



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These Books Changed Michael Egwuagu's Life. This book alongside Don Miguel Ruiz's "Four Agreements" single handedly changed my entire life. Love is even more about yourself, then you find the partner who you can talk about the foxhole with, however, not be fully influenced by each other. If you've ever reflected on or struggled with any intimacy problems, co-dependency, anger, self-hatred, or been called bitter/bitchy/etc. it'll bring insight to whoever has a chance to open it. I also understand and learn how to recognize when negative feelings are arising within myself and i could suppress them before transferring that emotional poison unto someone else. It offers simultaneous insight into how exactly to properly process the baggage we all carry and occasionally throw at others, and also how to love in an artful, cultivated, conscious, and pure manner.! First you need to know: what's love? It's difficult to give this review an adequate title. The truly spectacular portion of the entire document is normally that he has established that the traditional methods of increasing and rearing young humans is an action of domestication. This author starts at the very beginning to be able to create a mastery of like: your human personal. The war of control that slowly destroys most interactions³. In reading this work I've taken another step towards personal knowledge, towards a far more complete SELF. Going back in to the relationship, this publication helped me to essentially like my partner for the individual he is and not make an effort to change him. There's a part in the reserve that also struck a chord with me: we have to actively hunt down our own parasitic and debilitating thoughts, otherwise they'll consume us and we'll live in our very own perpetual hell on earth. This book is a "must examine" for anyone who is trying to awaken their inner self. ... Everyone should browse this to comprehend that love is not about owning someone. A lot of people go into relationships hoping to ... This book totally changed my outlook and perspective about real love. So many people go into relationships hoping to extract happiness from the other person, when really you will be the only person who can make yourself content. As someone who by no means liked to be single out of concern with loneliness, I picked up this book at an ideal time and I'm suffering from a relaxed and tranquility that I do not have before. The only remaining issue, which brings its own set of follow-on queries is: is there a better way to instill necessary skills and understanding in the youthful, or should we find a method to apply an end to the domestication once we have reached maturity? This book has changed my life and the lives of many others. Great read. Brought about a feeling of clarity surrounding like. I've always been really difficult on myself and it's taken a lot to overcome my very own self-rejection. I've owned at least six copies of this book within the last ten years. It unquestionably changed my inner metric for loving others and myself. Highly recommend I love it Thanks Everyone I know who reads this publication finds a depth of wisdom and ease and comfort in Ruiz perspective that they come away changed from the knowledge of absorbing the knowledge contained within. These books helped me with the internal struggles we was having with myself. I recommend you examine this masterpiece. These books are certainly AMAZING, and Video game CHANGING, and i guarantee you men (Amazon Community) that whenever i actually get my platform in order to impact and speak on important manners, i will use these books for reference! Reading this publication won't "repair" anything in yourself or life, nonetheless it will provide you with a radical perspective on how to love, how to be treasured, and how to handle your personal emotions in a manner that offers others your better. helped save my heart. helped me a whole lot.... I read the paperback and this is one of the most influential books that I have read.excellent stuff in here... Great read.i go through this immediately after a bad breakup and amount of time in my lifestyle, and this really opened my eye to real love vs attachment and what you should expect from others and from yourself. so a lot of this highly resonated with me right when i had a need to hear it. i purchased the audible

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empowering and encouraging. Must Read - Perfect Reserve to Build Perfect Relationships I highly recommend this book.. It talks about the unconditional love and the way the fear based relationship and beliefs result in struggling and drama in life. Now, I am actually excited to read: Four agreements. Shipped quickly. The mind-boggling message is definitely that you need to first like and accept yourself before you love and accept another. Why we search for love in others, and how exactly to capture the like inside us4. How exactly to finally acknowledge and forgive ourselves and othersThis book is quite thought provoking and can lead you to think about all the human relationships. You need to have an open mind before reading this book. The Mastery of Like includes:1. I again highly recommend this book. Love this book Love this book. reserve totally transformed my outlook and perspective about real love. It's about understanding how to love yourself then another person. I was teaching for The 2017 NFL Draft in Dallas, TX from January 1st -March 17th, and had the enjoyment of reading both of these books along with a couple more. Never put your pleasure in somebody else's hands. They won't know what related to it and could drop it. You then are still left heartbroken. This guide helps you understand what to and not to accomplish in a relationship. Great Read This book helped me a lot after appearing out of a relationship and giving that relationship another chance. This domestication then becomes the root of the many barriers to self like and therefore the ability to truly love others, whether familial love, friendship love or romantic love. Shipped quickly. That is my bible ;) Awesome So very clear and grounding. I just bought a duplicate for a pal - it's too valuable not to share. Tool to reread over and over again. Grateful for this a gem Seeing that described. Great read, really puts items in perspective :) Just as described Just as described GREAT QUALITY Book was in great condition. Seeing that described. Why domestication and the picture of perfection result in self-rejection2. Beautiful book This book is the most though provoking read... I am aware now that like is a pure consequence of the love arriving outward from within you. The messages in The Mastery of Like will remain with me forever.. I still have my moments, and that's where this books provides helped me immensely. I am enlightened by this book. This is a reserve that I will recommend this reserve to anyone. Awesome book! My entire life has been therefore positively influenced by it that I have given a duplicate to every serious partner I've had, my mom, and my best friend.



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