



THE NATURE OF PERSONAL REALITY

SPECIFIC, PRACTICAL TECHNIQUES
FOR SOLVING EVERYDAY PROBLEMS
AND ENRICHING THE LIFE
YOU KNOW

Jane Roberts

NOTES BY ROBERT F. BUTTS

Jane Roberts

The Nature of Personal Reality: Specific, Practical Techniques for Solving Everyday Problems and Enriching the Life You Know (Jane Roberts)



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He explains how the conscious mind directs unconscious activity and has at its command all of the powers of the inner self. In this perennial bestseller, Seth challenges our assumptions about the type of reality. Included are excellent exercises for applying these theories to any life situation.



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Not meaning to end up being judgmental, however in the 70's that behavior wasn't that unusual, however now, it seems just a little questionable. There is no hocus pocus or ritualistic ceremony that you should do.!. So I will say the very first thing you want NOT to do is definitely. I wish i'd examine it at 19, and every 5 years thereafter. The rest felt like dipping my toes around the edge of the pool. This was a plunge in to the deep end. Best book i have read about understanding reality." And yet, I believe that IS our issue. It provides calmed me within an odd way. The feeling reminds me of how I heard people describe their encounter after having an LSD trip (an excellent one). I had actually considered an LSD encounter. Now I'll just reread this book. THE REALITY OF SELF I bought this publication seven years back and my copy is indeed dog eared I needed a new one. I can't really begin to explain how... One reason is due to our limited perception about ourselves and actuality as we know it or believe we do and even less because of our beliefs about ourselves and that fact. Thank You! As redundant as that may sound if you truthfully think about that we don't examine what we believe. When I did so I was astonished at what I came across. David R. I'm 59.amazing this book is usually. SHOOT THE MESSENGER.What I thought were irreparable associations were repaired. If you can suspend your DIS-BELEIF of the messenger longer enough to learn the message you will see that there is more truth than you thought in the message. The reserve is asking us among a great many other factors, to examine things that we take as fact based on what we've been told along with our very own beliefs about whatever that may be and really observe if what we beleve is really because it might not be what we believe it to end up being at all. And it usually isn't. It will help you dispel older, unproductive points of look at and obtain you motivated, regardless of what you're up to. I was sad when the reserve ended, for I by no means want the information to stop flowing. As soon as we look at what we believe truthfully we will discover truths that we thought were deep inside our subconscious that could not be available to your conscience mind without long and costly therapy. Not so everything is there in plain view of our consciousness. One more thing I really liked about the publication was that it utilized scientific data through the entire book that people have excepted, as good examples as well as spiritual dogma to shed new light on one of our oldest beliefs. If you want a different reality-then embody (think and feel) like you wish that different reality to be.s. you've heard, said, and THINK you understand and believe. I possibly could continue but I don't desire to write a novella instead of a review I just want to give you simple shot of what the materials is about. The book gives you a different perspective on what you've been told and what may or not really, really be. I am in therapy, studied Buddhism, kabbalah, reiki, laws of attraction, visualization, CBT, PSTD, past existence regression, Astral travel, the Ra Material, the list goes on. Actually the book will request you to dismiss much of the ritualistic items that you have learned and to trust your own intuition that all of us posses and do not use as well as know we've at our disposal. Everything that you need has already been available. YOU..every day.!. If you read it years back, try reading it once again. I will have 5 of her books in my own collection, and could have sworn that this was one currently on the shelf except what I acquired was 2 volumes of "Unknown Reality". That one is the Nature of PERSONAL Actuality. Thank Seth, Jane and Rob because of this gift Transformative & I gave it 5 stars mainly because it emphasizes the key point again and again: We create our own reality. Everything you have is everything you called into being for yourself. If you are prepared to be taken out of your safe place and become a bit more SPONTANIOUS because the author makes reference to often, this reserve is for you and will cause you to think about all of the b.!. Create the image in your thoughts of what this fresh and better version of you and your lifestyle would be, and then replay that image and scenario again and again and over.. An Incredible Book!...and the simple

exercise recommended. It's a hypnosis technique of envisioning the future that you create in your mind, then walking involved with it, and FEELing what it feels as though to BE THERE for the reason that ideal future. How happy it certainly makes you. How great everyone in your life will there be, and how great your life right now feels as you head into that ideal future YOU living there. I love all of the Seth books because they have opened my brain to a new way of looking at life way more than other things I've go through or witnessed at church. The information goes in easily and Seth's suggestions are an easy task to practice..in theory. The saddest thing for me personally is that reading the book, which is composed of her husband's hand-written transcripts of her actual Seth sessions primarily occurring through the 1970's, would be to witness Jane's health deterioration from pushing herself too hard, smoking, rather than sure how much beer was necessary to initiate Seth's simple oration but frequent requests for "a different one" were noted. Brain bending and a must read I've been upon this journey for about ten years. On some level what Seth says makes sense, and on the other it's like "Really? This book bent my view of reality... This is actually the ORIGINAL spark that started all the new age activities/movements because it originally came out in the early 1970s!. That's my whole problem? It has given me a totally different perspective and changed the way I experience my lifestyle. The thoughts and emotions we keep daily are those that replay for us the very next day and the next. It has made me more aware of how effective and affecting our applying for grants everything are to our personal welfare and our public/cultural environment. If you haven't read the Seth materials, this may not be the reserve to start with, but I will gladly add it to the others by myself shelf without regrets for the purchase. I don't always buy into channeled components, but elements of this and the countless other books that I've from her, ring accurate. I put it to practice I read this book in my own 20's, thought it was interesting. I love this book. Within a month I started observing dramatic results in my life from changing my beliefs. Because should you choose that you probably you'll put the publication down and not read it at all. The meditation on focusing a specific event into ones life works very well. BETTER than when I go through it over 30 years ago! It does not draw punches. it does not use kid gloves. I had to order a new copy because the book I've had for thus a long time was starting to break apart page by page. Highlight the exercises and also do them. That's where the real power is definitely in this book. So much knowledge and enlightenment. It was as if this publication was written for me personally. I loved it. Looking towards reading another book.. Seth calls people out on regular BS that cripples our lives, provides pathway out of unfavorable beliefs, and desires you to be a personal empowered creator of your own reality. This publication is SO dense with information to digest/assimilate that just a few pages at a time will get you reconsidering your perspective on therefore a lot of things. By my 30's, I revisited it and started doing the exercises. Do this daily and you eventually walk into that happier, healthier you, . Perfect condition Reserve received is in great condition. The book asks you to analyze part of yourselves that we never ever do and that is our BELEIFS. This publication actually lays it out. I've study 100 books on these topics. WOW! It is a REAL JOURNEY of personal discovery. This paperback book is larger size smart and font size that makes it very comfortable to read. Believe me I've tried it. but sometimes the materials sounds like a review of something previously read I'm nearly a newbie to archived Jane Roberts and the Seth components as I've most likely read some of her earliest books at least 25 years back. IT'S FANTASTIC!! If you would like your health restored, then believe yourself to be perfect and fully functioning, and send out those vibes and energies into your manifesting wishes. If you read other modern authors, like Eckhart Tolle, Abraham, Wayne Dyer, Dr. Most likely the first thing that you will scoff at or even dismiss is where in fact the information is

coming from. Hawkins, OSHO, (the list goes on. . .) after that you will LOVE this publication!. It pulled together lots of things for me.I'm not considering and emoting joy and happiness and wellness?. A book that should be of reference in every school on the planet.There are several differences and new info, but sometimes the material appears like overview of something previously read. Uplifting The Seth books are transformative. The book continues on to say that our lives and all of the occasions in them are based on what we believe individually and collectively. This reserve like the other Seth materials teaches me how exactly to navigate existence, making the perfect options for myself and understanding the consequences of not only my actions, but also, and more importantly, of my thoughts and beliefs, which form my reality. This book is for anyone seeking to advance him or herself.. Buy the book. It's worthwhile. Four Stars Was a gift Four Stars No issues



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