

Rudy Simone

a Woman with Asperger's Syndrome Wants Her Partner to Know

> FOREWORD BY TONY ATTWOOD Illustrated by Emma Rios

Rudy Simone

22 Things a Woman with Asperger's Syndrome Wants Her Partner to Know



Women with AS themselues, and their families and friends, will also enjoy the book and discover it useful. She talks with humour and honesty about the quirks and sensitivities that you might come across when getting to know your partner. This entertaining and easy-to-read book will be perfect for anyone dating, or in a romantic relationship with, an AS female. All the pivotal relationship landmarks are discussed, including the first date, sex, and even having children. Rudy Simone covers 22 common areas of confusion for somebody dating a female with Seeing that and includes tips from her own encounter and from other partners in real interactions. Counsellors and other experts working with women with AS will find the insight offered incredibly enlightening.



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Buy this publication if you believe you're a diamond in a hole of any kind of other shape My husband finally understands me personally! Since my wife and i both have these traits, we read this and the main one about men collectively and actually learned a lot..sound like anyone you know?. He gets it right now. Since we are also older, and met when we were older, a few of the materials doesn't necessarily connect with us in the same methods, or, IOW, we've learned coping strategies through the years.. My therapist has now read it and recommended it for some of her customers. This book makes more sense than most of the books written by the PhD/PsyD/MD/LCSWs. Thank you, Rudy, for placing it down in writing for us. We're diamonds; It's an extremely without headaches read. It is compiled by an Asperger woman who provides great insight and understanding on what's like to be an Asperger girl. The author waffles on painting autistic ladies in broad generalities without any kind of quoted scientific data to back it up. Asperger's Syndrome by no means restricts a person from living what we call a normal life, but it is important that certain is diagnosed and one's partner, whether that be husband or wife, understands the syndrome and is willing to accept and use the Asperger partner. I don't fit everything, but certainly it provides me pegged superior to, say, horoscope would perform. THEREFORE I think this publication could be genuinely helpful to certain people. After 37 years, two weeks ago my therapist and I finally realized I'm an Aspergirl.I recommend this book, whether or not, you know someone with the Syndrome or not. Astonishing Rudy Simone's "22 Things a female with Asperger's Syndrome Desires her Partner to Know" was an eye opening experience that went way beyond just an understanding of the syndrome and in the long run presented a constructive way to connect to all people also to take a step back again before passing judgement about anybody.. As I was studying this reserve I was shocked how it virtually described me properly. The writing is like someone is just talking to you rather than textbook so it makes for a fun book. In fact, as I was scanning this publication and looking back on some of my friendships I was astonished at the amount of people I have known that exhibited many of the symptoms. And I'd possess hated it and stop reading except for the fact that she held describing me therefore frigging well. The benefits for the Non-Asperger partner can be quite astonishing and start a whole " new world " of knowledge and imagination. I liked that it is not a large book, and it is broken up into unique sections which will make it easy to share with a partner. If you would like actual solutions, useful recommendations, or anything based on actual scientific data or statistics, dimly bother. Ms. Simone's suggestions go method beyond just people with the syndrome and will be offering a very encouraging blueprint for all those in search of a healthy relationship. Often enlightening.. --wife with aspergersreading it as a husband helped me understand the things I was suffering from with her. As one who has these same traits, this is a very tough read. It is hysterical at times, but often enlightening! For the longest period he thought I was ignoring him, pretending I couldn't understand his bad jokes, having lousy timing with intimacy and affection (when there is affection), not being able to read faces and picking right up on interpersonal cues, saying I experienced to memorize/go through a "script" to complete social situations, blurting out inappropriate stuff. I found the reserve by hunting around on the internet, ordered it blind, read it, and was astounded at how accurate and informative it was... Like looking in a mirror for the very first time. The book was recommended to me by a woman on Goodreads and for that I am extremely grateful.. If you are searching for a reserve to share with your partner to greatly help them understand which aspects of your personality may be related to your autism and just why, this book is a simple and chatty kind of a read. What a comfort to finally fit someplace! Reading this publication prouides been unbelieuable-- euery page, euery sentence is usually Me! The uery first page got me hooked as she described how Aspergirls are chameleons, mimicking those around them. I've said for a long time I'm just pretending at getting human! To know others have sensed the same manner as me! I am telling my boyfriend for a long time there's something different about me and he's been telling me for years it's only a story in my head-- no, actually, I AM different! And that is ok! This reserve is normally delightful, affirming, and super helpful. It provides a perspective that NONE of the other relationship books

do-- getting the partner of an AsperGIRL. I liked that it's not really a large book As the book noted, you can find hardly any books about aspie shirls , aside from ones relating to dating. I believe this book is important because women display different autistic characteristics than men so a lot of times it is overlooked. Supporting me understand my spouse a heap ton more. Whether you are the partner or the Aspergirl, be kind to yourself and get this reserve. Easy go through, delightful, and useful in changing the perspective. This book made me happy cry because somebody who doesn't even understand me wrote .. Made him browse it, too, despite the fact that he's not a reader. Do you want to not feel alone? This reserve made me happy cry because a person who doesn't even understand me wrote a publication about me, which means i'm not by yourself. We have every friend of hers go through it now so they can end up being better friends.Nothing really groundbreaking within, but a brief easy book that someone will be willing to remember to read for another Excellent book! This is a fantastic book about Asperger's women. I came across it incredibly informative and helpful in understanding my companion and partner. Accurate but anecdotal This book is an instant and fairly unhelpful read, while still being strangely validating. I was laughing at parts and it certainly explained a lot about me. Our couple's therapist actually didn't trust me when I began presenting the evidence because Asperger's presents extremely differently in women than in guys, and it's the male perspective that's mostly written about. All the other books assume it's the guy that's an Aspie. There is absolutely no medication to take care of Asperger's Syndrome which is why organizations and counseling are so very important because, like most of us the individuals on the spectrum are sensitive to just how people perceive them and are prone to depression. Five Stars Another excellent book by Rudy Simone. I am so grateful because of this one especially! Loved it I borrowed this reserve from a friend of mine. I sat down considering I would examine one chapter and ended up finishing the complete book in a single sitting. others just don't observe us the same way. The writer is hesitant to notice, but some of the best geniuses and inventors were most probably on the Asperger's spectrum, but were by no means diagnosed. Asperger's Syndrome is usually a milder form of autism characterized by an impairment in social behavior with symptoms such as repetitive behavior, bluntness, rituals, restricted interests and unusual obsessions. Insightful Awesome book. It also has sections from the partner's perspective which is really insightful. The author ingeniously shares what sort of female Aspie is very different than a male Aspie (which is why some books about Asperger's just don't seem to match me). I wasn't sure if I was going to review this publication because I didn't know if readers would be interested in it. I made a decision to because I think it really is a great reserue for anybody that's in a relationship with or knows a woman with Asperger's. Excellent!! A real existence and sanity saver! Such a great book! Well crafted and insightful. Full of such meaningful guidelines and resonates with me so much. I recommend this book!



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