



AROMA THERAPY

for the Beauty Therapist

Valerie Ann Worwood

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Aromatherapy for the Beauty Therapist (Hairdressing & Beauty Industry
Authority)



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Aromatherapy for the wonder Therapist is the first detailed book to give professionals, college student beauty therapists and aromatherapists information on how to use essential oils and aromatherapy in beauty care and beauty remedies. Covering material which is suitable for college students learning for formal qualifications in this area, Aromatherpay for the Beauty Therapist is specially relevant for Level 3 students studying NVQs and equivalent classes. Highly illustrated with photos and drawings, the publication also includes step-by-measures of professional facial treatments. Listing the skin care properties of essential natural oils and the beautifying effects associated with them, and also showing how they could be found in practice, this book is filled with practical advice and here is how to maximise the usage of essential natural oils within the salon or clinic.



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A unique feature of this reserve is certainly its incorporation of facial remedies. This book is an invaluable source for Estes attempting to incorporate aromatherapy properly and effectively to their practice. All you have to for aromatherapy in term of complete understanding and skills. This reserve specializes in the application for skin care. I am currently learning for clinical aromatherapy which leads to becoming a Registered Aromatherapist in america. You do not have to become a practicing aromatherapist in order to use the oils but you do have to have some education. The oils are very powerful tools , but you can find contraindications for certain conditions.The book also covers carrier oils, facial massage and techniques etc. The book will probably be worth it. Yes it is expensive, nonetheless it is a text book.I've other books by the author and she lives up to her status with this book.I would buy this once again, and am so happy I finally first got it. I would recommend! I am also a licensed esthetician. I recommend ! great purchase experience great book great assistance - too many phrases required I really do not have time and energy to waste perhaps you could accept fewer words Important study for Level 3 Beauty Therapy students! and it can a terrific work in uniting the areas of Aromatherapy and Beauty Therapy. this reserve was an important reference guide; It is a thorough book that addresses all aspects of Aromatherapy theoretical understanding for the Beauty Therapy industry with an expansive number of full colour photos that also enhance learning. This book can be targeted at the Beauty Therapist rather than the Aromatherapist; Whilst teaching Level 3 VTCT Aromatherapy;Great publication for skin care professionals! I recommended this publication to my college students; and many of them who purchased this publication found it invaluable because of their studies. providing many opportunities for creating appealing and informative lessons.



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