

The
Partner's Guide
to Asperger
Syndrome



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Susan J. Moreno and

The Partner's Guide to Asperger Syndrome



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This supportive book gives NS partners an improved understanding of NS/AS interactions, and of what other NS companions have found to become helpful in terms of better understanding themselves and their companions, and enriching their romantic relationships. The book includes chapters on dealing with stress and meltdowns, parenting, positive AS characteristics and how to use them to their full benefit in a relationship, along with advice on what the NS partner can ensure that their own needs are fulfilled. Adults with Asperger Syndrome (While) frequently have difficulties acquiring relationship skills due to the defining features of the syndrome, encounters with peers during childhood and adolescence, and the goals of their partners. Drawing on interviews with over 100 people in NS/AS relationships, in addition to on their own experiences of having family members on the autism spectrum, the authors explore the key differences which may impact upon AS/NS interactions, such as communication, social skills, and sensory issues, and offer tried-and-tested guidance on how best to surmount problems and make things function. However, an increasing number do go on to accomplish happy and successful long-term interactions with non-spectrum (NS) companions. This book will provide support and encouragement to those in a romantic relationship with anyone who has been identified as having AS, or who is suspected of experiencing AS, and can also be a useful resource for counsellors and additional professionals who want to deepen their knowledge of AS/NS relationships.



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Eye Opening Wow, I am therefore glad I came across The Partner's Guidebook to Asperger Syndrome. I can't be that "oh well" about things. And you're informed that some NS partners are upset by this. Books in great form. The writer has an 'interesting' viewpoint, not one I think I'll ever have, and that is okay with me. An complete necessity for anybody who loves someone with Asperger's My partner was just recently diagnosed. Great Book A great book for those who need to explain aspergers to a friend or loved one, but not quite sure the place to start. Behavior I once didn't understand now has an explanation. Would absolutely recommend. This book raised my knowing of my unique relationship with my husband, and saving my marriage! I can read it anywhere on my gadget minus the shame of onlookers, and it has helped me to be a better partner in lots of ways. One of the most helpful tool around! Hoping to learn about my husband I'm not done with the publication yet, but I could say that up to now it's been an eye opener. My husband doesn't seem to observe any difference between himself and others, which is portion of the medical diagnosis though, isn't it? For instance, on Wikipedia, you may learn that people with AS often don't maintain eye contact. This reserve would then let you know that someone with AS may not maintain eye connection with his partner. It's still likely to be a lengthy procedure that I'm not sure we'll end up being to work through but reading this book is a great start. I today know I'm not losing my brain and the past 7 years with my ASD husband are needs to make some sense. However it did seem everywhere with the factors. I hope to see items improve between us, and I hope this publication will be section of the solution. Good info I've read many books about them and this one was very informative. I didn't obtain married to stay the same for the next 50 years. Helpful resource Very informative with real life examples. Hard to learn all at once, recommend using as a reference as well. Thank you. Books in great form. Helpful reading. Which is a good point because I would like to be angry with him for the crap I've acquired to endure during the last 7 yrs yet knowing that some of "the crap" is certainly something he hasn't control over assists me to communicate better with him and realize that I have added to "the crap" unintentionally by attempting to force "regular". This book has been a very good primer in helping me through the tough patches. Dry, superficial, and disrespectful Boring book. Great! Great! Do not assume that your autistic partner is aloof because he/she communicates differently his/her feelings. Thorough guide for understanding sensory issues and the true communications of autistic those who are misinterpreted as uncaring but are not. Five Stars fantastic resource! Should you have aspergers and are looking for a book to help family and friends then this is an excellent place to start. Written in an exceedingly dry tone, rather than very helpful if you already know what AS is normally. You could basically read any book or a Wikipedia content about autism, which is basically what the reserve is. It has been a irritating nine years of relationship. I just hope I could learn enough, fast more than enough, to keep items on a straight keel. Then your book would quote some stories of NS partners who discuss how their partner doesn't maintain eye contact with them. I kinda feel just like the writer "has my back" in a way that doesn't belittle or condemn my ASD husband. And then you're told that some NS partners don't mind. All in boring text message. Whatever the point was is dropped on me. Perhaps in the event that you didn't know some of this and couldn't infer that problems maintaining eye get in touch with could imply that the AS partner would consequently have a problem maintaining eye contact with his partner, then it would be helpful. A few of the info seemed out of place. For example on page 53 they talk about brain analysis and say that folks on the autism spectrum possess variations in the amygdala (an almond sized area in the brain). What does the almond size want to do with anything?



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