

BATH AND BODY BOOK

CREATING A PERSONAL SPA WITH NATURAL FRAGRANCES,
SCENTED LOTIONS AND RELAXATION EFFECTS

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WITH ILLUSTRATIONS BY MICHELLE CLARKE

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The Bath & Body Book



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Refresh your body and soul with this self-nurturing book -- a celebration of the historic rituals of the bath, featuring recipes for therapeutic oils.



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bath book that is a different way to think of bathing. this publication is a genuine treat!!(liked this. A must-have if you need to pamper yourself. Amazing color photos and lots of easy recipes.) Make your bath a temple for the body! This delightful book presents stunning photographs and workable projects for your bath room --as well as an interesting history of the bath. You will learn how exactly to decorate your bath, ready your home made soaps, cleansers, frosty cream, bubble bath and much more.... There are suggestions how exactly to relax among the scents and scenes of your bath for a thoroughly rejuvenating experience.. An absolutely gorgeous book. I can hardly wait around to try some of her exquisite bathroom decorating projects and quality recipes for homemade skincare products. Another great publication is "Make Your Personal Cosmetics" from Neal's Lawn Remedies in London. It's also inexpensive and sold by Amazon.com.colorful beautiful photos and filled with fun ideas on how best to make your bath and body a lovely thing ; I was given this book as a Christmas present about 4 years back, and I still page through it at least once a month! B-E-A-U-T-I-F-U-L This is simply probably the most beautiful books I've ever seen. The pictures are beautiful the short background of the bath is very educational, and the settings, ideas and how-to's in the publication simply maintain you entranced. The best publication I've seen on making vegetable-based cosmetics plus much more. Five Stars Gave me a lot of ideas to get my home based business



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