

OVERLOAD



ATTENTION DEFICIT DISORDER AND THE ADDICTIVE BRAIN

David Miller and Kenneth Blum, Ph.D.

David K Miller

Overload: Attention deficit disorder and the addictive brain



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–This text identifies an out of print or unavailable edition of the title. With the insights of clinician Dave Miller and scientist Ken Blum, Overload provides an in-depth picture of what interest deficit hyperactivity disorder actually appears like, how it's related to addiction, and how it occurs using people. This fascinating collaborative effort explores many of the causes, cases and concerns surrounding ADD.



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Explains why Attention Deficit Disordered people personal medicate, with Alcohol and Substance Abuse Overload: Interest Deficit Disorder and the Addictive Mind allows readers to "listen" to the overstimulated, chaos occurring in the mind of David Miller, coauthor of the reserve. We are also offered an enlightening, revealing consider the chaos, additional Attention Deficit Hyperactivity Disorder victims are confronted with. Alcoholic beverages helped David Miller become more focused and calm, in the beginning correcting low dopamine and GABA neurotransmitter amounts, but eventually created even more problems than it solved. Mr. Miller provides an excellent description of the heightened nervousness and overstimulation occurring in the recently abstinent alcoholic. The carefully selected presents and strengths attention deficits convey are also discussed along with the need for using these gifts. It made me realize that the foundation for my habit was a lot more than any 12 step AA meeting will even admit exists. The ordeal of extreme emotional pain, failing and rejection students endure in our public schools, receives a tone of voice in this book. Overload raises empathetic understanding and admiration for our fellow journeyers, who live with the disabilities and gifts, which interest deficits bestow." Overload mentions some well-known Attention Deficit victims, including Albert Einstein, Benjamin Franklin and Thomas Edison who became extremely successful, despite their failures in public areas schools. As Expenses Gates (widely thought to have an Attention Deficit Disorder) advised, "Become great to nerds-You might find yourself working for one. If general public school students and teachers comprehended this book, they might treat Attention Deficit Disordered students more kindly. Their creativity, innovative ideas, people reading skills and capability to "think out from the box," often helps them become very effective inventors, business owners or sales people. Very good All sources on this subject are good! Discussions of neurofeedback, cranial electric stimulation, neuronutrient supplementation, psychostimulant medication, acupuncture and other treatments for interest deficits provide a brief summary of treatment possibilities. ADHD Treating Clinicia I've found an either/or philosophy amongst my co-workers regarding the treatment of these disorders. It transformed my life. After reading it, I was able to stop drinking without withdrawal or cravings. Niches where individuals thrive and excel, after years of inappropriate, ineffective compulsory public education are explained. The truth that genetics and the brains nero chemistry may be the root cause was enlightening and gave me the strenght to quit. I am a genuine believer and consumer of the amino acid therapy that the book presents. I read other books following this book, and they all had been in alignment with this facinating area of the human body. Blum discusses the neurochemistry of attention deficits and alcoholism, with less depth than he do in Alcoholic beverages and the Addicted Mind, but effectively communicates the evidence for Reward Insufficiency Syndrome, dopamine type 2 receptor deficiency, and their connection to Interest Deficit Disorders.!! ALL clinicians dealing with customers from either realm need to add this very well written and researched publication with their library! Absolutely essential read for any parent or spouse of somebody with ADD Great book I purchased this for my son, who is ADD and recovering from addiction. Michael J. I intend to read it shortly as he says it is a real eye opener. From ADHD to an improved understanding of the Addictive Brain Miller and Blum's terrific book "Overload: Attention Deficit Disorder and the Addictive Mind" brilliantly lays out the realities and outcomes of the Reward Deficiency Syndrome. Whether that Reward Insufficiency is genetic, which sometimes it is, or whether it's the consequence of recreational or habitual chemical substance abuse, the consequences have become similar--Altered mind chemistry and a lower life expectancy sense of Well-Being. This reserve is revolutionary but because of the fact that it had been published in the past - I feel that it didn't recieve the attention that it deserved. Miller and Blum took the lead in making the

connection between ADD and other Reward Deficiency behaviors. Each chapter provides any reader to a larger understanding of the way the brain works and why we feel and perform what we do. Most books on Insert (I've study twelve) merely claim that there is a link between Insert and addiction - this publication targets that connection! An extremely interesting and enjoyable read. Dr. He says it has actually helped him understand himself and how to better manage his recovery. De Vito, Program Director, NewStart Treatment Middle, Henderson, NV. Author- Addiction: The Master Keys to Recovery This Book REALLY WAS Ahead Of It's Time! Our most successful sufferers, at Florida Detox, are usually Attention Deficit Disorder Hyperactivity sufferers. It was sad for me to see that book happens to be out of print. I am researching the connection between alcoholism and Insert. This brain chemistry imbalance outcomes in the need to act out, disengage, personal medicate or a blend of many other compulsive behaviors. While Substance Abuse Clinicians treat symptoms of ADHD as Relapse Symptoms AND ADHD Clinicians deal with the ADHD assuming the drug abuse problem will instantly disappear, this book displays why those illusions are not only inaccurate but dangerous treatment approaches. Strongly suggested. Dr. In short, I HEARTILY Recomend this reserve!! A Must Read For All Substance Abuse & Steven Sponaule life changing If you are just contemplating your possible addictions, please buy this publication. There's much new analysis regarding this disorder specifically regarding the adult population that book if had been published today would fly off of the shelves. This reserve bridges that gap even more thoroughly than any other text I have seen on the subject. Five Stars Amazing book! We was hoping to get a duplicate for myself and a friend but I assume that I'll have keep searching for a copy of my own and incur library fines until I do!



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