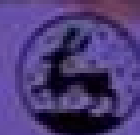


# Can't Eat, Won't Eat

Dietary Difficulties and Autistic Spectrum Disorders

Brenda Legge



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## Can't Eat, Won't Eat: Dietary Difficulties and Autistic Spectrum Disorders



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Locating out that your son or daughter offers Asperger' s Syndrome or Autism can be devastating enough, but when you discover that he or she won' t eat 99. As well as drawing on her behalf own experience, the writer provides spoken to parents, children, and professionals with first-hand understanding of dietary issues, and their information and comments form an integral part of the book. Her publication was written to reassure various other parents that there are lots of people out there in the same boat, also to suggest practical ways of dealing with the problem. This was the situation the author found herself in a decade ago when her son first had taken a dislike to milk, and to virtually every other substance she attemptedto feed him.9 per cent of all drink and food in the known universe, the fun really starts.



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Some helpful parts, but instead dull I would have liked to read more personal encounters from the writer in this book. She had some helpful tips, but the book was more clinical than I care for. a little disappointed I actually was hoping to get some good tips that We haven't tried yet. When I wrote my publication, Cameron's Journey, which is approximately my youngest kid, I tried to make it more personal and touching. Show this book to your son or daughter's doctor among others who bug you Welllll. I understood this from the autistic spectrum point of view but others certainly don't! The author of the book succeeded in letting the reader know that the problem of eating problems in Autism Spectrum disorders is common, but I believe she failed to make a personal reference to the reader. My child never could beverage milk, sensitive to consistency, taste, smell which is all covered in this book. I respond easier to an individual account. The tips on presenting foods will become invaluable. My boy is non-verbal and extremely sensitive when it comes to new foods. The author did a great work in telling parents not to experience guilty about shortcomings within their child's diet. Thoroughly suggested reading for all parents who have issues about their child's diet plan, whether special needs or not. However, I was disappointed in the manner she dismissed The GF/CF diet. It was fun to learn because having to "translate" British phrases reminded me of reading the "Harry Potter" books. As a mother of an 8 yr old with Asperger's, it provides given me a feeling of relief that my boy isn't too bad with his limited meals choices. I identified with a lot of things in this book. Well crafted, funny but insightful book about the child with the eating problem that nobody understands. Thankyou I gave struggled with this for 10 years. Very slow progress. Five Stars Great reserve Thankyou for writing this. You Are Not Alone Children on the autistic spectrum can be fussy in addition to sensitive eaters.. finally someone understands! If you believe that other parents, teachers, and medical researchers don't, can't and won't know very well what it is to have a child therefore fussy that they might rather starve than eat something the wrong shape or colour, after that if nothing at all else this reserve will show you that you are not alone. He includes a high-functioning form of Autism, known as Asperger's Syndrome. This reserve aims to provide parents facing these specific sort of problems with support and information....all I can say is "me personally too" to the writer and thousands of additional parents who go through this and being accused of 1 1) incompetent parenting and or 2) insufficient discipline; and, child accused of an "taking in disorder" etc. ad nauseum. Five Stars Great tips! I needed to connect to the reader, to tell them that they are not by yourself!! I right now arm myself with this reserve when going to the pediatrician and hands it to individuals who "know everything much better than I perform" about how children \*should\* eat - they lose interest in being crucial (but needless to say don't bother to essentially read it). My kid through the entire week eventually eats enough to have a balanced diet plan and is very healthy - I respect her sensory problems and I respect her. Our children on the spectrum certainly don't need any more hassles than existence presents them. Many thanks Brenda Legge for placing all this in writing and publication, since docs rarely listen to parents and know everything (ha!) Excellent This book is fantastic. Let me say it might be a good book for somebody with a newly diagnosed child but, I'd be concerned that folks who read it could give up too very easily on any special diet plans. I have a 12 year outdated child with Asperger's Syndrome and a 10 year aged boy with autism. After reading the publication, I no longer feel like an inadequate, poor mother who panders to tantrums over meals. There are many options with regards to supplements. May also be recommending this book to other family members who criticise when I provide my son's own food to unique occasions and outings outside our home environment. Experts like to blame the mother.



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