



Empowering Females

with Asperger Syndrome

Aspergirls

RUDY SIMONE

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Aspergirls: Empowering Females With Asperger Syndrome



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this book includes a very small and limited target audience We really wanted to such as this book. I simply didn't. I was prepared to like it. For complete disclosure, I'm a long-period neurodiversity advocate and an autistic adult woman (26 yrs . old).- The non-public anecdotes were a good touch but I think these were handled poorly. That doesn't make the cultural abilities deficits go away--in truth, it can actually cast them in razor-sharp relief. I am struggling to explain my analysis and how it impacts me to parents and friends, and I noticed that this book was highly recommended so I thought I'd give it a try. This book didn't clearly communicate its target audience, so I thought that it could appeal to both teen ladies and adult women on the spectrum. Just what a relief!)This review is getting really long so I'm gonna cut it off here. That is good for people with an elementary/middle school reading level. I also believe the writer could have used even more hard data to back up her statements sometimes. At times it results in as condescending. I didn't find that, but I would suggest the book for an improved understanding of the experience of an autistic feminine. The whole point, I thought, would be to bridge the gap between those on the autism spectrum and those who aren't.. A must read for parents, and Aspergirls all over the place!?- At some time it posits that folks with Asperger's may be psychic. Amazing book and deal! The book does not market itself as being religious or MODERN, but this is essential to mention, as readers might not have these same beliefs. I'm a sensitive person and tend to take people actually, but I'm also flawlessly with the capacity of accepting criticism and also looking critically at other folks and enforcing my very own boundaries. For instance, she perseverates on her assertion that Aspies are "emotionally immature." Probably she was emotionally immature, but I don't think that is an necessary aspect of the autistic condition. I've in fact had my neurotypical mom tell me things along the lines of, "you're a lot more emotionally mature at 26 than I was." A person who spends considerable time learning and self-reflecting can actually have a *better* deal with on themselves and their problems than others do. EASILY had been diagnosed through the DSM-IV period, the diagnosis would have been Asperger's. People also have to learn to graciously deal with harmful criticism--how to grow a thicker pores and skin and block out haters and trolls and bullies if they do back their ugly heads., that is unfortunate. Another example is certainly her insistence that young ladies on the spectrum have a problem with selective mutism. I'd hope it was the former. There is a huge hunk of pseudo technology, and Simone herself actually said in recent blogposts that she healed her aspergers with adjustments in diet, blah blah etc... while I definitely agree that men and women on the spectrum typically within vastly various ways, she fails to correctly acknowledge the overlap between so-called "male" and "woman" presentations of autism--in fact, arrive to think about it, she fails to really explore this topic at ALL, other than a little bit in the appendices.- The book does not acknowledge that some Aspergirls might not be straight. But I am not susceptible to crying meltdowns, and I really do stutter. Furthermore, I've male friends with a far more "female" Aspie demonstration profile. What I'd have liked to find is on her behalf to have performed a far more thorough compare-and-contrast between the different gendered presentations, with an acknowledgement of the overlaps aswell, rather than relegating all that to the back of the book. There were elements of this book I identified with, mostly anecdotes smattered throughout, but as a whole I felt alienated. She will not query society's division of traits into "masculine" and "feminine" and does not acknowledge that stereotypes are stereotypes, but rather treats them like rules or laws of character.. Reading a few of this made me feel a lot more alienated because I seemed to be also weirder than a few of the generalizations/stereotypes in this novel. I do believe my social skills are better in general than that of my autistic man peers because I was groomed and qualified to become more social by culture, since women are supposed to be the cultural ones. It just reads as a feel-good book for folks that want to experience self-righteous. This reserve was published this year 2010. It really ought to know better than this. I was identified as having Autism Spectrum Disorder after the DSM-V came out. They appeared randomly and the quotes were sometimes very starkly divorced from their initial context. Each and every

line references getting a man/hubby/boyfriend (and yes, I am engaged to a woman). It is not really aimed toward an market of highly intelligent and verbal autistic youthful adults--which is ironic, just because a good portion of the book discusses how motivated and smart Aspies are generally.- Another thing. As a 52 yr old just discovering I'm an Aspergirl, this publication gave me so many aha occasions and explanations of my behavior, I feel like I can now embrace my differentness without breaking my back to try and be considered a chameleon.. at a certain point the writer says something to the result of, it is important to under no circumstances criticize an Aspergirl. I really believe that this is terrible information. EVERYONE, autistic, neurotypical, and everything in-between, must be taught how to accept constructive criticism and use it to develop and better themselves. The book fails to really address the main causes of social abilities deficits, etc. I know what it's prefer to be super sensitive and consider criticism very difficult. But I use it to develop and become an improved person (and, when it comes to being an aspiring artist/article writer/poet, I've discovered to **thrive** on criticism, as without it I would never have the ability to improve my artwork!). I wonder the type of constructive opinions Simone had upon this book and this writing task. That's what writers want to be remembered as better writers. Or did she possess someone coddle her and keep her hand through the entire project and say that every term she wrote was gold? Which has hardly ever been a issue of mine, altho' I've struggled with slurred speech and stuttering, a thing that she relegates to the man aspect of the spectrum. Did she possess an editor help her cut things out, enhance the first few drafts, make it better? I think informing parents to shield their kids from criticism is quite dangerous advice. (Of course, it is important for parents not to become judgmental and important toward their children, that is a different concept altogether from hardly ever providing any constructive critique or assistance. Here are a few of my issues with the book:- It is written in an exceedingly childlike tone of voice, in very simple conditions. **Unless** you're a middle-school girl (or the mother or father of a middle-school female) who was JUST diagnosed and knows Nothing at all about autism, and who believes or is available to spiritual/New Age group stuff, and who is completely straight and believes in gender functions, then you'll want to skip from this book for certain. and while I actually definitely have a "silly switch" I've felt such as a 35 12 months old since I was 15 I'm a young female on the autism spectrum and We strongly buy into the negative assessments of the current top reviews. The writer believes that her very own highly personal experiences as a female on the spectrum are general features of "aspergirls", espouses unscientific and new-agey nonsense, and draws false boundaries between "masculine" and "feminine" autistic characteristics.- Actually, you know what, in general the writer has some extremely sadly stereotypical views of men and women. I recommend this reserve to Aspergirls, parents, relatives and friends.- The writer tends to generalize her own experience to all Aspies and, despite input from several different autistic women, does not acknowledge the distinctions in presentation along the entirety of the autism spectrum. Wonderful resource.The author does not acknowledge that not many people are straight, which felt ridiculous given that this was published this year 2010 and there was a whole chapter on romantic relationships. I would have liked to start to see the text structured better. Also no indication that experiences of gender, including gender nonconformity, exist. Great book.This book appears to have been one of the earliest books on the experience of autistic women, which explains the high ratings, but I'd absolutely pass on this one. The tone was totally different but alternatively suggestion I enjoy Neurotribes for a deep, coherent, and delicate exploration of autism. obsessive and a picky eater. The book is just a little outdated plus some of the "science" is not fact-based. I have not been diagnosed with Aspergers but have already been suspecting for the last few years that I might become on the spectrum. I have been socially awkward and shy; Many thanks Rudy Simone I bought this book a few weeks ago and read it with a highlighter at hand. I have know for a few years that medical problems I have (digestive issues, gluten intolerance, mild epilepsy, sensitive epidermis) are normal to people on the spectrum, however in this reserve I recognized myself in so a great many other

areas as well. I came across reading this reserve to become a very emotional encounter, as it brought up so many remembrances of difficult experiences I have already been through. But I also experienced almost overwhelmed with alleviation, as Personally i think like I am finally figuring out who I am. Today I've ordered among Rudy Simone's other books, and placed a few by other authors on my want list. I am extremely thankful to the author because this reserve has made me feel better about things. Author is well known for supporting pseudo-science I don't see how anyone of scientific mindset could tolerate this reserve.- Further to that.. Which can be very dangerous to many other aspies that read this and feel they can not relate. Some women might not want to romance a guy! I needed a book based on scientific evidence comparing man/female brains with aspergers and autism. Rather I get a book filled with generalizations/stereotypes and observations performed by one person (the author) with a little sample size of women via cherry-picked quotes. Gift Gift Proud mom of an amazing child who's an Aspie and proud. Nice to read about the perspective of individuals with autism, and there is some great assistance to both parents and Aspies. I was surprised at just how much of it resonated with me. I was hoping for information about developmental phases, and how to support development of my daughter's executive working. I'd never give this publication to my mom to read because the "Tips to Parents" sections are occasionally written in the same sort of condescending/coddling tone, and fails to address neurotypical parents with techniques that are more available to them *as neurotypicals*--which I believe is really important for books like this. Condition was much better than expected Great addition to my office collection! Empowering Indeed!. Really I would say the only audience that might benefit from reading this book would be recently diagnosed 11- to 13-year-old ladies and their parents. "Aspergirls" were described as being very naive and childlike throughout, even though I definitely have a "silly switch" I've felt such as a 35 yr outdated since I was 15. I read it in 2 days. Very helpful, well-written, an easy task to follow and enlightening. Must Read! One size does not fit all.. It also espouses reiki, chi, and other similar MODERN beliefs, including a section that discusses Aspergirls to be gifts from God. I was satisfied overall with everything Informative. Given the large overlap between the autism and transgender communities this experienced especially tone-deaf. Supporting me understand my partner so much better. Five Stars Great book. Gives you good information from different factors of perspectives. Very helpful.



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