

## Cara Koscinski

The Pocket Occupational Therapist for Families of Children With Special Needs



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The Pocket Occupational Therapist can be an illuminating and essential guide for caregivers of children with autism, developmental delays, sensory processing disorder and other related conditions. Champion of a 2015 Family Choice Award. This book is also ideal for new OT graduates and professionals who are new to pediatric therapy. ?? It answers the questions that are most frequently asked of pediatric occupational therapists about: Sensory processing ??? Handwriting Core/body muscle mass weakness. Feeding therapy. Cleaning hair, brushing tooth. Transitions Behavior. Life Skills. Coordinational then suggests 'Out of the Pocket' activities to do at home that are basic, inexpensive, tried-and-tested occupational therapy favorites. Your son or daughter will achieve while having FUN!??



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. It's easy to read, concise, and incredibly informative. I imagine it is rather helpful for those just starting out on the journey of special requirements parenting. My boy is now 9. I possibly could have utilized this book about five or six years back. This book has excellent definitions of what OT is and also what we. This is a great introduction to pediatric occupational therapy and wonderful help and support to groups of kids with special needs. I'll most likely donate it to my son's school or our local Mother or father Resource Center so that parents of younger children, who would most reap the benefits of it, can have usage of it. There were just a few items in it that I possibly could use right now, but I did lend it to a friend for the chapter on feeding therapy. Want I had this YEARS BACK It's an excellent book.. Very helpful book As a mom of two special needs kids I came across this book easy to read and beneficial to any mother of special needs children. This book has exceptional definitions of what OT is certainly and also what we are able to perform to help your kids. This publication gave me great ideas for what to do with the kids I was treating, nonetheless it was also an excellent resource to tell parents to get to understand better what their child needs and just why OT can help them. This is an excellent introduction to pediatric occupational therapy and wonderful help ... Her son is also a little old, like mine, but I believe having some of the info provided there such as the way our bodies respond to certain tastes - might help her with her son's food issues.Lindsey Biel, OTR/L Very informative book I was looking for further information about teaching adults who have been diagnosed with Autism late in life. ESSENTIAL for all Parents of Particular Needs kids As an OT with over twenty years knowledge, I was amazed how much info is packed into this small reserve. Good book That is an useful manual for parents and explains how exactly to focus on some key areas like writing, feeding and other daily life skills. Excellent resource I really needed help/ideas for my three yr old having behaviors which reserve was it. This readable, wellwritten resource guide is loaded with tips and suggestions any mother or father can make use of who either knows or suspects their child may have special requirements. Also I've recommended it to other parents of typical kids because the book offers ideas/ exercises parents may use if they desire their child to accomplish a desired goal ie: trying brand-new foods should you have a picky eater. A must-read for any mother or father! It is a great resource not just for parents but for therapists too, to help explain conditions, give home suggestions and treatment planning. It is set up perfectly with a wonderful question and answer format. Well done, Caralthis pocket guide is an EXCELLENT place to begin. I especially just like the "out of pocket activity" suggestions through the entire book. The field of OT is so diverse, and this pocket guide touches on almost every area you can think about when it comes to occupational therapy..from ADLs to great motor to sensory integration... This book truly is similar to having an OT right in your pocket! I highly recommend this reserve to whoever has a child with special needs, especially those just starting the journey. It is helping me to comprehend better the value of the occupational therapiet and offering me insight that is helping me. It really is so thorough, you would think it was a text book nonetheless it is just created concisely and is easy to read. Essential for everyone helping children with special needs specifically parents and particular education teachers. The world of OT can be intimidating. Thanks Cara for putting this together. Being truly a pediatric occupational therapy associate I needed a source that was ideal for identifying all the "Occupational Therapy" requires for kids. Cara Koscinski writes with a knowledge that only a mom of special needs children can have! I Recommend this publication for both parents and experts. User-friendly and practical - Start Here! Pediatric OT service is definitely demustified in this easy-to-read guide. For parents it is a great gift for those with a child just identified as having developmental concerns as it explains many terms found in therapy, gives suggestions about everyday actions to IEPS for school aged children. Crystal clear explanations, ideas and easy-to-do practical actions make this a sensible resource. A great book

advertising all that OT can do. While there are some specifics to the US context, very much of the info is universally applicable..



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