

Liane Holliday Willey

Safety Skills for Asperger Women: How to Save a Perfectly Good Female Life



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The positive and encouraging information gives those with AS the guidance to guard themselves from emotional and physical harm, and live content and independent lives. Liane Holliday Willey explores the daily pitfalls that females with AS may encounter, and suggests useful and helpful means of overcoming them. The focus throughout is definitely on keeping safe, and this reaches travel, social consciousness, and general life administration. This book will be essential reading for all females with Asperger Syndrome, their friends and families, and all professionals whose work brings them into connection with females with AS. Existence with Asperger Syndrome could be a challenge at the best of times, and trials and tribulations that neurotypicals take in their stride can leave Aspies perplexed and uncertain of how to solve complications and keep themselves safe, both physically and emotionally. With deeply personal accounts from the author's own encounters, this book doesn't shy from difficult problems such as coping with bullying, self-harm, despair, and eating disorders.



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She is a true mentor to an organization in the necessity of a messenger who offers been there and performed that. This reserve provided exceptional support for us all to address important topics without causing unnecessary awkwardness. Until lately, there were very few books out there that centered on the needs of a female with Asperger's. Received as something special to educate myself upon Asperger's Syndrome, young ladies, and women I received this publication from a set of three.. Who is better to discuss these issues than a woman that lives with Asperger's and has succeeded wonderfully. I wish it had been around when i was growing up Terrific resource!. Beyond that furthermore profound she paves a road with will generate a route that will assist them emerge as well informed and self-enough adults. Willey deals with from relationships, travel, the work environment, coping with difficult situations to understand how to figure out the globe around them. Through her very own experiences and world look at she created a tour de force that will be an extremely relevant book for each Aspie woman to possess on her behalf bookshelf or e-reader as she actually is about to depart on the path to adulthood.Writer Hits the Bulls Eye I've had the enjoyment of corresponding with Liane Holliday Willey. Extremely relevant and timely. Kudos for you. Wonderful book! This book was among numerous books I purchased to familiarize myself with Asperger's Syndrome.I wanted information, characteristics to look for and ways of dealing with somebody who is on the spectrum with this neurological "disorder". I learned a lot from this reserve and found it incredibly helpful and hopeful.. I wouldn't be scanning this book if I didn't care." This is as well generalizing and considering the fact that this book contains mostly personal experiences and anecdotes, I feel the article writer should withhold from making such statements. It is not helping. Pretending to Be Normal was one of them and I desired to give credit where credit was due for the next book I have had the pleasure to read written by Lianne Holliday Wiley. Where my targets so incorrect? I'm still uncertain what I had expected, but not this. Concerning useful and helpful ways for coping with ASD, I would like to learn more about the reasons why you sometimes should do things differently.Being highly imaginative was my savior; All day, each day... She handles the dangers all women face, but are a lot more pronounced for women on the spectrum. I purchased this book to aid my young adult girl with her adjustment to recent diagnosis of Aspergers. She was surprised to get that 'someone else actually got it' about her worries and may also offer constructive assistance and recommendations. She will not speak in a poetic style, but handles reality as I will be. For those of us who read this book because we want to know very well what your journey is and how we can be better inside our thinking a We ordered this because I needed understanding of someone I know who fit the description of an Aspberger woman.. This book was great an all however the incorrigible millennial in me continues to be disappointed that I didn't really walk away with a "list" of safety skills in my own head. Not everyone is the same, whether they work as an Aspie, an Epileptic, or a standard. For those folks who read this book because you want to understand what your journey is and how we can end up being better in our thinking and behavior, it was somewhat disappointing. I didn't want to feel just like I'm bad for my insufficient understanding. Find me an Aspie would you. Best writer about autism Best writer on the subject of autism.. This book is indeed good that I actually reread it a couple years following the first time. This book was great an all however the incorrigible millennial in me is . nice info great tips Excellent Everyone could benefit from this easy to understand and well thoughtout, written publication, very relateable. Ideal for recognizing your personal behavior or struggles, maybe even comforting, however, not very insightful My main concern with this reserve is that the article writer sneaks in remarks such as "I can't stand change. The only issue I experienced with it was in the author's explanation of how she copes

and lives a life by understanding and understanding herself, she seems to express plenty of anger at the "Normals". i would still purchase this because it is indeed invaluable but just know it isn't like a BuzzFeed list Five Stars I am happy she wrote this reserve. Worth reading if you are a person worried about safety.. patterns. Thank you for writing this book. As a mother of a child on the ASD spectrum, it had been a very important read and a wealth of details.. She explains everything therefore well and helps me empathize even more using what my daughter undergoes. Thank you for writing this book. As a mother . They are out there in higher figures than scientific statistic imply plus they need somebody that understands what they are going through and what it means to be a female for Asperger's. So it might be reassuring to finally be able to relate to the encounters in this publication, but also for more guidance, look elsewhere.these were "gifted" to me, Perhaps....for self-education reasons.After reading this book, I was therefore dissatisfied that I read the book description once more. Anyone who thinks people like me, and ladies especially-that are autistic-have it easy, that we live in a fantasy world, blah, blah, blah....obviously doesn't have Asperger's syndrome (or have someone you care about or relative with it) Seriously, you feel just like a Martian surrounded by Jupiterians. You may recognize plenty of behaviors or considering patterns in this reserve. You begin to get accustomed to it, but occasionally you feel like you wish you could be back home on Mars.. Liane provides them a map with which can only help them not to belong to such circumstances. As a teacher with Asperger's that teaches college students on the ASD Spectrum I needed a book out there that deals with the dangers, pitfalls and obstacles my woman students will face during their changeover to adulthood and as an adult.where you are feeling like you belong. The author, Lianne Wiley, knew that feeling all as well well, as this is actually the second of her books that I've read so far. What resonated with me the best was Tony Atwell's quotation in the foreword chapter: "looking at the play of additional girls as stupid, boring, and inexplicable" and "seeking imagination over integration" Yep, that was me in a nutshell. It didn't inform me much that I didn't already know, but it may be valuable for those who have no idea an excessive amount of about Aspberger's.. Personally i think it is necessary because often you need to be able to clarify at least to those close to you what is going on. it appeared like the only true refuge from a brutal globe.



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