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PAULA BEGOUN
The Cosmetics Cop
with Bryan Barron

A vertical stack of various cosmetic products, including jars of cream, tubes of lipstick, and a compact powder, arranged in a slightly offset manner.

Don't Go TO THE Cosmetics Counter Without Me

8th Edition

A unique, professionally sourced guide to thousands of skin-care and makeup products from today's hottest brands. Shop smarter, look beautiful, and discover which products really work!

Over 2.5 million copies sold!

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Don't Go to the Cosmetics Counter Without Me



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Rare book



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Three Stars Ok reserve. I hoped she would show me why should I prefer this or prevent that always from the point of view that we are not all the same and what causes an awful allergic reaction to somebody, could possibly be my best cosmetic friend (in the same way that I have a pal allergic to seafood, but it doesn't make fish bad for me). Instead I found something like a religious beliefs: "perform it because I said so". I simply ordered a bunch of Paula's own item samples, and from what I could tell from little samples, I like them a lot, especially her concealers. Most of the public discuss cosmetics is not based on details, but beliefs ("n ladies saw improvements": do people around them noticed those improvements aswell?): if Paula can't distinct her beliefs from specifics, then she's not much better than the big cosmetic brands and her book is not for me.

Extremely useful reference I got Paula's 2003 edition in 2006, but was sorry that it had been rather outdated and in that edition she said she wouldn't be doing a different one. So I was happily surprised to find a completely new edition in Barnes & Noble, and after perusing it I intend to purchase it from Amazon. A few comments: Some reviewers state Paula gives negative reviews to most product therefore she can press her own line. I don't trust that. Actually, in the 2003 edition that i have, she includes descriptions of her products but didn't even price them. I think in the new edition she Will rate them finally. Excellent. I have tried cheap items and very expensive ones, and have found points I loved in both categories. A very important factor I DO believe is definitely that the highly expensive products may not justify the high price tags.counter@harmless. And cheap isn't necessarily bad. My very own preferred cleanser, discovered by accident many years ago, is normally Cetaphil, and Paula rates that one highly.The offer breaker was when reviewing make-up, she used her tastes and prejudices about colors to judge products: I cannot trust she's not carrying out the same when it's not really a matter of taste, for example when discussing potentially dangerous ingredients. None of these irritated my pores and skin. The fact is, cosmetics companies do take benefit of us all and our desire to look good. Incidentally, the info on her website pays to and her lectures are interesting. Paula knows a lot and she's been studying and analyzing skin care for a long time. This book represents an enormous compilation of function, and there is nothing else like it out there. You might not agree with most of her opinions (for instance, although I got hoped I wouldn't like it, I really perform like Creme de la Mer despite its outrageous price, and I've found it soothing to my epidermis when it is in a reddish, upset state. I'd like to look for a cheap clone of it, but so far have not found one). I still purchase her products occasionally. I've had a lot of problems with sensitivity and pores and skin scrubs, therefore I'm anxious to try her AHA gels rather than using granular type scrubs. She appears to actually know her stuff, nearly just like a researcher. It's a complete circle, and I'm back to the stage of trying to find products to cleanse and moisturize without annoying my pores and skin. Nothing fancy is actually needed. One interesting point Paula provides is info where there is huge product overlap (example: all Olay's lines, with older ones now becoming cheaper and the newest ones costing a lot more. However, considering their substances, there is no actual difference between them.. Certainly there are a ton of services out there, since the business of lines and wrinkles is normally a billion dollar sector. And, like everything, different products work better on different people.you just pay more for the newer ones!!). All the beauty mags feature various products (certainly "paid" by cosmetic companies to take action), and it's nice for more information details about what these "actually" are. In a nutshell, this is a great and very useful book if you strategy it with the right attitude. For items I like, it's nice to understand exactly what element of the items creates the effect I like, too..needless to say all the critiques about her line are positive. and she's really negative about a lot of products. Now, I'm sure she has back up, but some of the products she rated very low, I've got great outcomes with. And there are always a ton of products not reviewed.. Disappointing I actually was disappointed.. I don't mind that she markets

both advice and cosmetics. Highly recommended.. It needs updating. Be sure to purchase...which I've under no circumstances heard of before seeing this book. Four Stars Good read Highly recommended. Not really a name I'd look into... First of all, she plugs her products an excessive amount of. It's just as well slanted.fastmail. it had taken her credibility apart for me personally. She could be directly on track -- you merely don't know for sure..A disappointing book I acquired the edition of 1996, knowing it wasn't going to be up to date with the things I possibly could buy in the shops in 2012. Five Stars Very helpful with my sensitive skin. It's known as Paula's Choice. As someone who has really been a makeup junkie, particularly with checking out skin care products, I came across her descriptions and evaluations incredibly useful. She appears to really know her stuff, nearly like a researcher. Be sure to get the most recent version. It's an enormous reserve, but it's form 2009. Exceptional. I believe we'd all admit there are some really outrageous prices out now there, and after years of attempting things, I must admit I haven't found any miracles yet. Be sure to get the latest version, they modification a whole lot.like OroGold, Gratiae, and some others. I examine her first edition a long time ago and bought the existing edition for my Granddaughter. 100 stars. Her site is way too geared for her series. I'd enjoy hearing your opinions.. My own experience has shown that more expensive is not always better. I'd have significantly more respect on her behalf if she didn't have her personal line, and wasn't trying to sell it when ever she could.fm Book Lots of money saving info I don't go to the cosmetics counter without it These books are excellent. I like having someone who knows what she's carrying out make the stuff I placed on my encounter.. I don't know. Four Stars very informative she recommended NO eye cream I started buying her products, but to inform you the truth, she recommended NO attention cream, and now she sells one.. aesthetic. The point is, you can use her reviews as a place to start for your cosmetics buys.



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