

# HOW PEOPLE WITH AUTISM GRIEVE, AND HOW TO HELP

*An Insider  
Handbook*



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## **How People with Autism Grieve, and How to Help: An Insider Handbook**



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This behaviour often results in the belief that people with autism lack empathy, which is far from the case. These include clear instructions on how best to support somebody with autism through the grieving process, how to prepare them for poor news, how exactly to break the poor news, how to involve them in the funeral or wake, and how best to respond to afterwards reactions. The book can be an honest, first-hand account of how people with autism offer with the increased loss of someone in their lifestyle. Through the explanation of personal encounter, and case studies, the book explores how people who have autism feel and communicate the loss of someone you care about, how they process and comprehend their feelings of grief, and will be offering practical and detailed suggestions to parents and carers on a range of sensitive issues. Unlike the non-autistic response, people with autism, when confronted with overwhelming or demanding circumstances, will favour solitude over posting their emotions, have a tendency to focus on special interests, and be extremely logical, often not expressing any emotion. The final chapter explores the problem of why kids and teenagers with autism can be drawn to death as a particular interest, and explains that the interest isn't normally a morbid one.



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Just what I needed!. I went from convinced that I was a complete freak for having a meltdown at the idea of the funeral instead of crying over her loss of life, to realizing that was natural because the funeral was disrupting my regular schedule.. Extraordinary! I came across this book on a desperate internet search after the death of my mother-in-law. Ms. She believes that what she actually is telling us about her response to death is special to Autism.It is clearly written, and the personal anecdotes and timelines are just what I need to help my child. Her stories are very personal and provide the reader with precious information about how people who have Autism respond to their environment. Our autistic adult boy had some, er, complicated reactions. Lipsky's publication is very interesting. I enjoy the tales that she tells and she has great insights about dealing with death and dying. Good read for those who have Autism or with families who've an Autistic kid. Having read the majority of the reserve, I now understand them perfectly, because of the author's willingness to let us into her head and center, with a look at to helping simply such a person as me. In reality people grieve in many different ways and what she highlights as unique to Autism can also be noticed with the general population. I appreciated reading the reserve. Worth the money. As an autistic who is dealing with the death of an aunt, this publication was ideal for helping me personally understand myself and how my thinking and processing are different than other people. I know have a better understanding of how both autistics and neurotypicals deal with death, a better understanding of what's expected, and best of all a program on how to strategy the funeral and potential deaths.Insightful Excellent source material for anyone trying to help someone with autism cope with grief.



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